

LAXSTOO ORAL SUSPENSION

800MG/5ML

Magnesium Hydroxide (800mg/5ml)

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This leaflet answers some common questions about LAXSTOO. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using this medicine against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may want to read it again.

What LAXSTOO is used for

LAXSTOO is indicated for relief of occasional constipation.

How LAXSTOO works

Magnesium Hydroxide in LAXSTOO works by drawing water into the intestines, an effect that helps to cause movement of the intestines.

Ask your pharmacist or doctor if you have any questions about this medicine.

Before you use LAXSTOO

-When you must not use it

Do not take LAXSTOO if you are:

- Individuals with impaired kidney function
- Having abdominal pain, nausea, vomiting, change in bowel habits lasting more than two weeks
- Having magnesium restricted diet, using a laxative for more than one week or rectal bleeding
- Individuals with a history of hypersensitivity to Magnesium Hydroxide or other components of the product.

-Before you start to use it

Pregnancy and breast feeding:

Use during pregnancy and lactation should be avoided unless on the advice of a doctor. Ask your doctor or pharmacist for advice before taking any medicine.

-Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. Interactions can be minimised by giving Magnesium Hydroxide and any other medication 2-3 hours apart.

How to use LAXSTOO

-How much to use

Children < 2 years:
Consult your doctor.

2-5 years:
5ml (1 teaspoon) or as directed by doctor.

6-11 years:
5ml to 10ml (1 to 2 teaspoon).

≥12 years and adults:
10ml to 20ml (2 to 4 teaspoon).

-When to use it

LAXSTOO should be taken once a day, preferably at bedtime.

-How long to use it

Continue taking LAXSTOO not more than 3 days unless recommended by doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

-If you use too much (overdose)

Symptoms of gastrointestinal irritation and watery diarrhea, low magnesium blood level (symptoms which include nausea, vomiting, flushing, thirst, low blood pressure, drowsiness, confusion, loss of tendon reflexes, muscle weakness, breathing difficulties, irregular heartbeat, coma and heart suddenly stop beating).

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using LAXSTOO

-Things you must do

Shake the bottle well before use.

Drink a full glass (8 oz) of liquid with each dose. If you are about to

start taking on any other new medicine, tell your pharmacist or doctor that you are taking LAXSTOO.

-Things you must not do

Do not exceed the stated dose.

Things to be careful of

Stop using this medicine if you have rectal bleeding or no bowel movement after 6 hours of taking this product.

These symptoms may be signs of a serious condition.

Side effects

May cause diarrhea, an effect that is depending on the dose and high magnesium blood level may occur, usually in people with kidney impairment.

Very rarely, serious effects occur such as electrolyte imbalance, confusion, irregular heartbeat, muscle cramps, and unusual tiredness or weakness.

Other signs of side effects include bloating, nausea, gas formation and increased thirst.

If you notice any side effect, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of LAXSTOO

-Storage

Store below 30°C. Keep out of the reach of children. Keep container well closed and in a dry place. Do not freeze.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

LAXSTOO is an off-white opaque viscous liquid with raspberry flavour in 100ml plastic bottle.

-Ingredients

-Active ingredient:
Each 5ml contains 800mg
Magnesium Hydroxide.

-Inactive ingredients:
Xylitol, Glycerin,
Hydroxyethylcellulose, Xanthan
Gum, Potassium Citrate, Raspberry
flavour and Purified water.

-MAL number:
MAL11085006X

Manufacturer:
HOE Pharmaceuticals Sdn. Bhd.
Lot 10, Jalan Sultan Mohamed 6,
Bandar Baru Suleiman,
42000 Port Klang, Selangor,
Malaysia.

Product Registration Holder:
HOE Pharmaceuticals Sdn. Bhd.
Lot 10, Jalan Sultan Mohamed 6,
Bandar Baru Suleiman,
42000 Port Klang, Selangor,
Malaysia.

Date of Revision:
06/12/2022

Serial Number:
NPRA(R4/1)281118/00359