

COUNTERPAIN PATCH HOT

Glycol Salicylate 2.0% w/w, l-Menthol 1.0% w/w, 4-Hydroxy-3-methoxybenzyl Nonylic Acide Amide 0.013% w/w, Tocopherol Acetate 0.8% w/w

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This leaflet answers some common questions about Counterpain Patch Hot. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking Counterpain Patch Hot against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your pharmacist or doctor.

Keep this leaflet with the medicine. You may need to read it again.

What Counterpain Patch Hot is used for

Counterpain Patch Hot is used for muscular and joint pain associated with lumbago, bruise, sprain, stiff shoulder, arthralgia, aching muscle, muscle fatigue, chilblains, bone-fracture pains.

How Counterpain Patch Hot works

Counterpain Patch Hot contains the active ingredients Glycol Salicylate 2.0% w/w, l-Menthol 1.0% w/w, 4-Hydroxy-3-

methoxybenzyl Nonylic Acide Amide 0.013% w/w and Tocopherol Acetate (Vitamin E) 0.8% w/w.

Glycol Salicylate is a salicylic acid derivate used similarly to methyl salicylate in topical rubefacient preparations for the relief of muscular and rheumatic pain.

l-Menthol is an organic compound that occurs naturally in mint plants, but it can also be made synthetically. When applied to the skin menthol dilates the blood vessels, causing a sensation of coldness followed by an analgesic effect.

4 - Hydroxy - 3 - methoxybenzyl Nonyl Acide Amide gives a sense of heat stimulation to skin. It stimulates the affected area and is effective for assisting blood flow.

Tocopherol Acetate is a powerful antioxidant that plays a role in immune function, DNA repair, and cell-membrane stabilization.

Before you use Counterpain Patch Hot

- When you must not use it

Do not use Counterpain Patch Hot:

- If you are allergic to external application products or to the active ingredients contained in the formulation.

- Before you start to use it

Tell your pharmacist or doctor:

- If you are allergic to Glycol Salicylate or l-Menthol or 4-Hydroxy - 3 - methoxybenzyl Nonylic Acide Amide or Tocopherol Acetate or other salicylates (e.g. Salsalate); or if you have any other allergies.

Pregnancy and breast feeding:

- Consult your doctor or pharmacist for advice before taking this medicine if you are pregnant or breast-feeding.

- Taking other medicines

Tell your pharmacist or doctor if you are taking any other products (such as over the counter drug, prescribed drug and herbal products).

How to use Counterpain Patch Hot



Ensure the affected area is clean and dry.

Remove the smaller film and stick the exposed patch on the affected area.



Stick the other part by removing the film. May use up to 4 to 6 hours.

- How much to use

Adult and children above 13 years old: Apply several times a day (maximum 4 times/day).

Do not apply this medicine to children under 13 years of age.

Before use, apply a small piece of the patch on the soft area inside the arm. You can use this patch if there are no symptoms, such as eruptions, redness, itching and rashes, occur.

- When to use it

When the symptom of aches and pains in muscles and joints appear.

- How long to use it

Consult your doctor if your pain persists for more than 5 to 6 days.

- If you forget to use it

If you miss a dose, use it as soon as you remember.

- If you use too much (overdose)

No case of overdose has been reported. In the event of overdose with obvious clinical manifestations, stop use and consult a doctor or pharmacist.

While you are using it

- Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are using Counterpain Patch Hot.

- Things you must not do

Do not apply this medication to skin that is injured or irritated (e.g., cut, rashes and sunburned).

Do not apply this medication around the eyes, mucous membranes, or at eczema.

Do not apply within 1 hour before taking a shower or bath. It may cause strong irritation.

Do not apply this medication if the affected areas are warmed with heating appliances such as foot warmer and electric blankets.

- Things to be careful of

If your skin is sensitive, avoid repeated use at the same site.

Side effects

Counterpain Patch Hot may have unwanted side effects in some people.

Stop using this medication and tell your doctor immediately if any of these side effects occur:

- Rash
- Itching
- Redness
- Eruption

If you notice other effects not listed above, contact your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of Counterpain Patch Hot

- Storage

Store below 30°C.
Avoid direct sunlight.
Keep out of reach of children.
After opening, fold the opening of the package for storage.

- Disposal

Dispose the medicine after the expiry date. Consult your pharmacist on how to safely dispose of any medicines no longer required.

Product description

- What it looks like

Counterpain Patch Hot is a 10cm × 7cm plaster.

Counterpain Patch Hot is available in 4 patches per box.

- Ingredients

Active ingredients:

Each Patch contains 2.0% w/w of Glycol Salicylate, 1.0% w/w of 1-Menthol, 0.013% w/w of 4-Hydroxy - 3 - methoxybenzyl Nonylic Acid Amide and 0.8% w/w of Tocopherol Acetate (Vitamin E).

Inactive ingredients:

Styrene-isoprene-styrene block copolymer, Polyisobutylene, Liquid paraffin, Macrogol 400, Ester gum, Titanium oxide, Silicon dioxide, 2-Mercaptobenzimidazole, and Dibutylhydroxytoluene.

- MAL number

MAL15085067X

Manufacturer and Product Registration Holder

- Manufacturer

TOKUHON Corporation, Saitama, JAPAN

- Product Registration Holder

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