

ZONTRON BETASONE CREAM 0.1%W/W

Betamethasone Valerate (1mg/1g)

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What Zontron Betasone Cream 0.1%w/w is used for

Zontron Betasone Cream 0.1%w/w is used for inflammatory condition responding to corticosteroid therapy.

How Zontron Betasone Cream 0.1%w/w works

Zontron Betasone Cream 0.1%w/w contains a medicine called betamethasone valerate. It belongs to a group of medicine called corticosteroids that reduces swelling and itchiness.

Before you use Zontron Betasone Cream 0.1%w/w

- When you must not use it

Do not apply Zontron Betasone Cream 0.1%w/w if:

- You are allergic (hypersensitive) to betamethasone or to any of the other ingredients in this medicine.

Do not use Zontron Betasone cream 0.1%w/w for the following condition:

- Untreated skin infections
- Face redness
- Acne
- Itchiness without inflammation
- Itchiness around the anus and genital
- rashes around your mouth
- skin conditions in infants under one year of age, including inflammation.

- Before you start to use it

Pregnancy and breast feeding:

- Ask your doctor or pharmacist for advice before applying this medicine if you are pregnant or breastfeeding.
- It is not known whether betamethasone is found in breast milk or whether it has a harmful effect in the newborn.
- If used during breastfeeding, do not apply betamethasone valerate to the breasts to avoid accidental ingestion by the baby.
- Inform your doctor or pharmacist if you:
 - have history of allergic reaction to corticosteroids
 - have psoriasis

- Taking other medicines

Tell your doctor or pharmacist about all the other medicines and skin products you use, including prescribed and non-prescribed medicines, vitamins, herbal supplements, and cosmetics.

Inform your doctor or pharmacist if you are using following medicines:

- fluticasone or other corticosteroids used for breathing disorders
- ritonavir (antiviral)
- itraconazole (antifungal)

How to use Zontron Betasone Cream 0.1%w/w

- How much to use

Apply a thin layer with sufficient amount on the affected area.

- When to use it

Apply 2-3 times a day or as your doctor has prescribed.

- How long to use it

Treatment duration should be limited to five days:

- In infants and children under 12 years of age
- For application to the face

- If you forget to use it

Apply the cream as soon as possible and then continue the rest of your treatment as usual.

- If you use too much (overdose)

Signs and symptoms of high cortisol hormone such as weight gain, stretch mark, acne, excessive hair growth, or balding or diabetes may occur in the case of long term overdosage or misuse.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have use too much of this medicine or accidentally swallowed the medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

- Inform your doctor if there is any spread of infection and appropriate treatment will be prescribed.
- When using occlusive dressings, clean the skin before a fresh dressing is applied.

- Things you must not do

- Zontron Betasone Cream 0.1%w/w is for external use only.
- Do not put the cream in your mouth or swallow it.
- Do not stop the medicine abruptly as your condition may be worsen.

- Things to be careful of

- If this product comes into contact with dressings, clothing and bedding, the fabric can be easily ignited with a naked flame.
- If applied to the eyelids, care is needed to ensure that the cream does not enter the eye
- If you accidentally get cream in your eyes or mouth, wash immediately with water and contact your doctor.
- Betasone contains cetostearyl alcohol which may cause local skin reactions

Driving and using machines

This medicine may affect your ability to drive or use machines. If you are having blurred vision, do not drive or use machines and contact your doctor immediately.

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Side effects

Zontron Betasone Cream 0.1%w/w can cause side effects, although not everybody gets them.

As with all medicines, some people may be allergic to the cream. If you are allergic, a reaction will occur soon after you start using it. If you experience an allergic reaction, stop using Zontron Betasone Cream 0.1%w/w and tell your doctor straight away. Side effects may include:

- infection
- Blurred vision
- Itchiness, burning / pain sensation, rashes, redness, hives, skin thinning,
- skin wrinkling, skin dryness, stretch mark,
- spider veins, pigmentation changes
- Excessive hair growth
- Exacerbation of underlying symptoms

If you experience any of the above effects or react badly to the cream in any other way which is not listed in this leaflet, tell your doctor or pharmacist immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Zontron Betasone Cream 0.1%w/w

- Storage

Keep all medicines out of the reach of children.

Store below 30°C in a dry place protected from direct light.

- Disposal

Dispose the medicine after the expiry date. Consult your pharmacist on how to safely dispose of any medicines no longer required.

Product Description

- What it looks like

Odourless, white soft cream

- Ingredients

- Active ingredient(s)

Betamethasone

- Inactive ingredients

propylene glycol, liquid paraffin, disodium EDTA, purified water, methyl paraben, tween 80, cetostearyl alcohol, white soft paraffin, cetomacrogol 1000

- MAL number:

MAL19900048AZ

Product Registration Holder and Manufacturer:

Terapeutics Sdn. Bhd. (590500-W)
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Lorong IKS Simpang Ampat B,
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