RESTORS ORAL POWDER (LEMON LIME FLAVOUR)

Sodium Chloride / Sodium Citrate / Potassium Chloride / Dextrose Anhydrous (520mg / 580mg / 300mg / 2700mg per sachet)

What is in the leaflet

1. What Restors Oral Powder is used for
2. How Restors Oral Powder works
3. Before you use Restors Oral Powder
4. How to take Restors Oral Powder
5. While you are using it
6. Side Effects
7. Storage and Disposal of Restors Oral Powder
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What Restors Oral Powder is used for

Restors Oral Powder is used to restore fluid and electrolyte loss and prevent dehydration (excessive loss of fluid from the body) due to diarrhea, and vomiting.

How Restors Oral Powder works

Restors Oral Powder contains ingredients that works to re-hydrate the body by replenishing lost fluids and electrolytes and provides a source of energy.

Before you use Restors Oral Powder

– *When you must not take it*

Do not take Restors Oral Powder if you are allergic to any of the ingredients in this medicine (listed in Product Description).

Do not use this medicine if you suffer from any of the following:

- Difficulty in passing urine or any severe kidney problem
- A blockage in the digestive system
- A condition where the body cannot properly absorb certain sugars

– *Before you start to use it*

Before taking this medicine, tell your doctor if you have:

- heart or kidney problems
- high blood pressure
- swelling in the limbs or lungs
- pregnancy complications called toxemia (that causes persistent high blood pressure)

Pregnancy and lactation

You may take this product in pregnancy and lactation. However, please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

– *Taking other medicines*

Inform your doctor or pharmacist before taking this medicine, including any that you get without a prescription from your pharmacy, supermarket, or health food store.

How to take Restors Oral Powder

Take Restors Oral Powder as your doctor or pharmacist has told you.

Use instructions:

1. Dissolve one sachet in 200ml of drinking water and stir well.
2. Take it orally.
3. Always use exactly 200ml of water; do not adjust the amount of water used.

– *How much to take*

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Mild to Moderate Dehydration:
Infants (up to 1 year): Your doctor will decide the dose or volume that should be given to your baby. For infants, use water that has been freshly boiled and then cooled.

Children: Dilute and give 1 sachet for every loose stool or vomiting

Adults: Dilute and take 1 to 2 sachets for every loose stool or vomiting

– *When to take it*

Take the diluted medication for every loose stool or vomiting or as directed by your doctor or pharmacist.

– *How long to take it*

Take the medicine for the duration as your doctor or pharmacist recommends.

– *If you forget to take it*

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

– *If you take too much (overdose)*

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

An overdose of dextrose may cause nausea and vomiting; sodium overdose may lead to symptoms like weakness, thirst, swollen tongue, dizziness, and severe cases can result in confusion or breathing more deeply; potassium chloride overdose may cause symptoms such as tingling, confusion, muscle weakness, and potentially life-threatening heart issues.

While you are using Restors Oral Powder

– *Things you must do*

Tell all the doctors, dentists and pharmacists treating you that you are using Restors Oral Powder.

Consult a doctor if diarrhoea persists for more than:

- 6 hours in infants under 6 months.
- 12 hours in children aged 6 months to 3 years.
- 24 hours in children aged 3 to 6 years.
- 48 hours in children over 6 years and adults.

Talk to your doctor if your symptoms worsen or do not improve. Your doctor will assess your condition and decide if you should continue to take the medicine.

– *Things you must not do*

Do not dilute the medicine with any fluid other than drinking water.

Do not add sugar or sweetener to the solution.

Do not boil the solution after it is prepared.

Do not use Restors Oral Powder to treat any other conditions unless your doctor or pharmacist tells you so.

Do not use any new medicines without consulting your doctor or pharmacist.

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Do not give Restors Oral Powder to anyone else, even if they have the same symptoms or condition as you.

– *Things to be careful of*
For severe dehydration, seek medical attention immediately.

Side Effects
Like all medicines, Restors Oral Powder can cause side effects, although not everybody gets them.

Vomiting can occur if the solution is consumed too quickly.

If vomiting or nausea occurs, take smaller sips of the solution at regular intervals. Wait about 10 minutes after vomiting before taking the solution again.

If you get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Restors Oral Powder
– *Storage*
- Store below 30°C.
- Protect from light and moisture.
- Store the prepared solution in a refrigerator and discard any unused solution after 24 hours.
- Keep out of reach of children.

– *Disposal*
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description
– *What it looks like*
White powder with lemon lime flavour and becomes a colourless solution when dissolved in water.

– *Ingredients*
- Active ingredient
  Sodium Chloride, Sodium Citrate, Potassium Chloride, Dextrose Anhydrous.
- Inactive ingredients
  Sucralose, Lime Juice Powder, Lemon Flavour Powder.

– *MAL Number:*
MAL08032211XZ

Manufacturer and Product Registration Holder
Winwa Medical Sdn Bhd
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