

# ACTIV-RUB PAIN RELIEF EMULSION GEL

Methyl Salicylate / Menthol (30% w/w / 8% w/w)

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## What Activ-Rub Pain Relief Emulsion Gel is used for

Activ-Rub Pain Relief Emulsion Gel is used to provide temporary pain relief for minor aches and pains of muscles and joints associated with arthritis, simple backache, strains, and sprains.

## How Activ-Rub Pain Relief Emulsion Gel works

Activ-Rub Pain Relief Emulsion Gel has mild, analgesic, and local anesthetic effects. When massaged gently onto the skin, a cooling effect is felt initially followed by a warm sensation.

## Before you use Activ-Rub Pain Relief Emulsion Gel

### - When you must not use it

Do not use:

- If you are allergic (hypersensitive) to methyl salicylate, menthol, or any of the other ingredients of Activ-Rub Pain Relief Emulsion Gel listed at the end of this leaflet. If you are not sure, ask your doctor or pharmacist.
- If you are pregnant or breastfeeding.
- If your child is below 12 years old.
- If your child is suffering from flu, chickenpox, or fever.

### - Before you start to use it

Before you start using it, test it on a small area first.

### *Pregnancy and lactation*

Do not use Activ-Rub Pain Relief Emulsion Gel if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not use Activ-Rub Pain Relief Emulsion Gel if you are breastfeeding.

Ask your doctor or pharmacist for advice before using any medicine.

### - Taking other medicines

This product contains methyl salicylate and when applied or rub onto the skin, can be absorbed through the skin into the blood. For patients taking warfarin, please use under direction of doctor to avoid excessive application onto the skin which may lead to potential bleeding incidence caused by the effect of warfarin. Please consult your doctor before using this product.

Tell your doctor and pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket, or health food shop.

## How to use Activ-Rub Pain Relief Emulsion Gel

### - How much to use

Apply a small quantity and gently massage onto the affected area until completely absorbed. Repeat 3 to 4 times daily as necessary.

### - When to use it

Use it when there is muscle / joint aches and pains.

### - How long to use it

Continue using Activ-Rub Pain Relief Emulsion Gel as long as your doctor or pharmacist recommends.

### - If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

### - If you use too much (overdose)

Mild chronic salicylate intoxication, or salicylism, usually occurs only after repeated use of large doses. Salicylism can also occur following excessive topical application of salicylates. Symptoms include dizziness, tinnitus, deafness, sweating, nausea and vomiting, headache, and confusion, and may be controlled by reducing the dosage.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

## While you are using it

### - Things you must do

Use this gel exactly as your doctor or pharmacist has told you. Tell your doctor, dentist, or pharmacist that you are using Activ-Rub Pain Relief Emulsion Gel.

### - Things you must not do

Do not use on wounds or damaged skin.

Do not use bandage or heating pad on the applied area.

Do not apply over large areas of the body.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Activ-Rub Pain Relief Emulsion Gel to anyone else, even if they have the same symptoms or condition as you.

Activ-Rub Pain Relief Emulsion Gel is for topical use only. Do not use it in the mouth. Do not swallow it. Be careful not to get Activ-Rub Pain Relief Emulsion Gel in your eyes. If this happens, rinse your eyes well with clean water. See your doctor or pharmacist if any discomfort persists.

### - Things to be careful of

Do not use in children below 12 years of age.

Avoid contact with eyes, mucous membrane, broken or irritated skin.

## Side effects

Like all medicines, Activ-Rub Pain Relief Emulsion Gel can cause side effects, although not everybody gets them.

Headache, dizziness, nausea and vomiting, skin irritation, contact dermatitis, rash, itching, redness or swelling, burning, or stinging sensation may occur.

May cause hypersensitivity/allergic reaction in some individuals with sensitive skin.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug

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Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

**Serial number**  
NPRA (R2) 25/234

## Storage and Disposal of Activ-Rub Pain Relief Emulsion Gel

### - Storage

- Keep out of the reach and sight of children.
- Protect from light.
- Store below 30°C.
- Keep cap tightly closed after opening.
- Do not use this product after the expiry date or if the tube is leaking or if the tube nozzle cover is broken.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

Activ-Rub Pain Relief Emulsion Gel is a white to off-white gel.

### - Ingredients

- Active ingredients  
Methyl Salicylate, Menthol.
- Inactive ingredients  
Carbomer 940, Propylene Glycol, Sodium Hydroxide 1M, N-Methylpyrrolidone, Isopropyl Myristate, Polysorbate 80, Polyoxyl 40 Hydrogenated Castor Oil, Isopropyl Alcohol, Purified Water.

### - MAL number:

MAL\*\*\*\*\*XZ

## Manufacturer

Winwa Medical Sdn. Bhd.  
1952, Lorong I.K.S. Bukit Minyak 3,  
Taman I.K.S. Bukit Minyak,  
14000 Bukit Mertajam,  
Pulau Pinang, Malaysia.

## Product Registration Holder

Winwa Medical Sdn. Bhd.  
1952, Lorong I.K.S. Bukit Minyak 3,  
Taman I.K.S. Bukit Minyak,  
14000 Bukit Mertajam,  
Pulau Pinang, Malaysia.

## Date of revision

10/12/2025

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