

ALMIRAL 1% GEL

Diclofenac diethylamine (1% W/W)

What is in this leaflet

1. What ALMIRAL is used for
2. How ALMIRAL works
3. Before you use ALMIRAL
4. How to use ALMIRAL
5. While you are using it
6. Side effects
7. Storage and Disposal of ALMIRAL
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What ALMIRAL is used for

ALMIRAL gel is indicated for external treatment of pain, inflammation and swelling for muscles and joints. For topical use only.

How ALMIRAL works

ALMIRAL is a group of medicine called “non-steroidal anti-inflammatory drug” (NSAID) which works by reducing inflammation and pain in the body.

Before you use ALMIRAL

-When you must not use it

You should not use ALMIRAL:

- if you have allergic reaction to diclofenac or to any of the other components of ALMIRAL gel based mentioned.
- if you have hypersensitivity to any other medicine from the NSAID or acetylsalicylic acid (aspirin) group
- if you are at last trimester of pregnancy
- if you are less than 12 years old

-Before you start to use it

Always wash your hands before and after applying ALMIRAL cream.

- Do not continue treatment if you have skin rash, itching or redness after applying the gel.
- Do not touch your eye until you have washed your hands after application.
- Do not apply ALMIRAL gel to skin with wounds or open injuries.
- You may use non-occlusive bandages together with almiral

gel but not airtight occlusive dressing

- If you have been told by your doctor that you have stomach ulcer, inflamed intestine or weaken liver or kidney, contact your doctor before starting this treatment.

Pregnancy and Breastfeeding:

If you are pregnant or breast-feeding, or think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine. Use of diclofenac in late pregnancy should be avoided. Consult your doctor before you use ALMIRAL if you are breastfeeding.

-Taking other medicines

Before using this gel tell your doctor or pharmacist if you are taking:

- Medication for mental disorder (Lithium)
- Medication for heart failure (Digoxin)
- Medication to thin blood
- Medication to treat diabetes
- Medication to suppress immune system (Ciclosporin)
- Anti-cancer drug (Methotrexate)
- Antibiotic (Quinolone)
- Other NSAIDs
- Steroid
- Medicine to increase production of urine (diuretics)

How to use ALMIRAL

-How much to use

Apply the gel at cherry to walnut- sized amounts 3-4 times daily to affected area and gently rubbed-in.

-When to use it

Use as directed by your doctor or pharmacist

-How long to use it

It is advisable to consult your doctor if the condition improve or worsen within 7 days of starting treatment. Almiral gel should not be used longer than 14 days.

-If you forget to use it

Do not worry. If you do forget a dose, apply when you remember and continue as usual.

-If you use too much (overdose)

If you accidentally ingest the gel, contact your pharmacist or doctor straight away. If you cannot, go to your nearest hospital. Always take the packet of medicine with you, so they know what you have taken.

While you are using it

-Things you must do

Wash hands before and after administration. Always replace the cap on the tube securely.

-Things you must not do

Do not swallow the gel. The gel should not be diluted or admixture with other preparations.

Do not give ALMIRAL to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Driving and operating machinery

If you feel dizzy or having disturbance in vision while using ALMIRAL, stop driving or operate machinery.

Side effects

As with all medicines, during the treatment with ALMIRAL you may experience some side effects. The side effects are:

- Itching or redness of the skin
- Stinging pain following application of the gel
- Sensitive to sunlight

If you notice any of these side effects or any other, contact with your doctor.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

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Storage and Disposal of ALMIRAL

-Storage

- ALMIRAL gel should be stored below 30°C in original package.
- Keep out of reach of children.

-Disposal

Any unused gel should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Do not use the gel after the expiry date.

Product Description

-What it looks like

The gel is colourless, transparent, smooth, homogenous with a characteristic peppermint odour.

-Ingredients

- Active ingredient
Each 25g tube of gel contains diclofenac diethylamine 1%w/w.
- Inactive ingredient
The inactive ingredients for ALMIRAL gel are propylene glycol, isopropanol, carboxypolymethylene monomethylether, peppermint oil, purified water

-MAL number:

MAL19913223AZ

Manufacturer

Medochemie Ltd (Cogols Facility),
Konstantinoupoleos 1-10,
Limassol 3011, Cyprus

Product Registration Holder

Komedic Sdn Bhd, 4 Jalan PJS 11/14,
Bandar Sunway, 46150 Petaling Jaya

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