

LORANS TABLETS

Lorazepam (1mg, 2mg)

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What LORANS is used for

“LORANS” is used as:

- short-term treatment for anxiety
 - sleeping difficulties due to anxiety
- The doctor will tell you exactly why you are receiving the product.

How LORANS works

LORANS belongs to a group of medicines called benzodiazepines. They are thought to work by their action on brain chemicals.

Before you use LORANS

- When you must not use it

You should not take LORANS if you have:

- Allergies to lorazepam or any of the inactive ingredients of LORANS mentioned
- Hypersensitivity to any other medicine from the benzodiazepine group
- Severe breathing or chest problems
- Sleep Apnoea Syndrome (breathing problems when you sleep)
- Myasthenia gravis (very weak or tired muscles)
- Severe liver impairment
- Sugar intolerance

LORANS should be used with caution in people with:

- Depression or psychosis
- Glaucoma (high pressure in the eye)
- Greater risk of falls due to muscle relaxation and a fall in blood pressure
- Abuse of have in the past abused drugs or alcohol
- Breathing problems

- Before you start to use it

Benzodiazepines, including lorazepam are subject to abuse. As anxiety and sleeping difficulties are characteristic and symptomatic of several other diseases, this possibility should be considered and thoroughly investigated by doctor prior to the treatment.

Pregnancy and Breastfeeding:

LORANS should not be used in pregnancy, especially during the first and last trimester. Women planning pregnancy or thinking they are pregnant should consult their doctor to stop taking the medicine. Women of childbearing age who take LORANS must use effective contraception.

If you take this medicine during late pregnancy or during labour, your baby, when born, may be less active than other babies, have a low body temperature, be floppy, or have breathing or feeding difficulties for a while. Your baby's response to the cold might be temporarily impaired. If this medicine is taken regularly in late pregnancy, your baby may develop withdrawal symptoms after birth. Do not take this medicine if you are breast-feeding, since the medicine may pass into breast milk, and cause the baby to be less active and unable to suckle.

- Taking other medicines

Before taking this medicine tell your doctor or pharmacist if you are taking:

- Antipsychotics
- Medicine for sleep disorder (e.g. barbiturates, sedatives, hypnotics)
- Medicine for anxiety or depression
- Pain reliever like narcotic analgesics
- Medicine for allergies (e.g. antihistamine)
- Medicine for seizures (e.g. sodium valproate)
- Anaesthetic
- Medicines that ease breathing (e.g. theophylline, aminophylline)
- Medicines that lower uric acid level (e.g. probenecid)
- Medicines for mental disorder (e.g. loxapine, clozapine)

During treatment with LORANS concomitant use of alcohol or other Central Nervous System depressants should be avoided. If it is necessary, appropriate dose adjustment should be done by the doctor.

Taking LORANS with an opioid medicine (medicine to relieve pain) can depress your central nervous system. Inform your doctor if you are currently taking any opioid medicine. Seek medical attention immediately if you or the person taking this medication experience(s) symptoms of unusual dizziness or lightheadedness, extreme sleepiness, slowed or difficult breathing, or unresponsiveness.

You should tell your doctor about all the other medicines you are taking, including those medicines you buy without a prescription.

How to use LORANS

- How much to use

Adults:

Moderate to severe anxiety: 1–4mg daily in divided doses

Sleeping difficulties: 1–2mg before going to bed

Elderly:

Elderly patients usually respond satisfactorily to lower dosages, and generally half the adult dose or less may provide an adequate response.

Liver and kidney impairment:

The use in people with severe liver impairment is contraindicated. In lesser states of liver impairment and in kidney impairment lower than usual doses may be adequate.

- When to use it

Use as directed by your doctor or pharmacist

- How long to use it

Duration of therapy generally varies from few days to four weeks, including the dosage reduction phase. Therapy should not be extended beyond the initial treatment without a re-evaluation of the necessity for continued therapy.

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- If you forget to use it

Do not worry. If you do forget to take a dose, leave out the missed dose and take the next dose on time. Never take two doses together.

If you forget to take a tablet for sleeping problems, only take it if you will be able to sleep for 7 to 8 hours afterwards.

It is important not to stop taking this medicine, until the doctor advises otherwise your condition may get worse again. If you stop the treatment abruptly, you may get withdrawal symptoms such as confusion, fit, increased heartbeat, headaches, muscle pain, tension and tremor.

- If you use too much (overdose)

If you take too much doses than you should, contact your pharmacist or doctor straight away. If you cannot, go to the nearest hospital. Always take the packet of medicine with you, so they know what you have taken.

Symptoms of benzodiazepines overdose are drowsiness, confusion, slurred speech, lethargy, ataxia (loss of body movement control), low muscle tone, low blood pressure, breathing difficulty and coma.

While you are using it

- Things you must do

Follow all directions given to you by your doctor and pharmacist carefully. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Your doctor will explain how you should slowly reduce your dose before you can stop taking it completely.

Do not give LORANS to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and operating machinery

Lorazepam can cause dizziness, drowsiness or forgetfulness during the day, or may affect your concentration that affects the ability to drive and use machines. The concurrent use of alcohol aggravates the situation.

LORANS treatment should be interrupted in case of:

- agitation, irritability, aggression, nightmares, hallucinations and psychoses.

These reactions are more likely to occur in children or the elderly.

Side effects

As with all medicines, during the treatment with LORANS you may experience some side effects.

Usually, the side effects occur at the beginning of treatment and decrease in intensity or resolve with continued therapy or dose reduction.

- Drowsiness, dizziness, fatigue, headache
- Asthenia (abnormal physical weakness)
- Lack of movement coordination
- Confusion
- Depression
- Severe allergic reaction or facial swelling
- Breathing difficulties
- Sleep related behaviour
- Memory loss
- Nausea, vomiting
- Abnormal liver function test
- Muscle weakness

If you notice any of these side effects or any other, contact with your doctor.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of LORANS

- Storage

- LORANS should be stored in a dry place away from light and at a

temperature below 25°C in the original package

- Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Do not use the medicine after the expiry date. This is written on the carton. It is also embossed on each blister of tablets.

Product Description

- What it looks like

LORANS 1mg tablets are white, round, flat, scored tablets with 7mm diameter.

LORANS 2mg tablets are yellow, flat, round, scored with 8mm diameter.

- Ingredients

- Active ingredient

LORANS contain lorazepam as active substance. The available strengths are 1mg and 2mg.

- Inactive ingredient

The inactive ingredients for LORANS 1mg are lactose monohydrate, microcrystalline cellulose, croscarmellose sodium and magnesium stearate.

The inactive ingredients for LORANS 2mg are lactose monohydrate, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, quinolone yellow and colloidal anhydrous silica.

- MAL No.

LORANS	1mg	Tablet
MAL19861325AZ		
LORANS	2mg	Tablet
MAL19861328AZ		

Manufacturer

Lorans 1mg tablets: Medochemie Ltd. (Factory AZ), 2 Michael Erakleous Street, Agios Athanassios Industrial Area, Agios Athanassios 4104, Limassol, Cyprus

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Lorans 2mg tablets: Medochemie Ltd.
(Central Factory), 1-10
Constantinople Street, 3011
Limassol, Cyprus

Product Registration Holder

Komedic Sdn Bhd,
4 Jalan PJS 11/14, Bandar Sunway,
46150 Petaling Jaya

Date of revision

08/02/2023

Serial Number

NPRA (R4/1)021219/00318