

U-ALKALIZER POTASSIUM CITRATE MIXTURE

Potassium Citrate (3g per 10mL)

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What U-Alkalizer Potassium Citrate is used for

U-Alkalizer Potassium Citrate is used to make the urine less acidic.

How U-Alkalizer Potassium Citrate works

This medicine contains potassium citrate which makes the urine less acidic, and so reduces pain or irritation when urinating.

Before you use U-Alkalizer Potassium Citrate

- When you must not use it

Do not take U-Alkalizer Potassium Citrate if you have:

- allergy to potassium citrate or any other ingredients of this medicine (listed in Product Description)
- high potassium level in blood
- kidney problems
- Addison's Disease (insufficient steroid hormone production)
- irregular heartbeat.

- Before you start to use it

This medicine gives symptomatic relief and is not used for bacterial infection. Your doctor may prescribe a suitable antibiotic to be taken together with this medicine.

Inform your doctor if you are having heart problem.

Pregnancy and Lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor if you are taking:

- medicine containing potassium
- potassium sparing diuretics (medicine for high blood pressure)
- medicines that may increase potassium level (such as ACE inhibitors, ciclosporin, aliskiren)
- cardiac glycosides (medicines tetracycline antibiotic painkiller such as salicylates taken for heart problem)

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use U-Alkalizer Potassium Citrate

- How much to use

Shake well before use.

Each dose of this medicine may be diluted with about 50ml of drinking water:

Adult : 10-20 ml

Children: up to 1 year: 2.5 ml,
1 - 5 years : 5 ml,
6 - 12 years: 10 ml

- When to use it

- To be taken 3 times daily after meals or as directed by the doctor or pharmacist.

- How long to use it

Use U-Alkalizer Potassium Citrate for the duration that the doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do

not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much U-Alkalizer Potassium Citrate may cause:

- nausea, vomiting, abdominal pain
- symptoms due to high potassium level (muscle weakness or numbness in limbs) and metabolic acidosis (confusion, increased heart rate).

While you are using it

- Things you must do

- Use your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are using U-Alkalizer Potassium Citrate.
- Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

- Do not stop using the medicine unless advised by your doctor.
- Do not use any new medicines without consulting your doctor or pharmacist.
- Do not give U-Alkalizer Potassium Citrate to anyone else, even if they have the same symptoms or condition as you

- Things to be careful of

Be careful driving or operating machinery until you know how U-Alkalizer Potassium Citrate affects you.

Side effects

Like all medicines, U-Alkalizer Potassium Citrate can cause side effects, although not everybody gets them.

Tell your doctor if you experience:

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- Mild nausea and occasionally vomiting may occur due to gastric irritation.
- high level of potassium in blood

Date of revision

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npdra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of U-Alkalizer Potassium Citrate

- Storage

Keep all medicines out of the reach of children.

Store below 30°C in a dry place protected from direct light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

Product Description

- What it looks like

Colourless, clear to slightly cloudy syrup with lemony odour and salty taste.

- Ingredients

- Active ingredient(s)

Potassium citrate

- Inactive ingredients

Lemon flavour, propylene glycol, propyl paraben, sugar, methyl paraben, sodium saccharin, sodium chloride, purified water, citric acid anhydrous

- MAL number:

MAL19940179XC

Manufacturer and Product Registration Holder

Teraputics Sdn. Bhd. (590500-W)
Lot 10 & 11, PERDA Industrial Park,
Lorong IKS Simpang Ampat B,
14100 Simpang Ampat, S.P.S.,
Pulau Pinang, Malaysia