TEFIN GEL

Terbinafine (1% w/w)

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This leaflet answers some common questions about TEFIN GEL. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor or pharmacist has weighed the risks of you using this medicine against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may want to read it again.

What TEFIN GEL is used for

TEFIN GEL is indicated for the topical treatment of fungal infections.

How TEFIN GEL works

Terbinafine is an Allylamine group which has a broad spectrum of antifungal activity in fungal infections of the skin. It works by killing the fungi causing skin problems.

Ask your pharmacist or doctor if you have any questions about this medicine.

Before you use TEFIN GEL

-When you must not use it

Do not use TEFIN GEL if:

- You are hypersensitive to any medicine containing Terbinafine or any of the ingredients listed at the end of this leaflet.
- Your children are under 2 years of age as this preparation contains Benzyl Alcohol

-Before you start to use it

Pregnancy and breast feeding:

Terbinafine is secreted in breast milk, and therefore mothers should not receive TEFIN GEL while breast-feeding. Infants should also not be allowed to come into contact with any treated skin, including breast.

Ask your doctor or pharmacist for advice before taking any medicine.

-Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

How to use TEFIN GEL

-How much to use

Adults and children 2 years of age and above

- Clean and dry the affected skin and surrounding area, and wash your hands.
- Unscrew the cap and, if you are using the gel for the first time, use the point in the cap to pierce the top of the tube.
- Gently squeeze the tube to apply a thin layer of the gel to the affected skin and the surrounding area.
- Gently rub the gel into the skin.
- Replace the cap on the tube.
- Wash your hands after applying the gel, otherwise you may spread the infection to other parts of your own skin or to other people.

For external use only**.** Avoid contact with eyes. If contact occurs, rinse thoroughly with water.

-When to use it

Apply TEFIN GEL once a day.

-How long to use it

Apply TEFIN GEL for one week. Treatment should be continued for 2 weeks after all signs and symptoms have disappeared. This will stop the infection from coming back.

If condition worsens or no improvement is seen after 4 weeks, consult the physician.

-If you forget to use it

Take the missed dose as soon as you remember.
If it is almost time for your next dose, skip the missed dose and take the medicine at your next regularly scheduled time.

Do not take a double dose to make up for the one you have missed.

-If you use too much (overdose)

If, by mistake on a few occasions you use more than you should, do not worry. If you apply a lot or accidentally swallowed, it could make you ill. Talk to your doctor or go to the hospital as soon as possible.

While you are using TEFIN GEL

-Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking TEFIN GEL.

-Things you must not do

Avoid contact with eyes and mucous membranes (for external use only).

-Things to be careful of

If irritation or sensitivity occurs, treatment should be discontinued and consult doctor.

Attention to hygiene is important in the management of fungal diseases, particularly of the folds and the feet.

Side effects

Local adverse effects of Terbinafine include skin peeling, itching at the site of application, stinging, burning, swelling, blister and hives.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of TEFIN GEL

-Storage

Store below 30ºC. Keep out of the reach of children**.**

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

TEFIN GEL is an opaque white viscous gel with characteristic odour. It is available in tubes of 15g.

-Ingredients

-Active ingredients:
Terbinafine Hydrochloride.

-Inactive ingredients:
Benzyl Alcohol, Butylated Hydroxytoluene, Isopropyl Myristate, Sorbitan Laurate, Polysorbate 20, Carbomer, Alcohol, Sodium Hydroxide and Purified Water.

-MAL number:
MAL11075006X

Manufacturer:
HOE Pharmaceuticals Sdn. Bhd.
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Bandar Sultan Suleiman,
42000 Port Klang, Selangor,
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Product Registration Holder:
HOE Pharmaceuticals Sdn. Bhd.
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