FENOTASH (Fenofibrate 200mg Capsule)

Fenofibrate (200mg Fenofibrate capsule)

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What *Fenotash* is used for

Fenotash is used as adjunctive therapy to diet to lower blood cholesterol level.

How *Fenotash* works

Fenofibrate belongs to a group of medicines, commonly known as fibrates. It works by reducing the number of triglycerides and bad cholesterol made in the body and increases the good cholesterol.

Before you use *Fenotash*

• *When you must not use it*

- have allergy to fenofibrate, it's related compound or other ingredients in this preparation.
- have severe kidney disease
- have liver disease
- have gallbladder disease
- had light sensitivity during treatment with fibrates / ketoprofen

• *Before you start to use it*

Tell your doctor if you have:

- allergies to any other medicines, foods, preservatives or dyes
- liver problems
- kidney problems
- experienced low red and white blood cells count when taking similar medicine.
- gallstone formation or pancreas inflammation when taking similar medicine.
- muscle pain when taking other cholesterol lowering medicine.

Elderly patient should be cautious in using this medicine as kidney functions may be compromised in this age group. Do regular check up to ascertain this.

- *Taking other medicines*

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription. These medicines may be affected by *Fenotash* or may affect how well it works. You may need different amount of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking these medicines:

- blood thinning medicine such as warfarin
- Cholesterol lowering drugs of statins group such as simvastatin.
- Ciclosporin (immunosuppressant)
- bile acid binding resins, eg cholestyramine

• *Pregnancy and lactation*

If you are pregnant while taking this medicine, consult your doctor immediately. Your doctor will advise you on suitable therapy during pregnancy.

How to use *Fenotash*

Take your medication exactly as directed by your doctor. *Fenotash* is used alongside a low-fat diet and other medical or nonmedical (eg., exercise) treatments.

- *How much to use*

One capsule daily

- *When to use it*

Recommended to be taken during the evening meal. Since it less well absorbed from an empty stomach, *Fenotash* should always be taken with food.

- *How long to use it*

Continue taking your medicine for as long as your doctor tells you. This medicine helps to control your condition, but does not cure it. It is very important that you do not stop taking this medicine suddenly.

- *If you forget to use it*

Take your dose as soon as you remember, and continue to take it as you would normally. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Do not take a double dose to make up for the dose that you missed. If you are not sure what to do, ask your doctor or pharmacist.

- *If you use too much (overdose)*

If you or anyone else takes too many tablets, you tell your doctor and go to your nearest hospital emergency department immediately. Do this even if there are no signs of discomfort or poisoning. Take the carton or any remaining tablets you have with you.

While you are using it

• *Things you must do*

- Check your blood cholesterol level when requested by the doctor to see if the medicine works for you.
- Your doctor may perform blood test to see if your blood cell counts and liver functions are normal.
- Tell your doctor immediately if you experience unexpected muscle pain, cramps or weakness, particularly if accompanied by malaise or fever.
- Tell your doctor if you have abdominal pain, nausea, vomiting which might be due to inflammation. Pancreas inflammation could be a sign of gallstone formation.
- Inform your doctor, dentist, pharmacist that you are taking *Fenotash*.
- Inform your doctor, pharmacist if you are going to be started on a new drug that you are taking *Fenotash.*
- Inform your doctor if you become pregnant while taking *Fenotash.*

• *Things you must not do*

- Avoid drinking large amount of alcohol as it may cause liver problems
- Do not use *Fenotash* to treat other complaints.
- Do not stop taking this medicine without discussing with your doctor.

• *Things to be careful of*

Fenotash generally does not cause any problems with your ability to drive but as with many other medicines, it may cause dizziness in some people.

Side effects

Like all medicines, this medicine can cause

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side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Fenotash may cause the following side effects:

Common:
- gastrointestinal disturbances such as abdominal pain, nausea, vomiting, diarrhoea and flatulence

Uncommon:
- Headache
- skin reactions such as rashes, pruritus, urticaria
- muscle weakness, cramps joint pain, rhabdomyolysis (muscle breakdown)
- development of gallstones

Rare:
- liver problems (elevated level of liver enzymes, hepatitis)
- decreased sexual drive
- alopecia (hair loss), light sensitivity
- low red and white blood cells count

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Public → Reporting Side Effects to Medicines (ConSERF) or Vaccine (AEFI)].

Storage and Disposal of Fenotash

- *Storage*

Store below 30°C.
Keep all medicines out of the reach of children.

- *Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

• *What it looks like*

Size 1 hard gelatin capsules having yellow cap and clear transparent body filled with white to off-white spherical pellets, packed in clear transparent PVC-Aluminium blister

• *Ingredients*

- Active ingredient:
Fenofibrate

-Inactive ingredients:
Sugar spheres, Hypromellose, Sodium Lauryl sulfate, Dimethicone Emulsion 35%, Simethicone Emulsion 30%, Talc, Capsule

• *Packing*

Aluminium/PVC blisters of 10 x 10's capsules per box

•*MAL Number*

xxxxx

Manufacturer

Athena Drug Delivery Solutions Private Limited,
PLOT A1-A5, MIDC,
CHEMICAL ZONE, AMBERNATH (WEST),
MAHARASHTRA, 421 501, India

Product Registration Holder

Synercam (M) Sdn Bhd,
A-17-7, BLOCK A, JAYA ONE,
NO. 72A, JALAN PROFESOR DIRAJA UNGKU AZIZ, SEKSYEN 13,
46200 PETALING JAYA
MALAYSIA

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