

MENTHOLATUM DEEP COLD

Menthol (20mg/g)

What is in this leaflet

1. What Mentholatum Deep Cold is used for
2. How Mentholatum Deep Cold works
3. Before you use Mentholatum Deep Cold
4. How to use Mentholatum Deep Cold
5. While you are using it
6. Side effects
7. Storage and Disposal of Mentholatum Deep Cold
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Mentholatum Deep Cold is used for

It is used for temporary relief of pain associated with muscular aches, backache and joint inflammation.

How Mentholatum Deep Cold works

Menthol when applied to skin, dilates the blood vessels, causing a sensation of coldness followed by a pain relief effect.

Before you use Mentholatum Deep Cold

- When you must not use it

If you are allergic to menthol or any other ingredients stated at the end of the leaflet

Pregnancy and lactation

Consult your doctor/pharmacist before you use Mentholatum Deep Cold if you are pregnant, trying to get pregnant or think you may be pregnant.

Consult your doctor/pharmacist before you use Mentholatum Deep Cold if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

- Avoid contact with eyes.
- Do not apply to wounds or to damaged skin.
- Do not apply bandage.
- This product should not be used in conjunction with heat pads.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Mentholatum Deep Cold

- How much to use

- Apply liberally to the painful area. Massage until completely absorbed into the skin.

- When to use it

Repeat as often as needed.

- How long to use it

Use Mentholatum Deep Cold for the duration your doctor or pharmacist recommends.

- If you forget to use it

Apply it once you remember or as directed by your doctor / pharmacist.

- If you use too much (overdose)

In case of accidental ingestion, consult your physician immediately.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

For external use only.

Use your medicine exactly as your doctor or pharmacist has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Mentholatum Deep Cold.

- Things you must not do

- Do not use Mentholatum Deep Cold after the expiry date.
- Do not use more than the recommended dose unless your doctor tells you to.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give Mentholatum Deep Cold to anyone else, even if they have the same symptoms or condition as you

- Things to be careful of

Keep this and all medicines out of the reach of children.

Side effects

Like all medicines Mentholatum Deep Cold can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website nprra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of Mentholatum
Deep Cold**

Serial Number

NPRA(R4/1)270522/00031

- Storage

Store below 30 °C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A smooth viscous opaque gel and light blue in colour. The gel has odour of menthol.

- Ingredients

- Active ingredients

Menthol 20mg/g

- Inactive ingredients

Deionised Water, Isopropyl alcohol, Carbomer 934, Triethanolamine 99, Methyl p-Hydroxybenzoate, Propyl p-Hydroxybenzoate, Brilliant Blue Dye

- MAL number:

MAL 08082512X

Manufacturer

Mentholatum Australasia Pty Ltd
12-16 Janine Street, 3179, Australia.

Product Registration Holder

Rohto-Mentholatum (M) Sdn Bhd
Unit 9–1, Level 9, Wisma Averis,
Avenue 5, Bangsar South City,
No. 8 Jalan Kerinchi, 59200 Kuala Lumpur.

Date of revision

10/06/2022