

FLEXIJOINT GLUCOSAMINE 1500MG POWDER

Glucosamine sulfate (1500mg)

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What Flexijoint Glucosamine 1500mg Powder is used for

Flexijoint Glucosamine 1500mg Powder is indicated as adjuvant therapy for osteoarthritis (loss of cartilage in joints).

How Flexijoint Glucosamine 1500mg Powder works

Glucosamine plays an important role in the production, maintenance, and repair of cartilage between two bones (joints) and prevents them from rubbing against each other as we move.

Before you use Flexijoint Glucosamine 1500mg Powder

- When you must not take it

Do not take Flexijoint Glucosamine 1500mg Powder if you are:

- hypersensitive to glucosamine or any other ingredients of this medicine (listed in Product Description).
- allergic to shellfish as the active ingredient is obtained from seafood (shellfish).
- phenylketonuric (a genetic condition that causes phenylalanine to build up in the body)

- Before you start to use it

Tell your doctor if you have:

- diabetes
- impaired liver or kidney functions

Glucosamine Sulphate effect is only seen after 1 week. You may have to use painkiller in case of severe pain during the first few days of treatment with Glucosamine. Consult your doctor or pharmacist before taking any medication.

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breastfeeding before using any medicine.

Do not take the medicine in the first three months of pregnancy.

- Taking other medicines

Tell your doctor if you are taking:

- Antidiabetic medicines (metformin, tolbutamide, rosiglitazone)

How to take Flexijoint Glucosamine 1500mg Powder

- How much to take

Dissolve the content of one (1) sachet in water.

- When to take it

Take once daily before food or as directed by your doctor or pharmacist.

- How long to take it

The initial therapy should be taken for at least 3 months.

Following the initial therapy, your doctor will adjust the dose according to your response.

Use Flexijoint Glucosamine 1500mg Powder for the duration that the doctor recommends.

- If you forget to take it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using Flexijoint Powder

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Flexijoint Glucosamine 1500mg Powder.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Flexijoint Glucosamine 1500mg Powder to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how Flexijoint Glucosamine 1500mg Powder affects you.

Side Effects

The below side effects were reported:

- Swelling of lower legs or hands, rapid heartbeat
- Drowsiness, headache, difficulty sleeping
- Nausea, vomiting, diarrhoea, indigestion or stomach ache, constipation, heartburn and eating disorder
- Skin redness and itching

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Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

Date of revision

30/04/2024

Serial Number:

NPRA(R4/1)14102022/00092

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Flexijoint Glucosamine 1500mg Powder

- Storage

- Store below 30°C.
- Protect from light, heat and moisture.
- Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White coloured fine powder.

- Ingredients

Active ingredient
Glucosamine sulfate 1500mg.

Inactive Ingredients

Isomalt, aspartame, citric acid.

- MAL Number:

MAL07091052X

Manufacturer and Product Registration Holder

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