

# ARISONE CREAM

Hydrocortisone Acetate (1g/100g)

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## What Arisone Cream is used for

Arisone Cream is used for inflammatory condition responding to steroid therapy.

## How Arisone Cream works

Arisone Cream contains a medicine called hydrocortisone acetate. It belongs to a group of medicine called corticosteroid is used to reduce swelling and inflammation.

## Before you use Arisone Cream

### - When you must not use it

Do not apply Arisone Cream if:

- You are allergic (hypersensitive) to hydrocortisone or to any of the other ingredients in this medicine.

Do not use Arisone cream for the following condition:

- Untreated skin infections
- Cataracts (Clouding of eye lens)
- Diabetes
- Glaucoma (increased in eye pressure)
- Tuberculosis

### - Before you start to use it

Inform your doctor or pharmacist if you:

- have history of allergic reaction to corticosteroids

### Pregnancy and breast feeding:

- Ask your doctor or pharmacist for advice before applying this medicine if you are pregnant or breastfeeding.
- corticosteroids should not be applied extensively, in large amounts, or for protracted periods if you are pregnant or planning to become pregnant.

- It is not known whether hydrocortisone acetate is found in breast milk or whether it has a harmful effect in the newborn.
- If used during breastfeeding, do not apply hydrocortisone acetate to the breasts to avoid accidental ingestion by the baby.

### - Taking other medicines

Tell your doctor or pharmacist about all the other medicines and skin products you use, including non-prescribed medicines, vitamins, herbal supplements, and cosmetics.

## How to use Arisone Cream

### - How much to use

Apply a thin layer on the affected part.

### - When to use it

Apply 2-3 times a day or as your doctor has prescribed until complete recovery.

### - How long to use it

Use Arisone Cream for the duration as your doctor recommends.

### - If you forget to use it

Apply the cream as soon as possible and then continue the rest of your treatment as usual.

### - If you use too much (overdose)

Signs and symptoms of high cortisol hormone such as weight gain, stretch marks and acne may occur. Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have use too much of this medicine or accidentally swallowed the medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

### - Things you must do

- Inform your doctor if there is any spread of infection and appropriate treatment will be prescribed.

### - Things you must not do

- Arisone Cream is for external use only.

- Do not put the cream in your mouth or swallow it.
- Do not stop the medicine abruptly as your condition may be worsen.

### - Things to be careful of

- If this product comes into contact with dressings, clothing and bedding, the fabric can be easily ignited with a naked flame.
- If applied to the eyelids, care is needed to ensure that the cream does not enter the eye
- If you accidentally get cream in your eyes or mouth, wash immediately with water and contact your doctor.

## Driving and using machines

This medicine may affect your ability to drive or use machines. If you are having blurred vision, do not drive or use machines and contact your doctor immediately.

## Side effects

Arisone Cream can cause side effects, although not everybody gets them.

As with all medicines, some people may be allergic to the cream. If you are allergic, a reaction will occur soon after you start using it. If you experience an allergic reaction, stop using Arisone Cream and tell your doctor straight away. Side effects may include:

- Skin infection
- Blurred vision
- Itchiness, burning / pain sensation, rashes, redness, hives, skin thinning, skin dryness, stretch mark, spider veins, pigmentation changes
- Excessive hair growth
- Exacerbation of underlying symptoms
- Children and adolescents have a large skin surface area to body weight ratio and less developed, thinner skin, which may result in absorption of greater amounts of topical corticosteroids.
- Adrenal suppression, rise in pressure around the brain, and growth retardation have been documented in children.

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If you experience any of the above effects or react badly to the cream in any other way which is not listed in this leaflet, tell your doctor or pharmacist immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

## Storage and Disposal of Arisone Cream

### - Storage

Keep all medicines out of the reach of children.

Store below 30°C in a dry place protected from direct light.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

Soft white cream

### - Ingredients

- Active ingredient(s)  
Hydrocortisone Acetate

- Inactive ingredients  
propylene glycol, liquid paraffin, purified water, tween 80, cetostearyl alcohol, white soft paraffin, cetomacrogol 1000, glyceryl monostearate

### - MAL number:

MAL19900408AZ

## Manufacturer and Product Registration Holder:

TERAPUTICS SDN. BHD. (590500-W)  
Lot 10 & 11, PERDA Industrial Park,  
Lorong IKS Simpang Ampat B,  
14100 Simpang Ampat, S.P.S.,  
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26/07/2024

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