

Q-PAIN METHOLATED RUB

Methyl salicylate (22.00% w/w), Menthol (11.50% w/w), Camphor (5.00% w/w)

What is in this leaflet

1. What is *Q-Pain Mentholated Rub* used for
2. How does *Q-Pain Mentholated Rub* works
3. Before you use *Q-Pain Mentholated Rub*
4. How to use *Q-Pain Mentholated Rub*
5. While you are using *Q-Pain Mentholated Rub*
6. Side effect
7. Storage and disposal of *Q-pain Mentholated Rub*
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What is *Q-Pain Mentholated Rub* used for

Provides symptomatic relief of muscle and joint pain, rheumatism, backache and sprains

How does *Q-Pain Mentholated Rub* work

Applied externally, it will cause a cool sensation, followed by a warm soothing and analgesic effect which may last several hours.

Before you use *Q-Pain Mentholated Rub*

- When you must not use it

Persons with known or suspected allergies or intolerance to any ingredients in the product.

- Before you start to use it

Test on a small area of your skin if you suspect to have sensitive skin or be allergic to any ingredients in the product.

- Taking other medicines

Tell your doctor if you are taking any other medicines that you buy with or without prescription.

For patients taking warfarin, excessive application on to the skin for muscle or joint pains may increase the chances of bleeding.

How to use *Q-Pain Mentholated Rub*

- How much to use

Use only sufficient amount onto the affected area.

- When to use it

Use when needed.

- How long to use it

Recommended to use up to 3 to 4 times a day or as directed by your doctor or pharmacist

- If you forget to use it

Consult your doctor on what you should do if you forgot to use it. You may continue to experience symptomatic discomforts of muscle and joint pain, rheumatism, backache and sprains.

- If you use too much (overdose)

You may experience symptoms of discomfort such as dizziness, nausea or vomiting. Discontinue use immediately and consult a doctor or go to the nearest hospital emergency department.

While you are using it

- Things you must do

Apply on affected area gently until completely absorbed. For pregnant women and nursing women please consult a doctor before use.

- Things you must not do

- Avoid contact with eyes.
- Do not apply to wounds or damaged skin.
- Avoid direct application into nostrils

- Camphor can cause convulsion. Do not use on children below 2 years of age.
- Keep away from mucous membranes, open wounds.

- Things to be careful of

- If symptoms persist, please consult a doctor or pharmacist
- This product is contraindicated in children below 2 years of age.
- It is dangerous to place any camphor containing product into the nostril of children. A small amount applied this way may cause immediate collapse.
- Caution must be exercised when older children are treated.

Side effects

May cause hypersensitivity/allergic reactions, including contact dermatitis in some individuals with sensitive skin.

CAN CAUSE CONVULSION
CONTRAINDICATED IN
 CHILDREN BELOW 2 YEARS
 OF AGE
 CAUTION MUST BE
 EXERCISED WHEN OLDER
 CHILDREN ARE TREATED
AVOID DIRECT
 APPLICATION INTO THE
 NOSTRILS

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of *Q-Pain Mentholated Rub*

- Storage

Store below 30°C, in a dry place Keep out of reach of children.

Q-PAIN METHOLATED RUB

Methyl salicylate (22.00% w/w), Menthol (11.50% w/w), Camphor (5.00% w/w)

- Disposal

Medicines should not be disposed into the waterways and general disposal system. Ask your pharmacist how to dispose medicine that is no longer required or expired.

Product Description

- What it looks like

Off white ointment with characteristic smell of peppermint

- Ingredients

Active ingredient(s)

Methyl salicylate - 22.00%w/w

Menthol - 11.50%w/w

Camphor - 5.00 %w/w

Inactive ingredients

Paraffin wax, Petrolatum (White Soft paraffin), Liquid Paraffin, Eucalyptus oil, Peppermint oil

- MAL number:

MALXXXXXXXXXX

Manufacturer and Product Registration Holder

Q-PACK (M) SDN BHD

(199201022779)

No.2, Jalan Perunding U1/17,
Hicom-Glenmarie Industrial Park,
Seksyen U1 40150 Shah Alam,
Selangor Darul Ehsan, Malaysia

Date of revision

- 23/06/2023

Serial Number

NPRA (R2) 23/063