VOLNAC-M GEL 1%w/w

Diclofenac sodium 10mg (With added Menthol 0.2% w/w)

1. What VOLNAC-M GEL is used for
2. How VOLNAC-M GEL works
3. Before you use VOLNAC-M GEL
4. How to use VOLNAC-M GEL
5. While you are using it
6. Side effects
7. Storage and Disposal of VOLNAC-M GEL
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What VOLNAC-M GEL is used for

VOLNAC-M GEL is used as topical treatment of inflammatory or pain condition such as swelling and redness caused by chronic rheumatoid arthritis (long-term disease that leads to inflammation of the joints and surrounding tissues, degenerative arthritis (eventual loss of the cartilage of the joints) and soft tissue rheumatism (syndrome produces pain, swelling, or inflammation in the tissues and structures around a joint)

How VOLNAC-M GEL works

VOLNAC-M GEL is an nonsteroidal anti-inflammatory drug (NSAID). It may work by blocking certain substances in the body that are linked to inflammation. NSAIDs treat the symptoms of pain and inflammation.

Before you use VOLNAC-M GEL

-When you must not take it

- you are allergic to any ingredient in VOLNAC-M GEL.
- you have had a severe allergic reaction (eg, severe rash, hives, trouble breathing, growths in the nose, dizziness) to aspirin or another NSAID (eg, ibuprofen)
- you have recently had or will be having bypass heart surgery.
- you have severe kidney problems.
- you are in the last 3 months of pregnancy.

-Before you start to take it.

Some medical conditions may interact with VOLNAC-M GEL. Tell your doctor or pharmacist if you have any following medical conditions:

- if you are pregnant, planning to become pregnant, or are breast-feeding
- if you have a history of kidney or liver problems, diabetes, or stomach or bowel problems (eg, bleeding, perforation, ulcers)
- if you have a history of swelling or fluid buildup, asthma, growths in the nose (nasal polyps), or mouth inflammation
- if you have high blood pressure, blood disorders (eg, porphyria), bleeding or clotting problems, heart problems (eg, heart failure), or blood vessel disease, or if you are at risk of any of these diseases
- Hypersensitivity to NSAIDs

-Taking other medicines.

It is not likely that other drugs you take orally or inject will have an effect on topically applied diclofenac.
But many drugs can interact with each other. Tell your doctor about all medications you use.
This includes prescription, over-the-counter, vitamin, and herbal products. Do not start a new medication without telling your doctor.

How to use VOLNAC-M GEL

-How much to take it

Depending on the size to be treated, apply 2-4g of VOLNAC-M GEL 3~4 times daily on the affected areas and rub in gently.

-When to take it

Use VOLNAC-M GEL exactly as prescribed by your doctor. Follow the directions on your prescription label

-How long to use it

Continue taking VOLNAC-M GEL for as long as your doctor recommends and depends on indication and patient's response.

-If you forget to use it

If you miss a dose or forget to apply your medicine, apply it as soon as you can. However, if it is almost time for your next application, wait until then to apply the medicine and skip the missed application. Do not double your dose or use extra medicine to make up for a missed application

-If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital.

While you are using it

-Things you must not do

- Do not get this medication into your mouth, nose, or eyes. If this does happen, rinse with water.
- Do not exposure to sunlight or artificial UV rays (sunlamps or tanning beds) while you are using VOLNAC-M GEL.
- Do not use VOLNAC-M GEL on an open skin wound, or on areas of eczema, infection, skin rash, or burn injury.
- Do not cover the treated skin with a bandage or expose it to heat from a hot tub, heating pad, sauna, or heated water bed.
- Heat or bandaging can increase the amount of drug you absorb through your skin and may cause harmful effects.
- Do not forget to wash your hands after applying VOLNAC-M GEL, unless you are treating the skin on your hands.
- Do not wear gloves for at least 10 minutes after applying VOLNAC-M GEL to the hands.
- Do not dressing for 10 minutes after applying VOLNAC-M GEL.
- Do not use cosmetics, sunscreen, lotions, insect repellant, or other medicated skin products on the same area which you want to treat.
- Do not take alcohol because it may increasing the risk of stomach bleeding.

Side effects

Get emergency medical help if you have any allergic reaction to VOLNAC-M GEL

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Usually VOLNAC-M GEL does not cause problems. However, like all medicines, it can sometimes cause side effects in some people. Effects which may occur include :
Occasionally: itching, reddening or smarting of the skin.
Very rare: increased sensitivity of the skin to the sun.
If you experience any of the following, STOP using VOLNAC-M GEL and tell your doctor immediately

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of VOLNAC-M GEL
-Storage
Store below 30°C

-Disposal
Medicines should not be disposed of via wastewater or household waste.

Ask your pharmacist how to dispose of medicines no longer required.
These measures will help to protect the environment.

Product description
-What it looks like
A clear, colourless to light pink-orange, smooth gel

-Ingredients
Active Ingredients
Diclofenac sodium

Inactive ingredients
Disodium edetate, Carbomer, Triethanolamine, Menthol, Propylene Glycol, Isopropyl alcohol and Purified water.

-MAL NO:

Manufacturer and Product Registration Holder
Noripharma Sdn. Bhd
200701034604 (792633-A).
Lot 5030 Jalan Teratai,
5 ½ Miles off Jalan Meru, 41050
Klang Selangor Darul Ehsan,
Malaysia.

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