

MELOX TABLET

Meloxicam (7.5mg, 15mg)

In this leaflet:

1. What MELOX is used for
2. How MELOX works
3. Before you use MELOX
4. How to use MELOX
5. While you were using it
6. Side effects
7. Storage and disposal of MELOX
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What MELOX is used for

MELOX tablets are used to treat:

- Symptomatic treatment of painful osteoarthritis (arthrosis, degenerative joint disease)
- Symptomatic treatment of rheumatoid arthritis (inflammation in rheumatic disease)
- Symptomatic treatment of ankylosing spondylitis (chronic inflammatory disease of the skeleton)

Your doctor may, however, prescribe MELOX for another reason. Ask your doctor if you have any questions about why MELOX has been prescribed for you.

How MELOX works

MELOX is an anti-inflammatory medicine with pain-killing and fever-reducing properties. It belongs to a group of medicines known as NSAIDs (non-steroidal anti-inflammatory drugs).

Before you use MELOX

- When you must not use it

Do not take MELOX if:

- you are in the last three months of pregnancy or if you are breastfeeding
- you are allergic (hypersensitive) to meloxicam or any other ingredient of the tablet
- you are allergic to acetylsalicylic acid (aspirin) or other anti-inflammatory medicine (NSAID)
- you have ever suffered from wheezing, nasal polyps (nasal obstruction due to swellings in the lining in your nose) along with a runny nose, swelling (angioedema) of the skin, urticarial (nettle rash) when taking

acetylsalicylic acid (aspirin) or other anti-inflammatory medicine (NSAID)

- you have or have ever had a recurrent gastrointestinal ulcer or bleeding (ulcer or bleeding of the stomach or intestines)
- you have ever had a gastrointestinal bleeding (bleeding in the stomach or intestines) related to previous NSAIDs therapy
- you have serious liver disease
- you have serious kidney disease and are not undergoing dialysis
- you have severe heart failure
- you are a child or adolescents aged under 16 years.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, you are your doctor or pharmacist for advice before taking this medicine.

Pregnant women must not use Melox during the last three months of pregnancy. The use of Melox should be avoided by women who are planning a pregnancy or are pregnant. Treatment at any stage of pregnancy must take place only where prescribed by a doctor.

Melox might pass into breast milk and shall not be used if you are breastfeeding.

- Before you start to use it

Tell your healthcare providers if:

- you have ever suffered from gastrointestinal ulcer or bleeding (ulcer or bleeding of the stomach or intestines)
- you have high blood pressure
- you are elderly
- you have hypovolemia (reduced blood volume) which may occur if you have serious blood loss or burns, surgery or low fluid intake
- you have ever been diagnosed with high potassium levels in the blood

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without prescription. It is important to tell the doctor if you are taking:

- other NSAIDs and acetylsalicylate acid
- Trimethoprim (antibiotic)
- cholestyramine, which is used to lower cholesterol level
- medicine which affect blood-clotting (anti-coagulants and thrombocyte inhibitors)
- methotrexate, which is used in cancer treatment, psoriasis and rheumatism
- Diuretic (water-pill) and blood-pressure-lowering medicines, such as ACE inhibitors, beta-blockers and angiotensin II antagonists.
- Lithium, which is used for various psychological disorders
- Cyclosporine, tacrolimus which are used to suppress the immune system
- Corticosteroids eg. glucocorticoids which are used for allergies and inflammation
- Anti-depressants
- The effectiveness of contraceptive coils may be reduced.

How to use MELOX

- How much to use

Your doctor will tell you how much Melox to take and when to take it.

For osteoarthritis: 7.5mg once a day (1 tablet of Melox 7.5mg or half tablet of Melox 15mg). When necessary, the dose can be increased to 15mg once a day.

For rheumatoid arthritis or ankylosing spondylitis: 15mg once a day (2 tablets of Melox 7.5mg or 1 tablet of Melox 15mg). This may be reduced to 7.5mg once a day.

For elderly: for long term treatment, 7.5mg once a day (1 tablet of Melox 7.5mg or half tablet of Melox 15mg) is recommended.

Do not exceed the recommended maximum dose of 15mg a day. Melox must not be given to children and adolescents under 16 years of age.

MELOX tablets should be swallowed with water during a meal.

MELOX TABLET

Meloxicam (7.5mg, 15mg)

- When to use it

Always take MELOX exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

- How long to use it

It is very important to ask your doctor or pharmacist before stop taking the medicine.

- If you forget to use it

If you forget to take a dose, take it as soon as you remember, unless it is almost the time for your next dose. Never take two doses together to make up for the forgotten dose.

- If you use too much (overdose)

Contact your doctor or pharmacist straight away or go to the emergency department of your local hospital at once. Always take the container with you, if possible, even if it is empty.

While you are using it

- Things you must do

During your treatment with MELOX you should avoid excessive sunlight, such as sunbathing, as in rare cases this can cause a skin reaction (photosensitivity).

- Things you must not do

Do not give MELOX to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

MELOX contains lactose, which is a sugar.

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

Driving and using machines:

You may have side effects such as visual disturbances, drowsiness and dizziness. In this case, do not drive or use machines.

Side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. If you get any of the following side effects, stop taking MELOX and contact your doctor immediately:

- Indigestion (dyspepsia), feeling unwell, vomiting, abdominal pain, flatulence
- Headache, mood altered, nightmares
- Allergic reaction
- Rash or severe skin problem e.g. Steven-Johnson syndrome
- Oedema (excess water accumulation in the body)

Do not worry about this list of possible effects; you may not have any of them. If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [(Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))]

Storage and disposal of MELOX

- Storage

Keep out of the reach and sight of children.

Store below 30°C in the original package in a dry place

- Disposal

Do not use after the expiry date stated on the carton and blister.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

MELOX 7.5mg tablets are light yellow, round, flat, scored on one side, with 7mm diameter.

MELOX 15mg tablets are light yellow, round, flat, scored on one side, with 10.5mm diameter.

- Ingredients

- Active ingredient

Each MELOX 7.5mg tablet contains 7.5mg meloxicam.

Each MELOX 15mg tablet contains 15mg meloxicam.

- Inactive ingredients

MELOX 7.5mg tablets also contain: sodium citrate dehydrate, lactose monohydrate, microcrystalline, povidone, crospovidone, colloidal silicon dioxide and magnesium stearate.

MELOX 15mg tablets also contain: sodium citrate dehydrate, lactose monohydrate, microcrystalline cellulose, povidone, crospovidone, colloidal silicon dioxide and magnesium stearate

- MAL Number:

MELOX 7.5mg Tablet

MAL20032425AZ

MELOX 15MG tablet

MAL20032426AZ

Manufacturer

MEDOCHEMIE LTD (Central Factory), 1-10, Constantinopouleos Street, 3011 Limassol, Cyprus

Product Registration Holder

KOMEDIC SDN BHD, 4 Jalan PJS 11/14, Bandar Sunway, 46150 Petaling Jaya, Selangor D.E.

Date of revision

25/01/2023

Serial Number

NPRA (R4/1)240320/0048