

JANIPRO GUTRIL-S POWDER

Glucosamine Sulphate Sodium Chloride 1884mg (Equivalent to Glucosamine Sulphate 1500mg)

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What Gutril-S is used for

It is used as adjuvant therapy for osteoarthritis.

How Gutril-S works

It contains glucosamine which can stimulate the production of cartilage-building compounds, restore damaged cells of cartilage tissue and has some anti-inflammatory abilities.

Before you use Gutril-S

- When you must not use it

- Do not take if you are allergy to glucosamine sulphate or seafood.
- If you are taking Warfarin (or other coumarin anticoagulants)
- If you are taking oral tetracycline, do not take Glucosamine at the same time.
- If you are pregnant or breastfeeding.
- If you have kidney or liver problems.

- Before you start to use it

Talk to your doctor or pharmacist if you are having or have had asthma, diabetes, high cholesterol, high blood pressure, a stroke, heart problems or on a controlled sodium diet as your doctor/ pharmacist may need to monitor you more regularly.

- Taking other medicines

Please inform the doctor or pharmacist if taking other medicines.

How to use Gutril-S

- How much to use

1 sachet daily. Dissolve the powder in a glass of water (250ml) and drink it.

Glucosamine is not used for the treatment of acute painful symptoms. Relief of symptoms (especially pain relief) may not be experienced until after some weeks of treatment or sometimes even longer. If your symptoms do not get better after 2- 3 months, you should speak to your doctor or pharmacist as you may need to consider other treatment.

- When to use it

Please follow the advice of the doctor or pharmacist.

- How long to use it

Please follow the advice of the doctor or pharmacist.

- If you forget to use it

Take the missed dose as soon as you remember and continue to take it as you would normally. If it is almost time for your next dose, skip the missed dose and take the next dose when you are meant to. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Signs and symptoms of accidental or intentional overdose might include headache, dizziness, disorientation, arthralgia, nausea, vomiting, diarrhea or constipation.

In case of overdose, treatment with glucosamine should be discontinued.

While you are using Gutril-S

- Things you must do

Inform your doctor or pharmacist of all the medications you are taking.

- Things you must not do

Do not take any new medicines without consulting your doctor.

- Things to be careful of

Ask your health care provider any question you may have about how to use Gutril-S.

Side effects

Cardiovascular

Peripheral oedema and tachycardia were reported in a few patients following larger clinical trials investigating oral administration in osteoarthritis. Causal relationship has not been established.

Central nervous system

Drowsiness, headache, insomnia have been observed rarely during therapy (less than 1%).

Gastrointestinal

Nausea, vomiting, diarrhea, dyspepsia or epigastric pain, constipation, heartburn and anorexia have been described rarely during oral therapy with glucosamine.

Skin

Skin reactions such as erythema and pruritus have been reported with therapeutic administration of glucosamine.

You may report any side effects or adverse drug reactions directly to the National

Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Gutril-S

- Storage

Store below 30°C. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White or almost white crystalline powder is filled in aluminium sachet. The solution is clear and colourless with salty taste after dissolved the powder in water.

- Ingredients

- Active ingredient
Glucosamine Sulphate Sodium Chloride

- Inactive ingredient
None

- MAL number:

MAL23076020XC

Manufacturer

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Product Registration Holder

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