

ANSONIDE NASAL SPRAY

Fluticasone Furoate (27.5mcg/dose)

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This leaflet answers some common question about Ansonide. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

Keep this leaflet with the medicine. You may want to read it again.

What Ansonide is used for

Ansonide is sprayed into the nose to help relieve nose symptoms that may occur with seasonal or other year-round allergies, including runny nose, stuffiness (congestion), itching and sneezing in children (2 to 11 years) and in adults and adolescents (12 years and older).

Ansonide also may be used for relief of the eye symptoms associated with seasonal allergies including itching, watery and redness of the eye in adults and adolescents (12 years and older).

Your doctor may have prescribed it for another reason. Ask your doctor if you have any questions about why this medicine has been prescribed for you.

How Ansonide works

Ansonide contains the active ingredient Fluticasone furoate. It belongs to a family of medicines called corticosteroid, which are used to help reduce inflammation.

Ask your pharmacist or doctor if you have questions about his medicine.

Before you use Ansonide

-When you must not use it

Do not use this medicine if you are allergic (hypersensitive) to fluticasone furoate, or any other ingredients of Ansonide.

Do not use this medicine after the expiry date (EXP) or if the packaging is torn or shows sign of tampering.

If you are not sure whether you should start taking this medicine, contact your doctor.

-Before you start to use it

Systemic effects with nasal corticosteroids have been reported, particularly at high doses prescribed for prolonged periods. These effects are much less likely to occur than with oral corticosteroids.

Tell your pharmacist or doctor if you are taking other corticosteroid medicines, either by mouth, as eye drops, as an asthma inhaler or by injection.

Tell your pharmacist or doctor if you have allergies to any other medicines or any other substances, such as foods or preservatives.

-Taking other medicines

Tell your pharmacist or doctor if you are taking any other products, (such as over the counter drug, prescribed drug and herbal products).

Tell your doctor before taking this medicine if you are pregnant, may be pregnant, or plan to become pregnant or breastfeeding. Your doctor will discuss the possible risks and benefits of using this medicine during pregnancy and breastfeeding.

If you have not told your pharmacist or doctor about any of the above, tell them before you use this medicine.

How to use Ansonide

Follow all directions given to you by your pharmacist or doctor carefully and do not use more than the recommended dose. The directions may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

Ansonide has a cap which protects the nozzle and keeps it clean. Remember to take this off before using the medicine and put it back after using the medicine.

How to use it

1. Blow the nose gently to clear nostrils.
2. Shake the bottle gently. Remove the cap.
3. For first time use, hold the bottle upright and fill the pump by pressing the nozzle downwards and releasing it 5 times, until a fine spray is produced.
4. Close one nostril with finger. Hold the bottle upright and insert it into the nostril as far as is comfortable. Whilst breathing in gently through the nose with mouth closed, spray the medicine one time.
5. Breathe out through the mouth.
6. Repeat steps 4 & 5 for the other nostril.
7. For individuals aged 12 years and older, steps 4,5 and 6 should be repeated once more to achieve the recommended dosage of 2 sprays into each nostril.
8. To keep the spray nozzle clean, wipe it carefully with a clean tissue after each use and put back the cap.

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If you have not used the medicine for 2 weeks or more, it needs to be sprayed once into the air before use. The nozzle should be pointed away while doing this.

The nozzle should be cleaned at least once a week or more often if it gets blocked.

If the spray does not work or it gets blocked, clean it (*See how to clean it*). Do not unblock the tiny hole using a pin or other sharp object because this will destroy the spray mechanism.

How to clean it

Remove the cap and gently pull off the nozzle. Soak the cap and spray nozzle in warm water for a few minutes. Rinse under a cold running tap. Shake or tap off the excess water and allow air-drying. Re-fix the spray nozzles. Press the nozzle a few times until a fine mist is produced and use as normal (*See How to use it*).

-How much to use

Adults and children 12 years and over

- The usual starting dose is 2 sprays in each nostril once every day.
- Once symptoms are controlled you may be able to reduce your dose to 1 spray in each nostril, once a day.

Children 2 to 11 years

- The usual starting dose is 1 spray in each nostril once a day.
- If symptoms are very bad your doctor may increase the dose to 2 sprays in each nostril once every day until the symptoms are under control. It may then be possible for the dose to be reduced to 1 spray in each nostril once a day.
- Do not use in children under 2 years old.

-When to use it

As instructed by your pharmacist or doctor. Do not use more frequently than instructed.

-How long to use it

Your pharmacist or doctor will determine the length of treatment.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose.

Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning.

While you are using Ansonide

-Things you must do

If you become pregnant while you are using this medicine, tell your pharmacist or doctor.

If you are about to start using any new medicine, tell your pharmacist or doctor that you are using this medicine.

If you are going to have surgery, tell the surgeon or anaesthetics that you are using this medicine.

-Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Ansonide to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Conditions you need to look out for Allergic reactions: These are rare in people taking ANSONIDE. Signs include:

- Skin rash (hives) or redness
- Swelling, sometimes of the face or mouth (angioedema)
- Becoming very wheezy, coughing or having difficulty in breathing
- Suddenly feeling weak or light headed (may lead to collapse or

loss of consciousness)

Contact a doctor immediately if you get any of the symptoms. Stop taking ANSONIDE.

Side effects

Like all medicines, Ansonide can cause side effects, although not everybody gets them.

Very common side effects

- Nosebleed

Common side effects

- Nasal ulceration – which may cause irritation or discomfort in your nose.
You may also get streaks of blood when you blow your nose.
- Headache

Uncommon side effects

- Rhinalgia, Nasal discomfort (including nasal burning, nasal irritation, and nasal soreness), nasal dryness.

Rare side effects

- Hypersensitivity, reactions including anaphylaxis, angioedema, rash & urticaria.

Very rare side effects

- Nasal septum perforation

Not known

- Growth retardation in children

If you get side effects

- Tell your doctor or pharmacist if any of the side effects listed becomes severe or troublesome, or if you notice any side effects not listed in this leaflet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

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Storage and Disposal of Ansonide

- Storage

Store below temperature 30°C.

Keep out of reach of children.

- Disposal

Dispose of the medicine after the expiry date.

Consult your pharmacist or doctor on how to safely dispose of any medicines no longer required.

Product Description

- What it looks like

An opaque off-white slight viscous suspension.

- Ingredients

-Active ingredient:

Fluticasone Furoate 27.5mcg/dose

-Inactive ingredient(s):

Benzalkonium chloride,
polysorbate 80, microcrystalline
cellulose, carboxymethylcellulose
sodium, dextrose anhydrous,
disodium edetate and purified
water.

-MAL number:

MAL24026030AZ

Manufacturer and Product Registration Holder:

HOE Pharmaceuticals Sdn. Bhd.
Lot 10, Jalan Sultan Mohamed 6,
Bandar Sultan Suleiman,
42000 Port Klang, Selangor,
Malaysia.

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