## **MECOVIT TABLET**

Mecobalamin (500mcg)

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## What Mecovit is used for

Mecovit is used for peripheral neuropathies (damage to peripheral nerves) and megaloblastic anemia (lower red blood cell) due to vitamin B12 deficiency.

#### **How Mecovit works**

Mecobalamin is a coenzyme of Vitamin B12. It acts to repair damaged nerve tissue in nerve disorders and helps in the formation of red blood cells, thus acting to improve blood health in conditions like megaloblastic anemia.

#### Before you use Mecovit

- When you must not use it

Do not take this tablet if:

 you are allergic to Mecobalamin or any other ingredients of this product (listed in Product Description)

## - Before you start to use it

Consult your doctor or pharmacist before starting to use this product.

This medicine should not be taken if your diagnosis has not been confirmed, as Mecobalamin may temporarily improve blood results in folate deficiency patients, potentially delaying the correct treatment.

## Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

## - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

The absorption of Vitamin B12 may be reduced by:

- neomycin (used to treat skin infections)
- aminosalicylic acid (used to treat tuberculosis, a contagious infection that typically affects the lungs)
- histamine H2-antagonists; e.g: ranitidine (used to treat duodenal/ gastric ulcers)
- colchicine (used to treat gout)

#### How to use Mecovit

- How much to use

Adult: 1 tablet 3 times a day.

Your doctor may adjust the dose according to your age and the severity of symptoms.

#### - When to use it

Use 3 times a day or as directed by your doctor or pharmacist.

#### - How long to use it

Use as directed by your doctor or pharmacist.

## - If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

#### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

#### While you are using it

## - Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking Mecovit.

Tell your doctor immediately if you become pregnant while taking this medication.

#### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Mecovit to anyone else, even if they have the same symptoms or condition as you.

#### - Things to be careful of

Patients whose occupation involves handling mercury or its compounds should avoid prolonged use of larger doses of Mecobalamin.

#### Side effects

Like all medicines, Mecovit can cause side effects, although not everybody gets them.

You may experience symptoms such as eating disorders, nausea or diarrhea that may occur infrequently. Skin rash may occur rarely.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

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#### Storage and Disposal of Mecovit

#### - Storage

Store in a dry place below 30°C. Protect from moisture and light.

#### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **Product Description**

## - What it looks like

A white to off white round shaped film coated tablet.

#### - Ingredients

- Active ingredient

Mecobalamin

## - Inactive ingredients

Microcrystalline Cellulose, Dicalcium Phosphate Anhydrous, Colloidal Silicone Dioxide, Sodium Starch Glycollate and Magnesium Stearate.

## Coating material:

Ethylcellulose, Purified talc, Magnesium stearate, Opadry QX, Isopropyl alcohol and Purified water

## - <u>MAL number</u>

MAL09102945X

## Manufacturer and Product Registration

#### Holder:

Noripharma Sdn. Bhd. Lot 5030, Jalan Teratai, 5 ½ Mile off Jalan Meru, 41050 Klang, Selangor, Malaysia.

#### **Date of Revision**

21/03/2025

## **Serial Number**

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