

FLEXIJOINT 3-IN-1 JOINT CARE TABLET

Glucosamine HCl / Chondroitin Sulfate / Methylsulfonylmethane (500mg / 400mg / 300mg)

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What flexijoint 3-in-1 Joint Care Tablet is used for

flexijoint 3-in-1 Joint Care Tablet is used as adjuvant therapy for osteoarthritis.

How flexijoint 3-in-1 Joint Care Tablet works

flexijoint 3-in-1 Joint Care Tablet contains Glucosamine which forms cartilage tissue in the body and provides lubricant activity by increasing synovial fluid production. Chondroitin is an important structural component of cartilage and provides much of its resistance to compression. Methylsulfonylmethane (MSM) blocks the inflammatory process and has been used as an application for pain relief over arthritis joints.

Before you use flexijoint 3-in-1 Joint Care Tablet

- When you must not take it

Do not take this product if you are allergic (hypersensitivity) to Glucosamine, Chondroitin and MSM. This product should not be given to patients who allergic to shellfish.

- Before you start to use it

Check with your doctor before using this product during pregnancy or breastfeeding.

Administration during the first 3 months of pregnancy must be avoided.

- Taking other medicines

Glucosamine may reduce the effectiveness of antidiabetic agent such as Acarbose, Acetohexamide, Chlorpropamide, Glipizide, Glyburide, Metformin, Miglitol, Pioglitazone, Repaglinide, Rosiglitazone, Glimepiride, Tolbutamide and Troglitazone.

Glucosamine may also reduce the effectiveness of anticancer agent such as Doxorubicin, Etoposide and Teniposide. Concomitant use of Glucosamine potentiates the effect of Warfarin.

How to take flexijoint 3-in-1 Joint Care Tablet

- How much to take

Adults:

Light and moderate: Take 1 tablet twice daily for a period of at least 6 weeks.

Severe: Take 1 tablet 3 times daily for a period of at least 8 to 12 weeks.

Maintenance therapy: Take 1 tablet twice daily followed 3 to 4 months.

- When to take it

May be taken before food.

- How long to take it

Take as directed by healthcare professional.

- If you forget to take it

If you forget to take flexijoint 3-in-1 Joint Care Tablet, take it as soon as you remember. Never double up on the next dose to make up for the one missed.

- If you take too much (overdose)

No cases of accidental overdose are known or have been reported.

While you are using flexijoint 3-in-1 Joint Care Tablet

- Things you must do

To treat the underlying cause of osteoarthritis, it is advisable to take a pain killer or anti-inflammatory drug if required during the first 2 to 3 weeks of therapy as the therapeutic effect can only be seen after 2 to 3 weeks.

- Things you must not do

Safety and effectiveness have not been established in children; therefore, children should avoid using it.

- Things to be careful of

The administration in patients with severe liver or kidney failure should be made under medical supervision.

Side Effects

The below side effects were reported:

- Swelling of lower legs or hands, rapid heartbeat
- Drowsiness, headache, insomnia
- Nausea, vomiting, diarrhoea, indigestion or stomach ache, constipation, heartburn and eating disorder
- Skin redness and itching

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of flexijoint 3-in-1 Joint Care Tablet

- Storage

- Store below 30°C.
- Protect from light, heat and moisture.
- Keep out of reach of children.

- Disposal

Do not take this after the expiry date. An expiry date is printed on the label and box of the medicine.

Product Description

- What it looks like

White to off-white, diamond shaped tablet with score on both sides.

- Ingredients

Active ingredient

Each tablet contains Glucosamine HCl 500mg, Chondroitin Sulfate 400mg and Methylsulfonylmethane 300mg.

Inactive Ingredients

Microcrystalline Cellulose, Copovidone, Crospovidone, Colloidal Silicon Dioxide, Polyethylene, Glycol 6000, Magnesium Stearate, Isopropyl Alcohol.

- MAL Number:

MAL21066039X

Manufacturer and Product Registration Holder

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