

HP PREDNISOLONE TABLET

HP Prednisolone (5mg)

What is in this leaflet

1. What HP Prednisolone is used for
2. How HP Prednisolone works
3. Before you use HP Prednisolone
4. How to use HP Prednisolone
5. While you are using HP Prednisolone
6. Side effects
7. Storage and Disposal of HP Prednisolone
8. Product description
9. Manufacturer
10. Product Registration Holder
11. Date of revision

What HP Prednisolone is used for

HP Prednisolone is used in the treatment to reduce inflammation in such condition as rheumatoid arthritis, rheumatic fever, status asthmaticus and ulcerative colitis.

How HP Prednisolone works

HP Prednisolone belongs to a group of medicine called corticosteroids.

Corticosteroids occur naturally in the body to help maintain health and well being. Boosting the body with corticosteroids is an effective way to treat various illnesses involving inflammation in the body. HP Prednisolone must be taken regularly to get the maximum benefit from it.

Before you use HP Prednisolone

-When you must not use it

Do not take this medicine if :

- You are allergic to HP Prednisolone or to any of the other ingredients in this medicine

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

-Before you start to use it

Tell your doctor/pharmacist if:

- You have pheochromocytoma (a tumour of the adrenal gland)
- Systemic sclerosis (an autoimmune disorder). Taking daily doses of 15 mg or more may increase the risk of a serious complication called scleroderma renal crisis which may

cause your blood pressure to increase and reduce urination.

- You have ever had severe depression or manic-depression.
- Any of your close family has had these illness
- You have osteoporosis especially in women who have passed menopause
- You have high blood pressure or heart failure
- You have diabetes or a history of diabetes in your family
- You have tuberculosis or history of tuberculosis
- You have glaucoma
- You have history of muscle weakness caused by treatment of steroids
- You have severe liver or kidney problems
- You are suffer from fits/seizures
- You have stomach ulcers
- You have an under active thyroid gland
- You have suffered a recent heart attack
- You are an elderly patient, increase risk of infections, weakening of the bones, high blood pressure, diabetes, increase potassium levels in your blood or thinning of your skin
- You have come into contact with chicken pox or shingles within 3 months of taking HP Prednisolone
- You have come into contact with people with measles
- You are pregnant

-Taking other medicines

HP Prednisolone may affect or affected by other medicines you are taking. Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription. It may be necessary to adjust the dose of some medicines, or stop taking some altogether.

Tell the doctor if you are taking the following medicines:

- Carbamazepine, Phenytoin or other medicine used to treat fits/seizures
- Rifampicin and Rifabutin used to treat some infections

- Thalidomide and Aminoglutethimide used to treat some cancers
- Coumarin anticoagulants used in blood thinning
- Aspirin and other NSAIDS used to treat pain and inflammation
- Somatropin or growth hormones
- Isonizid used to treat tuberculosis
- Ketoconazole and Amphotericin used to treat fungal infections
- Ciclosporin used to treat inflammation
- Ritonavir and Indinavir use to treat viral infections
- Live vaccines
- Medicines used to relax muscles during surgery
- Digoxin and related drugs called cardiac glycosides used to treat heart failure
- Salbutamol, bambuterol, salmeterol and terbutaline or other sympathomimetic drugs
- Insulin and other medicines used to treat diabetes
- Medicines used to treat high blood pressure
- Theophylline used to treat asthma
- Loop diuretics and Thiazide diuretics, used to remove excess water from the body
- Female sex hormones in oral contraceptive pill.

HP Prednisolone may also reduce the effectiveness of contraceptive coil IUD in preventing pregnancy.

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

How to use HP Prednisolone

The doctor will tell you how many HP Prednisolone Tablet and when to take them. Always take HP Prednisolone Tablet as instructed by your doctor. Check with your doctor or pharmacist if you are not sure.

-How much to use Oral.

Adults

5 mg to 60mg daily as a single dose or in divided doses.

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Children

As direct by your doctor. HP Prednisolone tablets may be given to children very rarely to treat specific conditions. Smallest dose may be given for the shortest time possible.

Taking Prednisolone may slow their growth.

-When to use it

Take the capsule with or right after food with a full glass of water

-How long to use it

You are advised to take it as long as your doctor tells you to.

Do not stop taking this medicine without talking to the doctor. You may need to reduce the dose gradually. If the treatment is stopped too quickly, it may lead to severe problems of the adrenal gland. You may also experience 'withdrawal symptoms' which include fever, muscular pain, weakness, joint pain, runny nose, an eye infection, painful itchy skin lumps, loss of weight, mental changes, mood changes, feeling / being sick, low blood pressure, feeling faint, headache, dizziness and reappearance of your disease symptoms.

-If you forget to use it

If you forget to take your dose, take it as soon as you remember. Skip the missed dose if it is almost time for your next dose. Do not double up on the next dose to make up the forgotten dose.

-If you use too much (overdose)

Contact your doctor immediately as soon as you realize you have taken too much.

While you are using HP Prednisolone

-Things you must do

Always take HP Prednisolone Tablet exactly as your doctor has told you. HP Prednisolone Tablet has to be taken with food.

Check with your doctor or pharmacist if you are not sure.

While taking HP Prednisolone Tablet, tell your doctor if:

- You become pregnant
- You are start taking other new medicine

-Things you must not do

Do not:

- give your medicine to anyone else even if they have the same condition as you
- take your medicine to treat any other complaints unless you are told by your doctor or pharmacist
- take more than the recommended dose unless your pharmacist or doctor tells you to.

-Things to be careful of

If you feel dizzy or tired after taking HP Prednisolone, do not drive or operate machinery until these effects have worn off.

Side effects

All medicines can cause unwanted side effects. These effects can be serious but most of the time, they are mild and temporary.

Severe form of allergic reaction is extremely rare. The symptom include rash, swelling of the face and difficulty breathing

Steroids including HP Prednisolone can cause serious mental health problems. It will affect about 5 in every 100 people taking HP Prednisolone.

Stop taking HP Prednisolone Tablet and tell your doctor immediately if you :

- feeling depressed, including thinking about suicide
- feeling high or moods that go up and down
- feeling anxious, having problem sleeping
- feeling, seeing or hearing things which do not exist
- having strange and frightening thoughts

High dose or long term use of HP Prednisolone Tablet may cause :

- Cushing's syndrome (sudden weight gain, bloating around the chest and stomach)
- Temporary or permanent loss of blood supply to bones
- Protruding eye balls

Consult your doctor/ pharmacist for further information. Other unwanted side effects not listed may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of HP Prednisolone

-Storage

Keep out of reach of children.

Store below 30°C. Protect from light.

-Disposal

No specific instructions. Please ask your pharmacist how to dispose unused medicines properly.

Product description

-What it looks like

Round, white uncoated tablet, shallow convex faces, "HD" embossed and scored on the same face

-Ingredients

-Active ingredients

Each HP Prednisolone Tablet contains
HP Prednisolone 5 mg

-Inactive ingredients

Lactose Monohydrate
Polyvinylpyrrolidone K-25
Magnesium Stearate
Cornstarch

-MAL Number:

MAL19860161AZ

Manufacturer

HP PREDNISOLONE TABLET

HP Prednisolone (5mg)

Sava Healthcare Limited
Plot No. 507-B to 512, G.I.D.C. Estate,
Wadhwancity – 363 035,
Dist: Surendranagar, India.

Product Registration Holder

HOVID PHARMACY Sdn. Bhd.
121, Jalan Tunku Abdul Rahman,
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