

AKILEN

Verapamil (as hydrochloride) 40mg, 80mg

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What AKILEN is used for

AKILEN is used to treat and/or prevent:

- High blood pressure
- Some types of irregular heart beats
- Attacks of chest pain

How AKILEN works

AKILEN contains verapamil, which belongs to a group of medicines called calcium channel blockers. It allows greater blood flow by opening out arteries.

Before you use AKILEN

- When you must not use it

Do not take AKILEN if you:

- are allergic (hypersensitive) to verapamil or any other ingredient of the tablet
- are pregnant or planning to become pregnant
- are breast-feeding
- have very low blood pressure
- have another heart condition that the one you are taking AKILEN. Take AKILEN only if the doctor recommends you so.

- Before you start to use it

Talk to your doctor before taking AKILEN if you:

- have liver problems
- have kidney problems
- epilepsy

Pregnancy and breast-feeding

Verapamil should not be administered during the first trimester of the pregnancy. Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

You should also tell your doctor if you are taking any of the following:

- medicine to lower blood pressure, especially a type called beta-blockers (these include atenolol, propranolol and metoprolol)
- medicine to prevent transplant rejection called cyclosporin
- medicine used to treat epilepsy called carbamazepine, phenytoin or phenobarbitone
- an antibiotic, usually to treat tuberculosis, called rifampicin
- lithium, used to treat mental disorders
- a medicine called cimetidine, used to treat excess stomach acid or ulcers
- a medicine used in heart diseases, digoxin
- a medicine used to treat asthma called theophylline

How to use AKILEN

- How much to use

Hypertension: The usual dose is 120mg twice a day; this may be increased to 160mg twice a day, or even higher, up to a maximum of 480mg a day.

Angina: the recommended dose is 120mg three times a day.

Supraventricular tachycardias (fast beating heart): The usual dose is 40-120mg three times a day, depending upon patient responses and severity of condition.

Children

Up to 2 years old: The recommended dose is 20mg two or three times a day.
2 years and above: 40mg-120mg three times a day, depending upon age and effectiveness.

- When to use it

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

AKILEN should be swallowed whole, with a little water. The number of tablets that you need to take depends on what you are being treated for.

- How long to use it

Use AKILEN for the duration that the doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Tell your surgeon or dentist that you are taking AKILEN if you are going for surgery. It may affect the anaesthetic use.

- Things you must not do

Do not drink grapefruit juice when taking AKILEN.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give AKILEN to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Taking alcohol with AKILEN may make you drowsier, dizzy or lightheaded. Be careful drinking alcohol while taking AKILEN.

Driving and using machines

AKILEN can affect a person's ability to drive or operate machinery, especially when they first start to take the tablets. Do not drive, operate machinery or do anything that requires you to be alert, until you know how the tablets affect you.

AKILEN (only 40mg) contains lactose

AKILEN contains lactose, which is a sugar. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

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Side effects

Like all medicines, AKILEN can cause side effects, although not everybody gets them. Tell your doctor immediately if you notice any of the following serious side effects:

- slow, fast or irregular heart beat
- chest pains lasting for more than a few minutes
- weakness
- trouble breathing or wheeziness
- swelling of the ankles or feet
- allergic reaction, such as rash, red, lumpy skin, itching
- constipation
- headache or dizziness
- flushing
- nausea or vomiting
- tiredness, tremor
- muscle pain

You may report any side effects or adverse reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) of Vaccines (AEFI)]

Storage and Disposal of AKILEN

- Storage

Keep this medicine out of sight and reach of children.

Store below 30°C in the original package

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

AKILEN 40mg film-coated tablets: very pale green, round, convex film-coated tablets, with diameter of core 7.0mm

AKILEN 80mg film-coated tablets: orange, round, biconvex, with diameter of core 7.0mm

- Ingredients

- Active ingredient

The active substance is verapamil hydrochloride.

- Inactive ingredients

The other ingredients are:

AKILEN 40mg film-coated tablets

Cellulose microcrystalline, lactose monohydrate, croscarmellose sodium, silica colloidal anhydrous, magnesium stearate, opadry green OY-3875H (hypromellose E464, titanium dioxide E171, macrogol/polyethylene glycol 400, iron oxide yellow E172, indigo carmine aluminium lake E132, iron oxide black E172) PEG 6000

AKILEN 80mg film-coated tablets

Cellulose microcrystalline, croscarmellose sodium, silica colloidal anhydrous, magnesium stearate, opadry orange OY-2500 (hypromellose E464, titanium dioxide E171, macrogol/polyethylene glycol 400, sunset yellow lake E110) PEG 6000

- MAL number:

AKILEN 40mg film-coated tablets:

MAL19861544AZ

AKILEN 80mg film-coated tablets:

MAL19861548AZ

Manufacturer

Medochemie Ltd, 1-10
Constantinople Street, 3011
Limassol, Cyprus

Product registration holder

Komedic Sdn Bhd, 4 Jalan PJS 11/14,
Bandar Sunway, 46150 Petaling Jaya,
Selangor D.E.

Date of revision

02/09/2022

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