

DEXIN TABLET

Dexamethasone (0.5mg)

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What Dexin Tablet is used for

It is used as treatment of inflammation and different diseases of the immune system.

How Dexin Tablet works

Dexin Tablet belongs to a group of medicines called glucocorticosteroids. It works by suppressing the immune system and blocking the production of substances that trigger allergic and inflammatory actions.

Before you take Dexin Tablet

-When you must not take it:

Do not take Dexin Tablet if you have hypersensitivity to dexamethasone, or the ingredients listed at the end of this leaflet.

- Before you start to take it:

Talk to your doctor or pharmacist before taking Dexin if you have:

- bacterial, viral, parasitic, opportunistic and fungal infections.
- active hepatitis (infectious liver inflammation)
- vaccinated within 8 weeks prior to or 2 weeks after vaccination
- lymph node disease after BCG vaccination
- history of tuberculosis, unless you are treated with medicines
- gastrointestinal ulcers
- bone loss (osteoporosis)
- severe heart failure

- high blood pressure or diabetes that is uncontrolled
- mental (psychological) disorders, including suicidal tendencies
- increased pressure in the eye (glaucoma)
- injuries and ulcers of the cornea of the eye
- severe inflammation of the colon (ulcerative colitis) with threatened perforation, with abscesses or purulent inflammation
- inflamed pouches in the bowel wall (diverticulitis)
- undergoing certain intestinal surgeries recently
- muscle paralysis
- blood cancer
- rare hereditary problems of sugar intolerance, deficiency or malabsorption

Children and adolescents; due to the risk of growth inhibition in children, the benefit-risk balance of treatment with dexamethasone should be carefully weighed by doctor.

Available evidence suggests long-term adverse events after early treatment of premature babies with respiratory problems.

-Taking other medicines:

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines including those obtained without a prescription. This includes herbal medicines. This is because Dexamethasone can affect the way some medicines work.

Tell your doctor or pharmacist if you are taking any of the following:

- Cobicistat for treatment of HIV infection
- Oral contraceptives (e.g. oestrogens)

- Antacids used to relieve heartburn, indigestion or an upset stomach
- Antibiotics (e.g. rifampicin and fluoroquinolone)
- Carbamazepine, phenytoin and primidone used to control seizures.
- Barbiturates used to treat sleeping difficulty, seizures and headaches.
- Antifungal (e.g. ketoconazole and itraconazole).
- Ephedrine used to treat breathing problems and low blood pressure
- ACE inhibitors used to lower blood pressure
- Cardiac glycosides used to treat heart problem and irregular heartbeats
- Saluretics used to excrete salt in the urine
- Laxatives used for constipation
- Insulin and antidiabetics
- Coumarin medications used to inhibit formation of blood clots
- Nonsteroidal anti-inflammatory drugs (NSAIDs), salicylates and indomethacin are used to relieve pain, reduce inflammation and fever
- Certain muscle relaxants
- Atropine used to improve slow heart rate
- Praziquantel used to treat worm infections
- Chloroquine used to prevent and treat malaria
- Somatropin used to treat growth failure in children and adult
- Immunosuppressive agents used to suppress or reduce the body's immune system

How to take Dexin Tablet

- How to take it

1-4 tablets a day, as single or divided doses. The dose is chosen by your doctor and usually depends on how serious your condition is.

Swallow the tablets whole with some water. Do not chew them.

The score line is not meant for division.

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-When to take it :

To be given as single or divided doses a day or as directed by the physician.

-How long to take it :

Always follow your doctor's instructions and read the label. If you are unsure, ask your doctor or pharmacist.

-If you forget to take it :

If you forget to take a dose, just take your next scheduled dose. Do not take a double dose to make up for a forgotten dose.

-If you take too much (overdose) :

Taking too many tablets will increase the effects and side effects described in this leaflet. Tell your doctor if you take too many tablets. Doctor may slowly reduce your dexamethasone dose. Do not stop taking your Dexin Tablet suddenly.

While you are taking Dexin Tablet

-Things you must do :

To follow your doctor's or your pharmacist's instruction exactly, taking all the prescribed medicines in the right amount each day.

Visual disturbance may occur with corticosteroid use. During long-term therapy with dexamethasone, regular medical check-ups (including eyes check every three months) are required.

At high doses, ensure sufficient calcium and vitamin D intake and sodium restriction.

-Things you must not do :

Do not stop taking Dexin Tablet just because you feel better. If you stop too soon or too suddenly you may get withdrawal symptoms which can be severe.

Treatment with glucocorticoids can lead to insufficient production of glucocorticoids by the body; depending on the dose and duration of treatment.

- Things to be careful of :

Your doctor or pharmacist will give you advice on how to reduce the dose that you take if you need to do this.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

Dexamethasone can lead to positive results in doping test and may suppress allergic test.

Side Effects

Like all medicines, Dexin Tablet can cause side effects, although not everybody gets them.

Serious effects:

If you notice any of these problems, talk to a doctor straight away:

- Feeling depressed, including thinking about suicide.
- Feeling high (mania) or moods that go up and down.
- Feeling anxious, having problems sleeping
- Feeling, seeing or hearing things which do not exist.

These are signs of an allergic reaction and you may need to stop taking the medicine:

- Any kind of skin rash or itching of the skin
- Difficulty in breathing or collapse.

With high doses of dexamethasone, slower heart rate may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my

[Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Dexin Tablet

-Storage

Store below 30°C in a dry place, protected from direct sunlight.

Keep out of reach of children.

-Disposal

Dexin Tablet should be disposed of via wastewater or household waste, when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required.

Product Description

-What it looks like

Odourless, white coloured round tablet with TPI embossed on one side and plain on the other side.

- Ingredients

-Active Ingredient(s)

Dexamethasone

-Inactive Ingredients

Sodium benzoate, lactose, magnesium stearate, corn starch, sodium starch glycolate, croscarmellose sodium

-MAL Number:

MAL19890266ACZ

Manufacturer

Teraputics Sdn. Bhd. (590500W)
Lot 10 & 11, PERDA Industrial Park,
Lorong IKS Simpang Ampat B,
14100 Simpang Ampat, S.P.S.,
Pulau Pinang, Malaysia

Product Registration Holder

Zontron Pharmaceuticals Sdn.
Bhd. (445695-T)
Lot 10 & 11, PERDA Industrial Park,
Lorong IKS Simpang Ampat B,
14100 Simpang Ampat, S.P.S.,
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