

KALMINE LOTION

Calamine / Zinc Oxide (6.8%w/v / 6.8%w/v)

What is in this leaflet

1. What Kalmine Lotion is used for
2. How Kalmine Lotion it works
3. Before you use Kalmine Lotion
4. How to use Kalmine Lotion
5. While you are using it
6. Side effects
7. Storage and Disposal of Kalmine Lotion
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Kalmine Lotion is used for

Kalmine Lotion is used for mild astringent, for minor skin irritation sunburn & pruritic. Soothes and relieves nappy rashes prickly heat, insect bites and sunburn.

How Kalmine Lotion works

Kalmine Lotion contains calamine and zinc oxide, which cools the skin by evaporation and helps to relieve minor skin irritation.

Before you use Kalmine Lotion

- When you must not use it

Do not use this medicine if :

- you are allergic to calamine, zinc oxide or any other ingredients of this medicine (listed in Product Description).

- Before you start to use it

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

How to use Kalmine Lotion

- How much to use

Apply a thin layer over the affected skin.

- When to use it

Use 2 or 3 times a day or as directed by your doctor or pharmacist.

- How long to use it

Use Kalmine Lotion for the duration that the doctor or pharmacist recommends.

- If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Accidental ingestion in large amount of this medicine may cause vomiting, inflammation in the mouth and stomach, weakness, confusion, cold sweats, low pulse rate and leg cramps.

While you are using it

- Things you must do

- Tell your doctor immediately if you become pregnant while using this medication.
- Use your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are using Kalmine Lotion.

- Things you must not do

- Do not stop using the medicine unless advised by your doctor.
- Do not use any new medicines without consulting your doctor or pharmacist.
- Do not give Kalmine Lotion to anyone else, even if they have the same symptoms or condition as you.
- Do not use on broken skin.

- Things to be careful of

- For use on the skin only.
- Avoid contact with eyes.

- If condition worsens, or does not improve within 7 days or if rash, irritation, or sensitivity develops, stop using immediately and consult your doctor.

Side effects

Like all medicines, Kalmine Lotion can cause side effects, although not everybody gets them. Occasional skin hypersensitivity or irritation may occur.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Kalmine Lotion

- Storage

Keep all medicines out of the reach of children.

Store below 30°C in a dry place, protected from direct light.

Do not use this product after the expiry date or if the bottle is leaking or if the bottle cover is broken.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Pink coloured viscous lotion with menthol odour.

- Ingredients

- Active ingredient(s)

Calamine, zinc oxide

- Inactive ingredients

Propylene glycol, menthol, purified water, guar gum, sodium citrate, sodium CMC, phenol

KALMINE LOTION

Calamine / Zinc Oxide (6.8%w/v / 6.8%w/v)

- *MAL number:*

MAL19940186XCZ

Manufacturer and Product

Registration Holder

Teraputics Sdn. Bhd.
Lot 10 & 11, PERDA Industrial Park,
Lorong IKS Simpang Ampat B, 14100
Simpang Ampat, S.P.S., Pulau Pinang,
Malaysia

Date of revision

27/10/2022

Serial Number

NPRA(R4/1)150721/00062