

GastroRelief Suspension

Aluminium Hydroxide, Magnesium Hydroxide, Simethicone (400mg/10ml, 400mg/10ml, 60mg/10ml)

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What GastroRelief Suspension is used for

GastroRelief Suspension is used for the relief of gastric and discomforts of peptic ulcer, heartburn, dyspepsia (indigestion) and acid reflux. It also helps to relieve gastrointestinal conditions caused by excessive gas (flatulence).

How GastroRelief Suspension works

GastroRelief Suspension contains Aluminium Hydroxide and Magnesium Hydroxide which can react with hydrochloric acid and convert to their respective chloride salts in the stomach.

They reduce gastric acidity by neutralizing secreted gastric acid. Simethicone with its antifoam properties allows mucus-surrounded gas bubbles in the GI tract to coalesce and be expelled.

Before you use GastroRelief Suspension

– When you must not take it

Do not take this product if you are allergic (hypersensitivity) to Aluminium Hydroxide, Magnesium Hydroxide or Simethicone. This product should not be given to patients who severely debilitated or suffering from kidney failure.

– Before you start to use it

This product should be used with caution in patients with renal insufficiency.

– Taking other medicines

May interfere with or reduce the absorption of anticholinergic agents, Barbiturates, Digoxin, Quinidine and vitamins.

Antacid can interfere with the absorption of iron preparations, Tetracyclines or other antibiotics.

Hence, antacids should not be taken within 2 hours of other medications because the effectiveness of the other medications may be affected.

How to take GastroRelief Suspension

Shake well before use.

– How much to take

Adults and children above 12 years:

Take 10ml to 20ml 4 times a day.

– When to take it

Preferably 20 minutes to 1 hour after meals and at bedtime or as directed by doctor.

– How long to take it

Take as directed by your doctor or pharmacist.

– If you forget to take it

If you forget to take GastroRelief Suspension, take it as soon as you remember. Never double up on the next dose to make up for the one missed.

– If you take too much (overdose)

Symptoms of overdose may include gastrointestinal irritation, diarrhoea, and constipation. Severe poisoning may produce hypermagnesemia.

Treatment consists of the intravenous administration of Calcium Gluconate injection 10% in a dose of 10 to 20ml to counteract respiratory depression or heart block. If renal function is normal, adequate fluids should be given to assist removal of Magnesium from the body. Dialysis may be necessary in patients with renal impairment or severe hypermagnesemia.

Treatment should be symptomatic and supportive.

While you are using GastroRelief Suspension

– Things you must do

Check with your doctor if symptoms persist or getting worse.

– Things you must not do

Do not take this product to treat any other conditions unless it has been prescribed by your doctor.

– Things to be careful of

This product should be used with caution in patients with renal insufficiency.

Side Effects

Antacids may occasionally cause constipation, diarrhoea, nausea and vomiting.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of GastroRelief Suspension

– Storage

- Store below 30°C.
- Protect from light.
- Keep out of reach of children.

– Disposal

Do not take this after the expiry date. An expiry date is printed on the label and box of the medicine.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

– What it looks like

GastroRelief Suspension is available either in white coloured, peppermint flavoured suspension or white coloured, and blackcurrant flavoured suspension.

– Ingredients

- Active ingredients
Each 10ml contains Aluminium Hydroxide 400mg, Magnesium Hydroxide 400mg, Simethicone 60mg.
- Inactive ingredients
Sucralose, Sorbitol Powder, Xanthan Gum, Titanium Dioxide, Sorbitol Solution 70%, Peppermint Oil, Chloroform, Purified Water, Blackcurrant Flavour, Tutti Frutti Flavour.

GastroRelief Suspension

Aluminium Hydroxide, Magnesium Hydroxide, Simethicone (400mg/10ml, 400mg/10ml, 60mg/10ml)

– *MAL Number:*

GastroRelief Suspension (Blackcurrant)
MAL16115041X

GastroRelief Suspension (Peppermint)
MAL16115042X

**Manufacturer and Product
Registration Holder**

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Date of Revision

09/08/2024

Serial Number

NPRA(R2/1)240807/1322