

Q-PAIN NEX MENTHOLATED RUB

Menthol (2.60 % w/w), Camphor (4.00 % w/w)

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What Q-Pain Nex Mentholated Rub is used for

Provides symptomatic relief of muscle aches and pains

How Q-Pain Nex Mentholated Rub works

Applied externally, it will cause a cool sensation, followed by a mild analgesic effect

Before you use Q-Pain Nex Mentholated Rub

- When you must not use it
Persons with known or suspected allergies or intolerance to any ingredients in the product

- Before you start to use it
Test on a small area of your skin if you suspect to have sensitive skin or be allergic to any ingredients in the product

Check with your doctor or pharmacist if unsure

- Taking other medicines
Tell your doctor if you are taking any other medicines that you buy with or without prescription

How to use Q-Pain Nex Mentholated Rub

- How much to use
Use only sufficient amount onto the affected area
- When to use it
Use when needed
- How long to use it
Recommended to use up to 3 to 4 times a day or as directed by your doctor or pharmacist
- If you forget to use it
Consult your doctor on what you should do if you forgot to use it.
You may continue to experience symptomatic discomfort or pain
- If you use too much (overdose)

You may experience symptoms of discomfort such as dizziness, nausea or vomiting. Discontinue use immediately and consult a doctor or go to the nearest hospital emergency department.

While you are using Q-Pain Nex Mentholated Rub

- Things you must do
Apply on affected area gently until completely absorbed
- Things you must not do
 - Avoid contact with eyes.
 - Do not apply to wounds or damaged skin.
 - Avoid direct application into nostrils
 - Camphor can cause convulsion. Do not use on children below 2 years of age.
 - Keep away from mucous membranes, open wounds.
- Things to be careful of
 - If symptoms persist, please consult a doctor or pharmacist
 - This product is contraindicated in children below 2 years of age.
 - It is dangerous to place any camphor containing product into the nostril of children. A small amount applied this way may cause immediate collapse.

- Caution must be exercised when older children are treated.

Side effects

May cause hypersensitivity/allergic reactions, including contact dermatitis in some individuals with sensitive skin.

CAN CAUSE CONVULSION
CONTRAINDICATED IN CHILDREN
BELOW 2 YEARS OF AGE
CAUTION MUST BE EXERCISED
WHEN OLDER CHILDREN ARE
TREATED
AVOID DIRECT APPLICATION INTO
THE NOSTRILS

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Q-Pain Nex Mentholated Rub

- Storage
Store below 30°C, in a dry place
Keep out of reach of children.
- Disposal
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like
Off white, soft ointment with characteristic clove odour
- Ingredients
 - Active ingredients
 - Menthol – 2.60 %w/w
 - Camphor - 4.00 %w/w

- Inactive ingredients

Paraffin wax, Petrolatum (White Soft paraffin), Liquid Paraffin, Eucalyptus oil, Nutmeg oil, Clove oil

Date of revision

09/01/2026

- MAL number:

MALXXXXXXXXXX

Serial Number

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**Manufacturer and Product
Registration Holder**

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