

DUOTRIC FILM COATED TABLET

Cimetidine (200mg, 400mg)

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What Duotric is used for

Duotric is used for

- Treatment of ulcer in upper part of the intestine (duodenal ulcer).
- Prevention of duodenal ulcer and its recurrence.
- Treatment of acid reflux in which the acidic content of the stomach flows back up into your food pipe.
- Treatment of high gastric acid production conditions such as Zollinger-Ellison Syndrome.

How Duotric works

Duotric contain cimetidine. Cimetidine belongs to a group of medicine called H₂-receptor antagonist which act to suppress the secretion of gastric acid.

Before you use Duotric

- When you must not use it

Do not take Duotric if you are allergic to cimetidine or any of the ingredients in this medicine.

- Before you start use it

Tell your doctor if:

- You have history of stomach, small intestine or food pipe ulcer.
- You are pregnant or breastfeeding as cimetidine is secreted in human milk.
- You have kidney or liver disease
- You have gradual decrease in brain function
- You have stomach cancer

- Taking other medicines

Tell your doctor if you are taking

- Warfarin-type anticoagulant (used to treat blood clots)
- Phenytoin (used to treat seizures).

- Propranolol, nifedipine (used to treat high blood pressure).
- Chlordiazepoxide, diazepam (used to treat anxiety and alcohol withdrawal).
- Certain tricyclic antidepressants.
- Lidocaine (used to reduce pain or discomfort during medical procedures).
- Theophylline (used to treat lung disease).
- Metronidazole (antibiotic).
- Any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Duotric

- How much to use

For treatment of duodenal and gastric ulcer:

800 mg daily at bedtime for at least 4 weeks (6 weeks for gastric ulcer)

Prevention of recurrent ulcers:

A maintenance dose of 400 mg may be given once at bedtime or both in the morning and at bedtime.

Gastro-oesophageal reflux disease including conditions ranging from heartburn to indigestion:

400mg four times a day with meals and at bedtime, 4 to 8 weeks.

Zollinger-Ellison Syndrome and other cases of high acid secretions:

Doses should be adjusted to individual needs. Suggested dosage: 400mg four times a day, occasionally increased to a total of 2.4 g daily.

For children over 1 year, 25-30 mg/kg daily in divided doses.

Dosage adjustment in individuals with kidney and liver problem:

In individuals with impaired kidney function, dosage should be reduced. In individuals with liver failure, usual dosage may be used.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Duotric for as the duration your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Duotric.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Duotric to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of
Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Duotric can cause side effects, although not everybody gets them. Stop taking the medicine and tell your doctor immediately if you experience any side effect. Reported side effects are diarrhoea, muscle pain, dizziness, skin rashes, tiredness and breast enlargement in man. Reversible liver damage and confusional states in elderly or those with kidney failure have occurred.

Kidneys' filters called the tubules become swollen, inflammation of pancreas, decreased of platelets, white blood cells, or red blood cells, muscle pain, joint pain, slow, irregular heartbeat and heart block have been reported. Impotence has also been rarely reported. All side effects are reversible on withdrawal of treatment.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Duotric

- Storage

Store below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Duotric Film Coated Tablet 200mg

Light-green, circular, biconvex, film-coated tablet with a central division line on one side.

Duotric Film Coated Tablet 400mg

Light green, oblong, biconvex, film-coated tablets with "ASP-400" imprinted on one side.

- Ingredients

- Active ingredient
Cimetidine

- Inactive ingredients
Povidone, Talcum, Colloidal Silicon Dioxide, Polyethylene Glycol 6000, Lactose Monohydrate, Titanium Dioxide, Isopropyl Alcohol, Sodium Starch Glycolate, Kinglake Sunset Yellow, Kinglake Brilliant Blue, Hydroxypropyl Methylcellulose, Acetone, Magnesium Stearate, Purified Water, Tapioca Starch.

- MAL number:

Duotric Film Coated Tablet 200mg

MAL19940541AZ

Duotric Film Coated Tablet 400mg

MAL19950090AZ

Manufacturer

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Product Registration Holder

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