

OXY-NASE NASAL SPRAY

Oxymetazoline hydrochloride (0.05% w/v)

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This leaflet answers some common questions about OXY-NASE NASAL SPRAY. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using this medicine against the benefits they expect it will have for you.

Keep this leaflet with the medicine.

You may want to read it again.

What OXY-NASE NASAL SPRAY is used for

OXY-NASE NASAL SPRAY is indicated for the relief of nasal congestion.

How OXY-NASE NASAL SPRAY works

Oxymetazoline has a narrowing of the blood vessel effect. They act by redistributing local blood flow to reduce swelling of the nasal lining thus improving ventilation, drainage and nasal stuffiness.

Before you use OXY-NASE NASAL SPRAY

-When you must not use it

Do not take OXY-NASE NASAL SPRAY if:

You are allergic (hypersensitive) to Oxymetazoline hydrochloride or any of the other ingredients in this product.

-Before you start to use it

Take special care with OXY-NASE NASAL SPRAY:

Tell your doctor if you have or have ever had:

- High blood pressure
- Diabetes
- Difficulty urinating due to an enlarged prostate gland
- Enlarged thyroid
- Heart disease.

Pregnancy and breast feeding:

- Safety in pregnancy and lactation has not been established. It is not to be used during pregnancy and lactation unless the potential benefits outweigh the risk.
- Ask your doctor or pharmacist for advice before taking any medicine.

-Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Combinations containing antidepressants such as tricyclic antidepressants or maprotiline or monoamine oxidase inhibitors, depending on the amount present, may also interact with this medication.

How to use OXY-NASE NASAL SPRAY

-How much to use

For adults and children 6 years of age and older:
2 or 3 sprays into each nostril.

- With the head upright, place the spray nozzle into the nostril without completely occluding the nostril.
- During each administration, you should bend your head slightly forward and press the pump spray quickly and firmly to spray the recommended number of sprays in each nostril.
- Wipe nozzle clean after use.

-When to use it

Use it twice daily - morning and evening.

-How long to use it

Do not exceed the recommended dosage and do not use for longer than 3 days.

-If you forget to use it

Take the missing dose as soon as you remember.

If it is almost time for your next dose, skip the missed dose and take the medicine at your next regularly scheduled time.

Do not take a double dose to make up for the one you have missed.

-If you use too much (overdose)

If you accidentally take too much OXY-NASE NASAL SPRAY, tell your doctor immediately or go to your nearest hospital.

Oxymetazoline may produce profound central nervous system depression, leading to coma and marked reduction in body temperature, especially in infants.

Consult a physician for more information on the management of overdose.

While you are using OXY-NASE NASAL SPRAY

-Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking OXY-NASE NASAL SPRAY.

-Things you must not do

Follow your doctor's instructions about any restrictions on food, beverages or activity while taking OXY-NASE NASAL SPRAY.

-Things to be careful of

During the first days of treatment with OXY-NASE NASAL SPRAY reactions may be impaired. Do not take charge of vehicles or machinery until the effect of OXY-NASE NASAL SPRAY treatment on the individual is known.

Use of the spray by more than one person may spread infection.

Side effects

OXY-NASE NASAL SPRAY may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away.

- stinging
- dryness of the mouth and throat
- sneezing
- worsen nasal congestion (prolonged used)

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of OXY-NASE NASAL SPRAY

-Storage

Keep container well closed. Protect from light. Store below 30°C. Keep out of the reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

OXY-NASE NASAL SPRAY is a clear solution in 15ml plastic bottle.

-Ingredients

-Active ingredients:

Oxymetazoline Hydrochloride
0.05% w/v.

-Inactive ingredients:

Benzalkonium Chloride, Citric Acid Anhydrous, Sodium Citrate, Disodium Edetate, Sorbitol Solution 70% and Purified Water.

-MAL number

MAL20020810AZ

Product Registration Holder

HOE Pharmaceuticals Sdn. Bhd.
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Manufacturer

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