

PROME SYRUP

Promethazine hydrochloride (5 mg/5ml, /10mg/5ml)

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What Prome Syrup is used for

This medicine is used to:

- relieve allergy that causes sneezing, congestion, itchy nose and watery eyes (allergic rhinitis), hives, and also severe allergic reaction due to medication or foreign substances
- help in sedation before or after surgery or during childbirth (an additional treatment)
- prevent and reduce nausea and vomiting
- short-term use only: To help adults sleep if they have sleep difficulty (insomnia) and to calm children when sedation is needed.

How Prome Syrup works

Prome Syrup contains active ingredient promethazine, which works by blocking histamine that your body makes during an allergic reaction. It also works directly on the brain prevent nausea and vomiting, help you sleep, reduce anxiety, and make the effects of painkillers and sedatives stronger.

Before you take Prome Syrup

-When you must not take it

Do not take this medicine and tell your doctor if:

- You are allergic (hypersensitive) to promethazine hydrochloride or any other ingredients in this Medicine (listed in Product Description)
- You are taking certain antidepressants [called monoamine

oxidase inhibitors (MAOIs)] in the last 14 days.

- Before you start to take it

Tell your doctor if you have:

- Increased eye pressure (glaucoma)
- Stomach ulcers or blockages
- prostate problems or difficulty passing urine
- A history of seizures
- Sleep apnea (stop breathing during sleep).
- Liver problems (yellowing of skin/eyes, known as jaundice).
- Known allergy to sodium metabisulfite (this medicine contains it, and it may cause severe reactions in sensitive people).
- When used for treatment of cough and cold:
 - (a) Not to be used in children less than 2 years of age
 - (b) To be used with caution and doctor's/ pharmacist's advice in children 2 to 6 years of age.

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breastfeeding before using any medicine.

Do not use promethazine syrup in the last two weeks of pregnancy, as it may cause irritability and excitement in the baby. Only use this medicine during pregnancy if benefits outweigh the risks to the baby.

A very small amount of this medicine may pass into breast milk, but it is usually too little to cause harm. Always check with your doctor or pharmacist before using if you are breastfeeding.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- Alcohol
- Sleeping pills
- Strong painkillers (opioid type)
- Sedatives / tranquilizers (medicines that calm or relax you)
- Antidepressant
- Barbiturates (a type of sleeping or calming medicine)

If you are going to undergo any procedures or surgery, tell your doctor or nurse that you are taking promethazine.

How to take Prome Syrup

- How much to take

For allergic symptoms:

Children 2-5 years: 5 - 15 mg as a single dose OR 5 mg twice daily. Maximum daily dose 15 mg.

Maximum daily dose 15 mg.

Children 5-10 years: 10 - 25 mg as a single dose OR 5-10 mg twice daily

Adults (including elderly) and children above 10 years old: Start with 10 mg twice daily; may increase up to 20 mg three times daily.

For nausea and vomiting:

Children 2-5 years: 5 mg to be taken the night before the journey, repeat every 6-8 hrs if needed.

Children 5-10 years: 10 mg to be taken the night before the journey, repeat every 6-8 hrs if needed.

Adults (including elderly) and children above 10 years old: 25 mg to be taken the night before the journey, repeat every 6-8 hrs if needed..

- When to take it

Use as directed by your doctor or pharmacist.

- How long to take it

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Use this medicine for the duration that your doctor recommends.

- *If you forget to take it*

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- *If you take too much (Overdose)*

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicine may cause deep sleep or unconsciousness (sometimes delayed), seizures (fits), seeing or hearing things that are not real (hallucinations), severe confusion, anxiety, unusual sensitivity to touch or pain, very fast heartbeat, flushed skin, dry mouth, and enlarged pupils.

While you are using Prome Syrup

- *Things you must do*

- Use your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are using Prome Syrup.
- Tell your doctor immediately if you become pregnant while using this medication.

- *Things you must not do*

- Do not use any new medicines without consulting your doctor or pharmacist.
- Do not give Prome Syrup to anyone else, even if they have the

same symptoms or condition as you.

- *Things to be careful of*

Driving and using machines

This medicine may affect your ability to drive or use machines. If this medicine makes you feel sleepy, dizzy, or less alert, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Prome Syrup can cause side effects, although not everybody gets them. Possible side effects are:

- Daytime drowsiness
- Dizziness
- Feeling a bit confused or disoriented
- Mild headache
- Shaking or twitching of the arms or legs at night
- Poor muscle control

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by visiting the website nptra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Prome Syrup

- *Storage*

Store below 30°C.

Keep the container tightly closed. Protect from light. Keep out of reach of children.

• *Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- *What it looks like*

Light brown coloured, clear syrup with raspberry flavour.

- *Ingredients*

- Active ingredient
Promethazine hydrochloride

- Inactive ingredients

Refined sugar, purified water, methylparaben, citric acid monohydrate, liquid caramel colour, raspberry flavour, sodium saccharin, Sodium metabisulfite, Disodium Edetate.

- *MAL number(s):*

Prome 5mg/5ml Syrup
MAL08042449AZ

Prome 10mg/5ml Syrup
MAL08042450AZ

Manufacturer and Product Registration Holder

Noripharma Sdn. Bhd.
Lot 5030, Jalan Teratai,
5 ½ Miles off Jalan Meru
41050 Klang, Selangor

Date of Revision

29/01/2026

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