ALUSIL TABLET

Aluminium Hydroxide / Magnesium Trisilicate (120 mg / 250 mg)

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What Alusil Tablet is used for

Alusil Tablet is used for the management of symptoms associated with excess production of stomach acid.

How Alusil Tablet works

Alusil Tablet is an antacid that neutralises stomach acid, thus providing relief of gastric symptoms and prevents acid reflux.

Before you use Alusil Tablet

- When you must not use it

- Do not take Alusil Tablet if you have hypersensitivity towards aluminum, calcium, magnesium, sodium bicarbonate or any ingredients in this product.
- Alusil Tablet should not be given to very young children (below 6 years old) due to risk of high levels of magnesium in blood and risk of aluminium toxicity.

Do not take Alusil Tablet if you have the following medical conditions:

- Intestinal obstruction

- Before you start to use it

Consult your doctor before using Alusil Tablet if you have the following medical conditions:

- Alzheimer's disease.
- bleeding in the stomach or intestines.
- Inflammation involving the intestines, such as ulcerative colitis diverticulitis or appendicitis.
- Surgery involving the intestines, such as colostomy, ileostomy.
- Bowel problems such as constipation, chronic diarrhoea, haemorrhoids.
- Kidney problems.

Pregnancy and lactation

- Pregnancy: Antacids are generally considered safe as long as chronic high doses are avoided. However, there have been reports of antacids causing high blood calcium level, changes of blood magnesium level, and increased tendon reflexes in newborn whose mothers were chronic users of antacids. If you are pregnant, trying to get pregnant or think you may be pregnant, consult your doctor before starting Alusil Tablet.
- Breast-feeding: There hasn't been any report of aluminium, calcium and magnesium distributed into the breastmilk, however, the concentration is not high enough to produce an effect to the baby. If you are breast-feeding your child, ask your doctor or pharmacist for advice before taking the medicine.

- Taking other medicines

You should tell your doctor or pharmacist if you are taking the following medicine as it may interact with Alusil Tablet:

- Medicines used to treat heart conditions such as digoxin, quinidine.
- Medicines to make urine more acidic (urinary acidifiers) such as ammonium chloride, ascorbic acid, potassium or sodium phosphates, racemethionine, citrates.
- Medicines used to treat attention deficit hyperactivity disorder (ADHD) such as amphetamines.
- Health supplements such as folic acid
- Medicines to treat gallstones such as chenodiol.
- Encoated tablets (a tablet that is coated so that it doesn't dissolve too rapidly), such as bisacodyl (medicine to treat constipation).
- Antibiotics to treat bacterial infections such as fluroquinolones and tetracyclines.
- Medicines used to treat anaemia such as iron salts.
- Medicines used to treat bone and kidney disorders such as Vitamin D, calciferol, calcitriol.
- Medicines used to treat tuberculosis such as isoniazid.
- Medicines used to treat fungal infections such as ketoconazole.
- Medicines used to treat high blood pressure such as mecamylamine.
- Medicines used to prevent urinary tract infections such as Methenamine.
- Medicines used to treat stomach ulcer such as cimetidine (H2-receptor antagonists).
- Medicines used to improve food digestions such as pancrelipase enzyme.
- Penicillamine (medicine to treat Wilson's disease or severe rheumatoid arthritis)
- Medicines used to treat mental disorders or seizures such as chlorpromazine and phenytoin.
- Medicines used to treat malaria such as quinine.
- Medicines used to relieve pain and inflammation such as salicylates.
- Medicines used to treat high level of potassium in the blood such as sodium polystyrene sulfonate resin.
- Medicine to strengthens tooth enamel and helps to prevent dental decay such as sodium fluoride.

How to use Alusil Tablet

- How much to use

Adult: 1 - 2 tablets
Children (6 - 12 yrs): Half to 1 tablet

- When to use it

To be taken 20 min – 1 hour after meals and at bedtime or use as directed by your doctor or pharmacist.

- How long to use it

Use Alusil Tablet for the duration that the doctor recommends.

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- If you forget to use it

- Consult your doctor or pharmacist on what you should do if you forget to use it.
- Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking Alusil Tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.
- If the symptoms persist or worsen, the cause should be investigated and the treatment should be reassessed by your doctor.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Alusil Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

- Avoid prolonged usage with high dosage.

Side effects

Like all medicines, Alusil Tablet can cause side effects although not everybody gets them. You are advised to consult doctor or pharmacist for further information. The following common side effects have been reported:

- With long-term use, mood or mental changes may occur.
- High doses may cause continuous severe constipation
- With high doses, bone pain or swelling of wrists or ankles may occur.
- Continuing feeling of discomfort; continuing loss of appetite; muscle weakness; unusual weight loss (Phosphorus depletion syndrome).
- For people with kidney disease, prolonged use or large doses may cause dizziness or light-headedness, irregular heartbeat, mood or mental changes, unusual weakness or tiredness (symptoms of high levels of magnesium in blood or other electrolyte imbalance).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Alusil Tablet -

Storage

Keep all medicines out of the reach of children.

Store below 30°C in a dry place protected from direct light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White round tablet with a single scored line. It has a peppermint odour, and a sweet minty taste.

- Ingredients

- Active ingredient(s)

Aluminium hydroxide, magnesium trisilicate.

- Inactive ingredients

Magnesium stearate, peppermint oil, sodium benzoate, saccharin sodium, sugar, pregelatinised starch, talc, corn starch, lactose

- MAL number:

MAL19940195XC

Manufacturer

Teraputics Sdn. Bhd. (590500-W)
Lot 10 & 11, PERDA Industrial Park,
Lorong IKS Simpang Ampat B,
14100 Simpang Ampat, S.P.S.,
Pulau Pinang, Malaysia

Product Registration Holder

Zontron Pharmaceuticals Sdn. Bhd. (445695-T)
Lot 10 & 11, PERDA Industrial Park, Lorong IKS Simpang Ampat B, 14100 Simpang Ampat, S.P.S., Pulau Pinang, Malaysia

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