

AVONOX 10MG TABLET

Zolpidem hemitartrate (10mg)

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What Avonox is used for

The name of your medicine is Avonox 10 mg Tablet (called "Avonox" in this leaflet). Avonox contains a medicine called zolpidem hemitartrate. Avonox is used for short-term treatment of insomnia in situations where the insomnia is debilitating or is causing severe distress.

How Avonox works

Avonox is a prescription medicine and belongs to a group of medicines called imidazopyridine. It decreases sleep latency and the number of awakenings, and increases sleep duration and sleep quality.

Before you use Avonox

When you must not use it

Do not take this medicine and tell your doctor if:

- You are under the age of 18
- You have liver problems
- You are allergic (hypersensitive) to zolpidem hemitartrate or

- any of the other ingredients of Avonox
- You have obstructive sleep apnoea or myasthenia gravis
- Your lungs do not work properly
- You have psychotic illness
- You have symptoms of depression
- You have history of drug or alcohol abuse
- You are operating heavy machineries or intend to drive

Before you start to use it

Check with your doctor or pharmacist before taking this medicine :

- If you are pregnant or planning to become pregnant.
- If you are breast feeding. You should choose to bottle feed your baby or not take Avonox.
- If you consume high volume of alcohol
- If you have liver problems
- If you have respiratory problems
- If you have mental problems.

Taking other medicines

Tell your doctor about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements. Avonox and certain other medicines may interact with each other.

Especially tell your doctor if you are taking:

- Alcoholic containing products or medicines
- CNS depressants
- Hypnotic and sedatives
- Narcotic analgesic
- Anti-epileptic drugs

- Anaesthetics
- Anti-histamines
- Sertraline
- Ketoconazole

How to use Avonox

How much to use

The usual dose given by your doctor is one tablet daily. But this may be decreased or increased, if needed. Hence, always take Avonox as directed by your doctor. Your doctor may change your dose if needed.

When to use it

Avonox can be taken with or without food.

How long to use it

The time period for taking Avonox depends on your doctor's instruction. It vary from few days to 2 weeks, with a maximum of 4 weeks.

If you forget to use it

If you miss a dose, take it as soon as you remember. If it is close to your next dose, do not take the missed dose. Just take the next dose at your regular time.

If you use too much (overdose)

If you take too much Avonox, call your doctor or Poison Control Center, or go to the nearest hospital emergency room right away.

While you are using

Avonox

Things you must do

- Swallow the tablets whole with a glass of water
- Take your dose at same time of the day

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- Never take 2 doses in 1 day unless instructed by your doctor.
- Keep taking Avonox until the treatment is finished, even if you feel better.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

Things you must not do

Do not stop your medication without consulting your doctor.

Things to be careful of

- If you have liver problems the dose might be lowered. You may have more frequent blood tests to see how your liver is working.
- Pregnancy and breast - feeding: ask your doctor or pharmacist for advice before taking any medicine if you think you might be or if you are pregnant or if you are breastfeeding.

Side effects

Avonox may cause the following side effects that may be serious:

- Allergic reaction.
Symptoms of an allergic reaction are swelling of the face, lips, throat or tongue. Get emergency medical help right away and stop taking Avonox.
- Headache, dizziness, insomnia, amnesia
- Diarrhea
- Fatigue
- Hallucination, agitation, nightmare

You may report any side effects or adverse drug reactions directly to The

National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.moh.gov.my (Consumers -> Reporting -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and disposal of Avonox

Storage

- Keep out of the reach and sight of children.
- Do not use Avonox after the expiry date refers to the last day on the carton. The expiry date refers to the last day of that month.
- Store in the original pack in a dry place at or below 30°C.
- Do not use Avonox if the tablets are chipped or there are other visible signs of deterioration.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

The tablet is a white, capsule-shaped film coated tablet; imprinted with "122" on one side and breakline on the other side.

Ingredients

- Active ingredient
Zolpidem hemitartrate

- Inactive ingredients
Microcrystalline cellulose, Lactose, Povidone K30, Sodium starch glycollate, Magnesium stearate, and Opadry II white.

MAL number

MAL15125029ACZ

Manufacturer

China Chemical & Pharmaceutical Co. Ltd., Hsinfong Plant.
No. 182-1, Keng Tze Kou, Hsinfong Shiang, Hsinchu County, Taiwan R.O.C.

Product registration holder

Abio Marketing Sdn Bhd,
No. 2, Jalan SS 13/5, 47500 Subang Jaya, Selangor, Malaysia.

Date of revision

20/05/2026

Serial number

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