

# BENOSONE OINTMENT

Betamethasone Valerate (0.12% w/w)

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This leaflet answers some common questions about BENOSONE OINTMENT. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking BENOSONE OINTMENT against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may need to read it again.

## What BENOSONE OINTMENT is used for

BENOSONE OINTMENT is used for the relief of the inflammatory manifestations of corticosteroid-responsive skin conditions, example eczema, dermatitis, inflammation of ear canal, psoriasis and itching at the back passage or genital area.

## How BENOSONE OINTMENT works

BENOSONE OINTMENT contains a medicine called

Betamethasone Valerate. It belongs to a group of medicines called steroids. It has anti-inflammatory, anti-itching and blood vessel narrowing actions.

Ask your pharmacist or doctor if you have any questions about this medicine.

## Before you use BENOSONE OINTMENT

### - When you must not use it

Do not take BENOSONE OINTMENT if:

- You are hypersensitive to Betamethasone or to any of this medicine related ingredients.
- Infants under one year old.
- Infection at treatment site.
- You have skin thinning.
- You have red bumps around the mouth.
- You have acne or facial redness.
- You have viral skin infections (e.g. Herpes Simplex, chicken pox), tuberculosis (bacterial infection) of the skin, acne and ulcerative condition.

### - Before you start to use it

**Pregnancy and breast feeding:**  
Topical steroids should not be used extensively in pregnancy, i.e. in large amounts or for long periods.

### - Taking other medicines

Tell your pharmacist or doctor if you are taking any other products (such as over the counter medicine, prescribed medicine and herbal products).

## How to use BENOSONE OINTMENT

Always use BENOSONE OINTMENT exactly as your doctor has told you.

### - How much to use

Apply a thin film of BENOSONE OINTMENT to the affected area

### - When to use it

Apply on the affected area once dry and clean.

Adult: Apply 1 to 3 times daily

Children: Apply once daily or as directed by your doctor and pharmacist.

### - How long to use it

When extensive areas are treated, sufficient systemic absorption may occur to produce the features of hypercortism (high cortisol hormones). This effect is more likely to result if occlusive dressings are used, or if treatment is prolonged.

For children, long term topical therapy should be avoided where possible as adrenal suppression can occur even without occlusion.

### - If you forget to use it

If you forget to use your ointment at the right time, use it as soon as you remember, then carry on as before.

### - If you use too much (overdose)

Sudden overdose is very unlikely to occur, however in the case of long term overdose or misuse the features of high cortisol hormones may appear and, in this situation, topical steroid should be discontinued.

## While you are using BENOSONE OINTMENT

### - Things you must do

If you are about to start taking on any other new medicine, tell your

pharmacist or doctor that you are taking BENOSONE OINTMENT.

-Things you must not do

Do not take more than the recommended dose unless your doctor tells you to do so.

-Things to be careful of

Do not use in or around the eyes.

Should not be used on the face.

Treatment of psoriasis may provoke the pus formation.

**Side effects**

Like all medicines, BENOSONE OINTMENT can cause side effects, although not everybody gets them.

Betamethasone Valerate preparations are usually well tolerated, but if signs of hypersensitivity appear, application should be discontinued immediately

The following hypercortism symptoms may occur more frequently with occlusive dressings, softening and weakening of the skin, secondary infection, skin thinning, stretch mark and heat rash.

Reported local adverse reactions are burning sensation, irritation, dryness, hair follicle inflammation, excessive hair growth, acne and lightening of the skin colour.

Systemic effects may also occur such as high blood glucose level, presence of glucose in the urine and adrenal gland suppression.

If you get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my)

(Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

**Storage and Disposal of BENOSONE OINTMENT**

-Storage

Store below 30°C. Keep in a cool dry place, protected from strong light. Keep out of reach of children. Keep container well close.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product description**

-What it looks like

BENOSONE OINTMENT is a white ointment. It is available in tubes containing 15 g.

-Ingredients

-Active ingredient (s):  
Betamethasone Valerate  
0.12 %w/w (equivalent to  
0.1% w/w betamethasone)

-Inactive ingredients:  
Liquid paraffin and White soft paraffin.

MAL number:  
MAL20014529AZ

**Manufacturer:**

HOE Pharmaceuticals Sdn. Bhd.  
Lot 10, Jalan Sultan Mohamed 6,  
Bandar Sultan Suleiman,  
42000 Port Klang, Selangor,  
Malaysia.

**Product Registration Holder:**

HOE Pharmaceuticals Sdn. Bhd.  
Lot 10, Jalan Sultan Mohamed 6,  
Bandar Sultan Suleiman,  
42000 Port Klang, Selangor,  
Malaysia.

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