

PROSPAN® F

Cough Syrup

Information for the user

Prospan® F Cough Syrup

Liquid for oral use

Active ingredient: Hedera Helix Extract (Dried Ivy Leaf Extract)

Read all of this leaflet carefully because it contains important information for you.

This medicine is also available without prescription. However, you still need to use Prospan® F Cough Syrup as directed to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after 7 days.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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1. What Prospan® F Cough Syrup is and what it is used for

Prospan® F Cough Syrup is a light brown, slightly cloudy liquid with fruity odour and taste of menthol. It is a liquid medicinal product for oral administration.

Prospan® F Cough Syrup is traditionally used for relief of cough, throat irritation and reducing phlegm.

2. Before you take Prospan® F Cough Syrup

Do not take Prospan® F Cough Syrup

if you are hypersensitive (allergic) to the active substance or any of the other ingredients of Prospan® F Cough Syrup (see section 6).

Contains sorbitol

When used as directed, each dose contains 1.925 g of sorbitol. This poses a health risk to patients with a hereditary intolerance to fructose. Such patients may only take this medicine after talking to their doctor first.

Take special care with Prospan® F Cough Syrup

This is a traditional medicine. Please consult your pharmacist/doctor if symptoms persist/worsen.

Children

Prospan® F Cough Syrup may not be used in children under the age of 6.

Taking Prospan® F Cough Syrup together with other medicines

No research has been carried out. No interactions have become known so far. Please tell your doctor or pharmacist if you are taking/using or have recently taken/used any other medicines, including medicines obtained without prescription.

Pregnancy and breastfeeding

Insufficient reliable data.

Driving and using machines

No special precautions are needed.

3. How to take Prospan® F Cough Syrup

Always take Prospan® F Cough Syrup exactly as described in this leaflet. You should check with your doctor or pharmacist if you are not sure.

Unless otherwise prescribed by your doctor, the usual dose is:

Age	Single Dose	Total Daily Doses
Adults and adolescents older than 12 years	5 ml, corresponding to 35 mg dried ivy leaf extract	15 ml (5 ml three times daily), corresponding to 105 mg dried ivy leaf extract
Children between 6-11 years	5 ml, corresponding to 35 mg dried ivy leaf extract	10 ml (5 ml two times daily), corresponding to 70 mg dried ivy leaf extract

Method of use

The liquid should be taken undiluted in the morning, (at midday) and in the evening. Can be taken with or without food.

For Prospan® F Cough Syrup in 5 ml stick pack

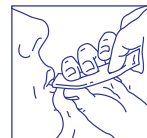
We have chosen to use a stick pack that can be opened easily. Its content is also easy to take. For more details on using the stick pack, please refer to the diagrams below:



Gently knead the stick pack before use, as shown.



Hold the stick pack firmly and tear it open.



Swallow the medicine, squeezing the stick pack until empty.

For Prospan® F Cough Syrup in 100 ml bottle

Use enclosed measuring cup. Shake well before use!

How long you should keep taking Prospan® F Cough Syrup

Length of treatment is dependent on the nature and severity of your condition. However, even in the case of mild inflammation of the respiratory tract, treatment should last for one week at least. In the interests of ensuring that your recovery is permanent and complete, it is

recommended that you should keep taking Prospan® for another 2-3 days after your symptoms have disappeared. If you have the impression that the effect of Prospan® F Cough Syrup is too strong or too weak, talk to your doctor or pharmacist.

If you take more Prospan® F Cough Syrup than you should

Do not exceed the recommended daily dose. Ingestion of significantly higher amounts (more than three times the daily dose) may lead to nausea, vomiting and diarrhoea. In this case you should consult a doctor.

If you forget to take Prospan® F Cough Syrup

Do not take a double dose to make up for a forgotten dose. Simply continue to take Prospan® F Cough Syrup as prescribed by your doctor or as directed in this leaflet.

4. Possible side effects

Like all medicines, Prospan® F Cough Syrup can cause side effects.

The following frequency convention is used when evaluating side effects:

Very common: more than one in 10 patients treated
Common: one to 10 in 100 patients treated
Uncommon: one to 10 in 1,000 patients treated
Rare: one to 10 in 10,000 patients treated
Very rare: less than one in 10,000 patients treated
Unknown: frequency on the basis of available data not assessable

Very rare

Allergic reactions (shortness of breath, swelling, skin redness, itching) may occur after taking medicines containing ivy.

Uncommon

In sensitive patients, gastrointestinal complaints may occur (nausea, vomiting and diarrhoea).

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Prospan® F Cough Syrup

Keep out of reach of children.
Jauhkan daripada capaian kanak-kanak.

Do not use Prospan® F Cough Syrup after the expiry date which is stated on the outer carton and stick pack or bottle label. The expiry date relates to the last day of the month. Shelf Life: 3 years

Store below 30° C. Protect from light and moisture.

6. Further information

What Prospan® F Cough Syrup contains

The active ingredient is:

Hedera Helix Extract (Dried Ivy Leaf Extract)
5 ml of liquid contains 35 mg of hedera helix extract from folium (5-7.5:1), 6.7 mg of potassium sorbate (Ph.Eur.) (preservative).

The other ingredients are:

Citric acid, anhydrous (Ph.Eur.); xanthan gum; sorbitol solution 70% (crystallising) (Ph.Eur.); aromas; menthol; purified water.

5ml of liquid contains 1.925 g of sorbitol (Ph.Eur.) (sweetener) = 0.16 BU

What Prospan® F Cough Syrup looks like and contents of the pack

Prospan® F Cough Syrup is available in (i) boxes of 3, 9 and 21 stick packs, each stick pack containing 5 ml of oral liquid, and (ii) bottles of 100 ml oral liquid.

Manufacturer

Engelhard Arzneimittel GmbH & Co. KG
Herzbergstraße 3
61138 Niederdorfelden
Germany

Product Registration Holder

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47650 Subang Jaya, Selangor, Malaysia.

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Note:

Prospan® F Cough Syrup contains a plant-based active substance. These plant extracts can occasionally cause Prospan® F Cough Syrup to become slightly cloudy or they may slightly alter its taste. However, such effects do not alter the effectiveness or quality of the product.

An important term for describing the quality of extracts is the so-called "Drug to Extract Ratio" (DER). A DER of 5-7.5:1 means that 5 to 7.5 parts of the drug were needed to produce one part of extract.

Prospan® - a solution for your cough

Prospan® causes thick mucus to become liquefied, thereby making it easier to cough up. At the same time, the urge to cough is reduced.

Prospan® F Cough Syrup contains no alcohol or gluten, no added sugar and no added colouring.

We wish you a speedy recovery.

