

# SINU-C SUSPENSION

Paracetamol / Pseudoephedrine HCl / Chlorpheniramine maleate (250mg / 15mg / 1mg)

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## What SINU-C Suspension is used for

SINU-C Suspension relieves common cold and flu symptoms including fever and pain, headache, body aches, nasal congestion and runny nose. It also relieves allergic symptoms such as sneezing, itching and watery eyes.

## How SINU-C Suspension works

SINU-C Suspension contains 3 active ingredients. Paracetamol helps to ease pain and reduce fever. It is rapidly and completely absorbed following oral administration and will exert its effect between 30 minutes to 2 hours later. This effect could last for 3 to 4 hours. Pseudoephedrine HCl acts directly on  $\alpha$ -adrenergic receptors in the respiratory tract mucosa producing vasoconstriction resulting in the shrinkage of swollen nasal mucous membrane, reduction of tissue hyperaemia, oedema, nasal congestion, and an increase in nasal airway potency. Chlorpheniramine Maleate acts to relieve the allergic conditions by antagonizing the effects of histamine.

## Before you use SINU-C Suspension

### - When you must not take it

Do not take this product if you are allergic (hypersensitivity) to Paracetamol, Pseudoephedrine and Chlorpheniramine or any other ingredients in it.

This product should not be taken for patient with severe hypertension and coronary heart diseases.

Do not give this product to children less than 2 years of age.

### - Before you start to use it

Used with caution and doctor's advice in children 2 to 6 years of age.

Administer with caution to patients with liver or kidney disease, hypertension, heart disease, thyroid disease, diabetes, glaucoma, asthma, prostatic hyperplasia or bladder dysfunction, stenotic peptic ulcer, pyloroduodenal obstruction and urinary bladder obstruction.

### - Taking other medicines

There are some medicines SINU-C Suspension may interfere with each other. These include:

- Chloramphenicol
- Oral anticoagulant (e.g. Warfarin)
- Prokinetic drugs (e.g. Metoclopramide)
- Gastroparesis drugs (e.g. Pethidine)
- Enzyme-inducing agents (e.g. Phenytoin)
- Aluminium Hydroxide and Kaolin
- Adrenergic neurone blockers (e.g. Bretylium)
- Barbiturates, anxiolytics, Tricyclic antidepressants (TCAs), hypnotics or other CNS depressants
- Other antimuscarinic drugs

## How to take SINU-C Suspension

### - How much to take

Children above 12 years:

Take 15ml 3 to 4 times daily. (maximum daily dose of 60ml)

Children 6 to 12 years:

Give 10ml 3 to 4 times daily. (maximum daily dose of 40ml)

Children 2 to 5 years:

Give 5ml 3 to 4 times daily. (maximum daily dose of 20ml)

Do not exceed 4 doses in 24 hours.

Shake well before use.

### - When to take it

You should follow the dosing regimen recommended by your doctor or pharmacist.

### - How long to take it

Continue taking SINU-C Suspension until your symptoms have resolved.

### - If you forget to take it

If you forget to take SINU-C Suspension, take it as soon as you remember. Never double up on the next dose to make up for the one missed.

### - If you take too much (overdose)

In case of overdose, call National Poison Centre (1800 888 099) or your doctor or go to the accident and emergency centre at your nearest hospital immediately.

## While you are using SINU-C Suspension

### - Things you must do

Keep to the recommended dose.

Please consult your pharmacist / doctor if symptoms persist / worsen.

### - Things you must not do

Do not take SINU-C Suspension to treat any other conditions unless your pharmacist or doctor tells you so.

Do not give your medicines to anyone else, even if they have the same condition as you.

### - Things to be careful of

This preparation contains Paracetamol. Do not take any other Paracetamol containing medicines at the same time.

This product may cause drowsiness and impair performance. If this occurs do not drive or operate machinery. Avoid Alcohol drinks.

## Side Effects

Allergy alert: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters or rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away. Other unwanted side effects such as haematological reactions, tachycardia, anxiety, restlessness, insomnia, urinary retention, blurred vision and dry mouth.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03- 78835490, or visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of SINU-C Suspension

### - Storage

- Store below 30°C.
- Protect from light.
- Keep cap tightly closed.
- Keep out of reach of children.

### - Disposal

Do not take this after the expiry date. An expiry date is printed on the label and box of the medicine.

## Product Description

### - How it looks like

Pink coloured suspension with blackcurrant flavoured. Alcohol free.

## Ingredients

### Active Ingredients

Each 5ml contains Paracetamol 250mg, Pseudoephedrine Maleate 15mg and Chlorpheniramine Maleate 1mg.

### Inactive Ingredients

Methyl Hydroxybenzoate, Propyl Hydroxybenzoate, Sodium Benzoate, Sodium Saccharin, Sugar, Tragacanth Powder, Xanthan Gum, Sorbitol Solution 70%, Raspberry Red WS, Blackcurrant flavour, Purified Water.

### - MAL Number:

MAL06111499AZ

## Manufacturer and Product Registration Holder

Winwa Medical Sdn. Bhd.  
1952, Lorong I.K.S. Bukit Minyak 3,  
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