

CALA-MY LOTION

Calamine, Zinc Oxide (15% w/v, 5% w/v)

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This leaflet answers some common questions about Cala-My Lotion. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you using this medicine against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may want to read it again.

What Cala-My Lotion is used for

Cala-My Lotion is a topical antipruritic for the relief of itching due to insect bites, prickly heat, sunburn, napkin rashes, cosmetic rashes and other minor skin irritations.

How Cala-My Lotion works

Calamine is a medicine used to relieve itching and soothe minor skin irritations.

Zinc Oxide has antiseptic properties that help prevent infection from scratching.

Ask your pharmacist or doctor if you have any questions about this medicine.

Before you use Cala-My Lotion

-When you must not use it

Do not take Cala-My Lotion if you are hypersensitive to:

- Any medicine containing Calamine or Zinc oxide
- Any of the ingredients listed at the end of this leaflet.

Before you start to use it

Pregnancy and breast feeding:
Ask your doctor or pharmacist for advice before using this medicine if you are pregnant or breast-feeding.

-Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Cala-My Lotion

Using this medicine

- Wash and dry affected skin area. Apply sparingly to the affected skin area.

-How much to use it
2 to 3 times daily.

-How long to use it

You can apply the lotion as directed by your doctor or pharmacist.

-If you forget to use it

You can apply the lotion as soon as possible and then continue the rest of your treatment as usual.

Do not take double dose to make up for the forgotten dose.

-If you use too much (overdose)

No information is available concerning overdosage in human beings following topical application.

While you are using Cala-My Lotion

-Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking Cala-My Lotion.

-Things you must not do

Cala-My Lotion is for external use only. Do not put the lotion in your mouth or swallow it.

-Things to be careful of

If symptom persists, consult your doctor or pharmacist.

Side effects

No common side effects have been reported with this product.

If you notice any side, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website npra.gov.my (Consumers → Reporting Side Effects Medicines (ConSERF) or Vaccines (AEFI).

Storage and Disposal of Cala-My Lotion

-Storage

Store below 30°C. Keep out of the reach of children. Protect from strong light. Keep container well closed.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Cala-My Lotion is a pale pink lotion with a characteristic non-tarry odour.

Cala-My Lotion is available in HDPE bottle containing 150ml.

-Ingredients

-Active ingredient(s):

Calamine and Zinc Oxide

-Inactive ingredients:

Sodium Citrate, Phenol Liquid,
Phenoxyethanol, Bentonite,
Glycerin and Purified Water.

-MAL number:

MAL19911483XZ

Manufacturer:

HOE Pharmaceuticals Sdn. Bhd.
Lot 10, Jalan Sultan Mohamed 6,
Bandar Baru Suleiman,
42000 Port Klang, Selangor,
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Product Registration Holder:

HOE Pharmaceuticals Sdn. Bhd.
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