

Mecort C (Clotrimazole and Hydrocortisone Acetate Cream)

Clotrimazole 1% w/w and Hydrocortisone Acetate 1% w/w

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What is Mecort C used for

Mecort C is used for fungal skin infections with symptoms of inflammation and itching. Examples are fungal infections of the feet (athlete's foot), fungal infection between skinfolds (candida intertrigo), fungal infections of the labia and surrounding areas (candida vulvitis), inflammation of the glans penis and foreskin of males (candida balanitis) and other fungal skin infections where Clotrimazole can be used.

How Mecort C works

This product contains an antifungal medication named Clotrimazole and it is combined with a corticosteroid called Hydrocortisone Acetate which has anti-inflammatory, anti-itch and vasoconstrictive (narrowing of blood vessels) properties.

Before you use Mecort C

-When you must not use it

Do not use Mecort C if:

- You are allergic to any of the ingredients of this product, refer to ingredients list in this leaflet
- The skin at site of infection is broken

- The infection is caused by other types of skin disorders such as acne, rosacea (redness and visible blood vessels on face), perioral dermatitis (skin infection/rash around the mouth), lues (a sexually transmitted disease), tuberculosis (infection caused by the bacteria *Mycobacterium tuberculosis*)
- You have other untreated skin infections
- You have viral skin infections (e.g., herpes simplex, chicken pox, shingles etc.)
- Skin reactions towards vaccinations

-Before you start to use it

Be careful not to apply Mecort C:

- On large areas of skin on the body (more than 5 to 10% of the body surface)
- As a long-term continuous therapy
- Under occlusive dressings (e.g., nappies and bandages)

The use of Mecort C in infants and children should be restricted especially when the nappy can act as an occlusive dressing which increases the absorption of this medication. Increase in absorption of this medication can cause suppression of the natural hormones of the body.

-Taking other medications

No interactions with other medications have been observed. However, Mecort C can potentially cause damage to latex contraceptives (e.g., male and female condoms made of latex), reducing its effectiveness.

How to use Mecort C

-How much to use

Apply Mecort C as a thin layer on the affected area, once or twice a day

(morning or morning and evening). Rub the cream gently so that it can be absorbed.

As a guide, if you weigh 50 kg, the maximum daily application is 2 cm of cream divided into two applications per day.

Use Mecort C for a maximum of 7 days.

If your symptoms have subsided after 7 days, you can switch to a corticosteroid free cream, only containing Clotrimazole onwards for further treatment.

-When to use it

Use this cream as recommended by your doctor or pharmacist.

-How long to use it

Use it for a maximum of 7 days. If there is no improvement after 7 days, please seek advice from your doctor or pharmacist.

-If you forget to use it

Use it as soon as you remember, but do not exceed two applications in 24 hours.

-If you use too much (overdose)

No risk of intoxication if too much of Mecort C has been applied. If you have accidentally used too much of Mecort C or have swallowed this cream by accident, seek help from your doctor or pharmacist.

Signs of toxicity from oral consumption of this cream include dizziness, nausea or vomiting. In case these signs happen, seek help at the nearest hospital near you.

While you are using it

-Things you must do

See your doctor immediately if you have sudden vision disturbance or blurred vision after using this cream.

Read the instructions in this leaflet carefully before use. Please note that your doctor or pharmacist may give

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you different instructions for use. If so, please follow their instructions carefully.

-Things you must not do

Do not give this product to anyone else even if they have the same symptoms as you. This cream was specifically prescribed to you for your symptoms.

Do not exceed the recommended dose or applications of this cream. If your symptoms have not improved after using this cream, seek medical help.

-Things to be careful of

Mecort C contains Cetostearyl Alcohol which may cause local skin reactions such as inflammation. If you experience any unpleasant sensations that persists after application, stop using the product and seek further advice from your doctor or pharmacist.

Pregnancy and Lactation: Use this product during pregnancy or lactation only after receiving advice from your pharmacist or doctor.

Side effects

Like all medicines, Mecort C can cause side effects although not everyone will experience them. The side effects that have been observed are as below:

Allergic reactions (including symptoms of fainting, low blood pressure, shortness of breath and itchiness)

Blisters, discomfort/ pain, swelling, redness, irritation, peeling, itchiness, rash, stinging, burning of skin at site of application.

Blurred vision or vision disturbance.

If this product is used for long periods of time (longer than 2-4 weeks), on large areas of skin (more than 10% body surface) or use under occlusive dressings, the effects seen are skin thinning, spider webbing of

fine veins, excessive hair growth, line like formations on skin, reduction of skin colour, infection and acne-like symptoms may occur.

You may report any side effects or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Mecort C

-Storage

Store at a temperature below 30°C. Keep out of reach of children.

-Disposal

Do not use this cream after the expiry date stated on the crimp of the tube or label on box. Do not throw away this medication via household waste. Ask your pharmacist how to properly dispose of unwanted medications. These measures can help protect the environment from pollution.

Product Description

-What it looks like

Mecort C is a white thick homogenous consistent cream and no particles under microscope.

Mecort C comes in 15 g and 30 g size aluminium tube with white plastic screwcap.

-Ingredients

· Active ingredient(s)

Clotrimazole 1% w/w and Hydrocortisone Acetate 1% w/w

· Inactive ingredient(s)

Cetostearyl alcohol, Liquid paraffin, Propylene glycol, Purified water and Polyoxyl 20 - Cetostearyl ether

-MAL number

MAL20096015AZ

Manufacturer

Mepro Pharmaceuticals Private Limited

Unit II, Q Road, Phase IV, GIDC, Wadhwan, Surendranagar, Gujarat 363035, India

Product Registration Holder

Synercam (M) Sdn Bhd

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Date of revision

11/1/2023

Serial Number

NPRA (R2) 20/054