

MENTAR SHAMPOO

Coal Tar, Menthol (9% v/v, 1% w/v)

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This leaflet answers some common questions about MENTAR SHAMPOO. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using this medicine against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may want to read it again.

What MENTAR SHAMPOO is used for

MENTAR SHAMPOO is indicated for the control of dandruff and psoriasis (raised, rough, reddened areas covered with dry, fine silvery scales) on the scalp.

How MENTAR SHAMPOO works

MENTAR SHAMPOO reduces excess secretion of sebum) and relieve itching. After the corticosteroids, coal tars are the most powerful agents against

most long-term cases of eczema. It is also effective against psoriasis in its own right.

It contains the following active ingredients:

Coal tar – It belongs to a class of medicines known as keratoplastics (promoting thickening of skin layer). It works by causing the skin to shed dead cells from its top layer and slow down the growth of skin cells. This effect decreases scaling and dryness. It also decreases itchiness from these skin condition.

Menthol - added to relieve itchiness and the detergents in the formulation loosen and soften scales and crusts.

Ask your pharmacist or doctor if you have any questions about this medicine.

Before you use MENTAR SHAMPOO

-When you must not use it

Do not take MENTAR SHAMPOO if you are hypersensitive to:

- Any medicine containing Coal Tar and Menthol.
- Any of the ingredients listed at the end of this leaflet.

-Before you start to use it

Pregnancy and breast feeding:

Ask your doctor or pharmacist for advice before taking any medicine.

-Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

How to use MENTAR SHAMPOO

-How much to use

- Ensure that all areas of affected skin are clean.
- Apply sufficient MENTAR SHAMPOO on wet hair and work up a rich lather.
- Massage the scalp gently for at least 5 minutes and rinse well.

-When to use it

As directed by doctor or pharmacist.

-How long to use it

If condition worsens or does not improve after regular use of this product as directed, consult a doctor.

-If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for your next dose, skip the missed dose and take the medicine at your next regularly scheduled time.

Do not take a double dose to make up for the one you have missed.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

If swallowed, may cause diarrhoea and vomiting.

While you are using MENTAR SHAMPOO

-Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are using MENTAR SHAMPOO.

-Things you must not do

Avoid contact with eyes and mucous membranes (for external use only).

-Things to be careful of

If irritation or sensitivity occurs, treatment should be discontinued.

Side effects

Like all medicines, MENTAR SHAMPOO can cause side effects, although not everybody gets them. As with all medicines, some people may be allergic to the shampoo.

Coal tar may cause irritation and an acne-like symptoms of the skin. It has a light sensitive action. Menthol may give rise to hypersensitivity reactions including inflammation from direct contact.

If any side effect becomes severe, or you notice any side effect not listed here, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of MENTAR SHAMPOO

-Storage

Store below 30°C. Keep out of the reach of children. Protect from strong light. Keep container well closed.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

MENTAR SHAMPOO is a dark green viscous liquid with herbal and menthol fragrance. It is available in 500ml plastic bottle.

-Ingredients

-Active ingredient(s):
Coal Tar and Menthol

-Inactive ingredients:
D-Panthenol, Sodium Laureth Sulphate, Tartrazine, Sodium Chloride, Sodium Benzoate, Brilliant Blue FCF, Citric Acid Anhydrous, Cocamide DEA, Hydroxylpropyl methylcellulose, Herbal Fragrance and Purified Water.

-MAL number:
MAL19920904X

Manufacturer:

HOE Pharmaceuticals Sdn. Bhd.
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42000 Port Klang, Selangor,
Malaysia.

Product Registration Holder:

HOE Pharmaceuticals Sdn. Bhd.
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