

VASCOTEN TABLET

Consumer Medication Information Leaflet (RIMUP)

Atenolol (50mg, 100mg)

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What VASCOTEN is used for

VASCOTEN can be used to:

- Treat high blood pressure (hypertension)
- Treat uneven heart beats (arrhythmias)
- Helps prevent chest pain (angina)
- Protect the heart in the early treatment after a heart attack (myocardial infarction)

How VASCOTEN works

The active ingredient in your tablets is atenolol. This belongs to a group of medicines called beta-blockers and has effects on your heart and circulation.

Before you use VASCOTEN

- When you must not use it

Do not use VASCOTEN if:

- You are allergic (hypersensitive) to atenolol or any of the other ingredients of VASCOTEN Tablets.
- You have ever had any of the following heart problems: heart failure which is not under control (this usually makes you breathless and causes your ankles to swell); second- or third-degree heart block (a condition which may be treated by a pacemaker); very slow or very uneven heart beats, very low blood pressure or very poor circulation, sick sinus syndrome.

Pregnancy and breastfeeding

If you are pregnant or trying or a baby ask your doctor or pharmacist for advice before taking any medicine including VASCOTEN.

Breastfeeding is not recommended for mothers who are taking VASCOTEN.

- Before you start to use it

Tell your doctor if you:

- are pregnant

- have diabetes; your medicine may change how you respond to having low blood sugar. You may feel your heart beating faster
- have thyroid problems (or an overactive thyroid)
- have the form of angina known as Prinzmetal's angina
- have a history of allergies
- have or have had the skin condition psoriasis
- have kidney disease
- have breathing difficulties, asthma or chronic bronchitis; do not take this medicine if you have a history of wheezing or asthma; consult your doctor or pharmacist first
- suffer from cold, blue or numb fingers or toes (for instance Raynaud's phenomenon)
- have poor blood circulation or controlled heart failure
- have first-degree heart block

- Taking other medicines

Before starting treatment, you should tell your doctor if you are taking any of these medicines:

- anaesthetics
- antiarrhythmic agents (medicines which affect the rhythm of the heart e.g. disopyramide, quinidine, amiodarone)
- drugs to treat depression
- medicine for heart failure (digoxin)
- medicines for high blood pressure (eg verapamil, diltiazem, nifedipine or other beta-blockers, clonidine)
- medicines to treat diabetes
- barbiturates, phenothiazines (medicines to treat mental illness)
- medicines to treat coughs and colds, non-steroidal anti-inflammatory drugs (e.g. ibuprofen or indomethacin) and including any that you can buy without prescription

How to use VASCOTEN

- How much to use

The usual dosage(s) are described below:

Adults

- High blood pressure (hypertension): the usual dose is 50mg to 100mg a day.
- Chest pain (angina): the usual dose is 100mg a day or 50mg twice a day.
- Uneven heart beats (arrhythmias): the usual dose is 50mg to 100mg a

day.

- The early treatment of a heart attack (myocardial infarction): the usual dose is 50mg to 100mg a day.

Elderly people

If you are an elderly person, your doctor may decide to give you a lower dose, particularly if you have problems with your kidneys.

People with severe kidney problems

If you have severe kidney problems your doctor may decide to give you a lower dose.

Children

Your medicine must not be given to children.

- When to use it

Always take VASCOTEN exactly as your doctor has told you. You should check with your doctor if you are not sure.

- How long to use it

Continue to take them for as long as your doctor tells you to, it may be dangerous to stop without their advice.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

If you have taken an excessive dose, contact a doctor or pharmacist immediately. Or go to the nearest hospital. Always take the medicine packaging with you so they know what you have taken.

While you are using it

- Things you must do

These tablets should be taken as instructed – swallowed with a glass of water

Tell all doctors, dentists and pharmacists treating you that you are taking VASCOTEN.

- Things you must not do

You are advised to avoid alcohol whilst taking this medicine. Discuss this with your doctor if you have any questions.

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Do not stop taking the medicine unless advised by your doctor.

Do not give VASCOTEN to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Discuss with your doctor before any surgery. VASCOTEN needs to be stopped before you are administered general anaesthetic.

Driving and using machines

VASCOTEN Tablets may make you feel drowsy or dizzy. Make sure you are not affected before you drive or operate machinery.

Side effects

Like all medicines VASCOTEN can cause side effects, although not everybody will get them. These may include:

- coldness and paraesthesia of the extremities (including Raynaud's phenomenon or intermittent claudication), muscle fatigue and sometimes changes to heart rhythm (including slow heart rate or heart block), hypotension, heart failure
- confusion, mood changes, dizziness, headache, sleep disturbances, psychoses and hallucinations
- feeling or being sick, diarrhoea, dry mouth
- disorder of the skin, especially rash
- difficulty breathing
- dry eyes, impaired vision
- hair loss

If any of these side effects happen to you, or you have any other unusual symptoms, stop taking the tablets and contact your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccine AEFI]

Storage and Disposal of VASCOTEN

- Storage

- Keep out of the reach and sight of children
- Stored below 30°C in original package

- Disposal

- Do not use the medicine after the expiry date printed on the pack. The expiry date refers to the last day of that month.
- Medicines should not be disposed via wastewater or household waste. Ask your pharmacist how to dispose of medicines that are no longer required. These measures will help to protect the environment.
- Return any leftover tablets to your pharmacist so that they can be disposed of carefully.

Product Description

- What it looks like

VASCOTEN 50mg Tablet is red, round, concave film-coated tablets, embossed "S" on one side and deep scored on the other side with diameter of nucleus 9.0mm.

VASCOTEN 100mg Tablet is white, round, concave film-coated tablets, embossed "H" on one side and deep scored on the other side with diameter of nucleus 11.0mm.

- Ingredients

Active ingredient (s)

VASCOTEN 50mg Tablet contains 50mg atenolol

VASCOTEN 100mg Tablet contains 100mg atenolol

Inactive ingredients

VASCOTEN 50mg and 100mg Tablets also contain Magnesium carbonate heavy, Starch, pregelatinised, Sodium laurilsulfate, Magnesium stearate, Purified water¹, Opadry white, Red iron oxide (E-172)²

¹ Not present in the finished product

² Included only in the 50mg strength

- MAL number

VASCOTEN	50mg	Tablet
MAL19900629AZ		
VASCOTEN	100mg	Tablet
MAL19900523AZ		

Manufacturer

MEDOCHEMIE LTD (Central Factory),
1-10, Constantinoupoleos Street, 3011
Limassol, Cyprus

Product Registration Holder

KOMEDIC SDN BHD, 4 Jalan PJS
11/14, Bandar Sunway, 46150 Petaling
Jaya, Selangor D.E.

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21-12-2022

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