

Your doctor or pharmacist will have a complete list of the medicines that may interact with medicines containing Paracetamol.

How should you store ACTIMAX 500 Tablet

Storage

- Keep out of reach of children.
- Jauhkan daripada kanak-kanak.
- Store below 25°C. Protect from light and moisture.
- Always keep the medicine in the packaging in which it was originally given to you.
- Keep cap tightly closed after opening.
- Do not leave it in the car as heat can destroy this medicine.

Shelf life

3 years from the date of manufacture.

Disposal

Never keep out of date medicines. Discard them safely out of reach of children.

Manufactured by and for:

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for better health



PATIENT INFORMATION LEAFLET

What is in this leaflet

This leaflet answers some common questions about **ACTIMAX 500 Tablet**.

It does not take the place of talking to your doctor or pharmacist.

Keep this leaflet with the medicine as you may need to read it again.

If you have any questions about this medicine, talk to your doctor or pharmacist.

Product description

How it looks like

ACTIMAX 500 Tablet is a white coloured round and flat uncoated tablet with score on one side. **ACTIMAX 500 Tablet** is available in boxes of 10 x 12 tablets and 50 x 12 tablets in blister pack. It is also available in a bottle of 1000 tablets packed and sealed inside an aluminium bag.

Active ingredient

The active ingredient of **ACTIMAX 500 Tablet** is Paracetamol. Each tablet contains Paracetamol 500mg.

What is ACTIMAX 500 Tablet

ACTIMAX 500 Tablet contains Paracetamol which belongs to a group of medicines called analgesic that helps to relief mild to moderate aches and pains. Hence, **ACTIMAX 500 Tablet** can be used to treat headache, toothache, back pain and a wide range of conditions associated with aches and pains. It works by stopping the pain signals from getting through to the brain.

ACTIMAX 500 Tablet also reduces fever by acting on the heat regulating centre on the brain.

ACTIMAX 500 Tablet is rapidly and completely absorbed following oral administration and will exert its effect between 30 minutes to 2 hours later. This effect could last for 3 to 4 hours.

What is ACTIMAX 500 Tablet used for

ACTIMAX 500 Tablet is used for the relief of fever and mild to moderate pain including headache, migraine, symptoms of colds and flu, dental pain, period pain, back pain, muscular pain, nerve pain and osteoarthritis.

Your doctor may have prescribed **ACTIMAX 500 Tablet** for another reasons or conditions.

How much and how often should you take this medicine

Who can take this

ACTIMAX 500 Tablet is suitable for adults, the elderly and children above 12 years old. The tablet is marked with a score so that it can be easily cut into half for younger children under the age of 12.

How to take this

Adults, the elderly and children above 12 years:
Take 1 to 2 tablets every 4 to 6 hours as required. Do not take more than 8 tablets in 24 hours.
Children 6 to 12 years:
Give ½ to 1 tablet every 4 to 6 hours as required. Do not give more than 4 tablets in 24 hours.

Do not exceed the recommended dose unless advised by your doctor.

This medicine can be crushed and mixed with water or fruit juice for administration by younger children.

For children under 6 years old it is recommended to take suspension.

Things to be careful of

This preparation contains Paracetamol. Do not take any other Paracetamol containing medicines at the same time.

What should you do if you forget to take it

If you forget to take **ACTIMAX 500 Tablet** or give it to your child, take or give it as soon as you remember. Do not try to make up for the missed dose by taking or giving more than you would normally.

What to do when you have taken more than recommended

Do not take or give more than the recommended dose unless it is advised by your doctor or pharmacist. In case of overdose, call your doctor or go to the accident and emergency centre at your nearest hospital immediately.

What are the signs and symptoms of overdose

There may be no symptoms during the first 24 hours although pallor, nausea, vomiting, diarrhoea and stomach cramps or pain may occur. Despite a lack of significant early symptoms of overdose, immediate medical attention is crucial because of the risk of delayed, serious liver damage.

When should you not take ACTIMAX 500 Tablet

- Do not take if you are allergic to Paracetamol or any other ingredients in the tablet.
- Do not take this after the expiry date. An expiry date is printed on the label and box of the medicine.

When should you consult your doctor

You must seek advice first before taking this medicine:

- If you have any medical conditions such as impaired liver or kidney functions.
- If you are pregnant or breast feeding.

You must seek advice after taking this medicine

- If you develop a rash or allergic reactions, stop taking this medicine and talk to your doctor or pharmacist immediately.
- If your pain persists for more than 10 days for adults (5 days for children) or if your pain gets worse, new symptoms occur or the painful area is inflamed or swollen.
- If the fever last for more than 3 days or recurs, and if the fever gets worse or extremely high.

What are the undesirable effects of this medicine

Like all medicines, this medicine may cause some unwanted effects.

Paracetamol has been widely used and the side effects are mild and infrequent. Skin rashes may occur occasionally and blood disorders have been reported.

Allergic reactions may also occur. The symptoms that may be seen are skin rashes, swelling and difficulty in breathing in more severe cases. Stop this medicine immediately and talk to your doctor if you notice any of these symptoms.

What other medicines should be avoided while taking this

Before taking or giving this medicine to your child, you should always check with your doctor or pharmacist if you or your child is taking any of these medicines:

Chloramphenicol, anticoagulant (e.g. Warfarin), drugs increasing or decreasing gastric emptying (e.g. Metoclopramide, Propantheline or narcotic analgesic, Pethidine) and enzyme-inducing agents (e.g. Phenytoin).