

MENTHOLATUM OINTMENT

Menthol/Camphor (1.3%w/w, 9%w/w)

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What Mentholatum Ointment is used for

Mentholatum Ointment is used for temporary relief of muscular and joint pains.

How Mentholatum Ointment works

Mentholatum Ointment contains camphor and menthol. Camphor stimulates nerve ending that relieve symptoms such as pain. Menthol is used topically as counter irritant. It works by causing the skin to feel cool and then warm that reduces the pain.

Before you use Mentholatum Ointment

- When you must not use it

Do not use Mentholatum Ointment:

- if you have hypersensitivity to menthol, camphor or to any of the ingredients in the product
- for infants below 2 years old

- Before you start to use it

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine (if applicable)

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a

pharmacy, supermarket or health food shop.

How to use Mentholatum Ointment

- How much to use

Apply thin film of the ointment on affected area. Follow all directions given by your pharmacist or doctor carefully.

- When to use it

Apply 3-4 times daily or as directed by the doctor or pharmacist.

- How long to use it

Use Mentholatum Ointment for the duration that the doctor or pharmacist recommends.

- If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Too much ointment may cause irritation and discomfort to your skin.

While you are using Mentholatum Ointment

- Things you must do

For external use only

Use your medicine exactly as your doctor or pharmacist has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Mentholatum Ointment

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

- Avoid contact with the eyes
- Do not place in mouth or nostrils
- Do not apply to wounds or damaged skin
- Do not stop using the medicine unless advised by your doctor.
- Do not use any new medicines without consulting your doctor or pharmacist.
- Do not give Mentholatum Ointment to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

This product can cause convulsion. Caution must be exercised when older children are treated. It is dangerous to place any camphor containing product into nostril of children. A small amount applied this way may cause immediate collapse

Side effects

Mentholatum Ointment do not cause any side effect. Some individuals could be sensitive to or irritated by active ingredients in Mentholatum Ointment. Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Mentholatum Ointment

- Storage

- Keep out of the reach and sight of children.
- Store below 30 °C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Mentholatum Ointment is a glossy, off-white, smooth ointment with the odour of camphor and menthol.

Mentholatum Ointment is packed in 28g and 85g

- Ingredients

- Active ingredient(s)
Menthol and Camphor

- Inactive ingredients
Essential Oil Mixtures, Titanium Dioxide, Petroleum

- MAL number :

MAL19988507X

Manufacturer

Mentholatum (China) Pharmaceutical Co Ltd
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Product Registration Holder

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