

TRAMILLE CAPSULE 50MG

Tramadol HCl 50mg

What is in this leaflet

1. What is Tramille used for
2. How Tramille works
3. Before you take Tramille
4. How to take Tramille
5. While you are using it
6. Possible side-effects
7. Storage and disposal of Tramille
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What is Tramille used for

Tramille contains the active ingredient Tramadol Hydrochloride. It is used for the treatment of moderate to severe pain.

How does Tramille work

Tramille is a painkiller belonging to the class of the opioids that acts on the central nervous system. It relieves pain by acting on specific nerve cells of the spinal cord and brain.

Before you take Tramille

When you must NOT take it

Do not take Tramille if you:

- are less than 12 years old.
- have shallow breathing or other breathing problems
- are pregnant or breastfeeding
- have known hypersensitivity to tramadol hydrochloride or to any of the ingredients in this preparation.
- are taking alcohol, hypnotics, analgesic or other drugs that influence the central nervous system.
- are on monoamine oxidase (MAO) inhibitor treatment for depression.

Do not take this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking Tramille.

Before taking Tramille

Tell your doctor or pharmacist if you:

- have a head injury or brain disease
- have difficulty in breathing
- suffer from consciousness disorder
- suffer from a liver or kidney disease
- think that you are addicted to other pain relievers
- are, or suspect that you are pregnant
- have tendency of developing seizures

Taking other medicines

Before you consume Tramille, do tell your doctor or pharmacist if you have recently taken, are taking or intend to take any other medications

Tramille may interact with the following medications:

- a MAO inhibitor for depression. Potential serious consequences affecting the brain, respiratory and cardiovascular systems have been reported.
- Alcohol or centrally depressant medications such as selective serotonin reuptake inhibitors (SSRI), tricyclic anti-depressants, anti-psychotics and other seizures threshold-lowering medicines (e.g. bupropion, mirtazapine)
- Other medicines e.g. warfarin, ketoconazole, erythromycin and ondansetron

How to take Tramille

How much to take

Dosage should be adjusted according to intensity of the pain.

For adults and adolescents over 12 years of age, swallow 1 to 2 capsules with at least half glass of water every 4 to 6 hours, as needed for pain. Do not crush or chew the capsule. Not to exceed 8 capsules (400mg) of Tramille in a day.

Dose adjustment is needed in patients with liver and kidney impairment. Please consult your doctor or pharmacist before consuming Tramille.

When to take it

Use as directed by your doctor or pharmacist.

How long to take it

Always take this medicine exactly as instructed by your doctor or pharmacist. Do not take Tramille longer than is necessary as dependence on this medication may occur.

What if you forget to take

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra medicine to make up the missed dose.

What if you take too much (overdose)

Immediately seek urgent medical attention at the nearest hospital. Serious consequences of over-dosage with Tramille may occur such as suppression of central nervous system, respiratory depression.

While you are taking Tramille

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What must you do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Tramille.

Tell your doctor immediately if you become pregnant while taking this medication.

What you must NOT do

Do not stop this medication unless as instructed by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Tramille to anyone else, even if they have the same symptoms or condition as you.

What to be careful of

Pregnancy and breastfeeding

If you are pregnant or breastfeeding while on this medication, please consult your doctor immediately.

Tramadol is not to be used during breast-feeding. Small amount of tramadol is excreted into breast milk. On a single dose it is usually not necessary to interrupt breast-feeding. If you have taken Tramille when you are breastfeeding, seek immediate medical attention if you notice your baby has any changes in their breathing (such as weak, difficult or fast breathing).

Driving and using machineries

This medicine may affect your ability to drive or use machineries. If you experience headache, feel sick, dizzy or tired, do not drive or use machineries and contact your doctor immediately.

Possible side-effects

The common side-effects are dizziness, sedation, fatigue, headache, itchiness, sweating, skin rashes, dry mouth, nausea, vomiting, indigestion and constipation.

Other adverse reactions may also occur.

You may report any side-effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage & disposal of Tramille

Storage

Keep this medicine out of reach of children. Store below 30°C, protect from light and moisture.

Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use.

Product description

What does it look like?

A pink and maroon capsule containing white granules.

Ingredients

- Each capsule contains 50 mg tramadol hydrochloride as active substance.
- Other inactive substances are microcrystalline cellulose, povidone, colloidal silicon dioxide, magnesium stearate and sodium starch glycolate.

MAL number

MAL

Manufacturer

PT Novell Pharmaceutical Laboratories,
Jl. Wanaherang No. 35, Tlajung Udik,
Gunung Putri, Bogor 16962,
Indonesia.

Product Registration Holder

MILRIN PHARMACEUTICAL CO.
(M) SDN. BHD.
125L, 5th Floor, Wisma Getah,
Macalister Road, 10400 Penang,
Malaysia.
Tel: 04-2286042, 2286741, 2288644,
Fax: 04-2280757

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