

PREDNISOLONE TABLET

Prednisolone/ Prednisolone Tablets 5mg

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What is Prednisolone Tablet used for

Treating allergies, arthritis, breathing problems (eg, asthma), certain blood disorders, collagen diseases (eg, lupus), cancer (eg, leukemia), intestinal problems (eg, ulcerative colitis), swelling due to certain conditions, or skin conditions. It may also be used for other conditions as determined by your doctor.

How Prednisolone Tablet works

Prednisolone is a corticosteroid. It works by modifying the body's immune response to various conditions and decreasing inflammation.

Before you use Prednisolone Tablet

- When you must not use it

Do not take Prednisolone tablets if you:

- are allergic (hypersensitive) to prednisolone or any of the other ingredients in Prednisolone tablets.
- An allergic reaction may include a rash, itching, difficulty breathing or swelling of the face, lips, throat or tongue.

- have cold sores that affect the eyes
- have an untreated infection.

- Before you start to use it

Consult your pharmacist before taking Prednisolone tablets if you:

- have been in contact with anyone who has chickenpox, shingles or measles. Contact your doctor immediately for advice.
- have or have a family history of diabetes or glaucoma
- have oestoporosis, high blood pressure, a recent heart attack, a stomach ulcer, an underactive thyroid gland, epilepsy, tuberculosis or septicaemia
- have taken prednisolone tablets (or a similar medicine) before and had muscular problems (steroid myopathy)
- have heart, kidney or liver problems/disease
- suffer or have suffered from any mental illness
- are being treated with vaccines
- have ever had severe depression or manic-depression (bipolar disorder).

This includes having had depression before while taking steroid medicines like prednisolone.

Talk to your doctor before taking Prednisolone tablet if you have:

Systemic sclerosis (an autoimmune disorder). Taking daily doses of 15 mg or more may increase the risk of a serious complication called scleroderma renal crisis which may cause your blood pressure to increase and reduce urination.

- Taking other medicines

Some medicines may interact with prednisolone. Tell your health care provider if you are taking any other medicines, especially any of the following:

- Clarithromycin, cyclosporine, estrogens (eg, estradiol), oral contraceptives (eg, birth control pills), or ketoconazole because they may increase the risk of prednisolone's side effects
- Barbiturates (eg, phenobarbital), carbamazepine, ephedrine, hydantoins (eg, phenytoin), or rifampin because they may decrease prednisolone's effectiveness
- Anticholinesterases (eg, pyridostigmine), aspirin, diuretics (eg, hydrochlorothiazide, furosemide), methotrexate, mifepristone, quinolone antibiotics (eg, ciprofloxacin), ritodrine, or live or attenuated live vaccines because the risk of their side effects may be increased by prednisolone
- Anticoagulants (eg, warfarin), hydantoins (eg, phenytoin), or killed or inactivated vaccines because their effectiveness may be decreased by prednisolone

This may not be a complete list of all interactions that may occur. Ask your health care provider if prednisolone may interact with other medicines that you take. Check with your health care provider before you start, stop, or change the dose of any medicine.

How to use Prednisolone Tablet

- How much to use

Adult and adolescents: 5 to 60mg in a single or divided doses.

For acute exacerbations of multiple sclerosis: 200mg daily for one week and followed by 80mg every other day for one month.

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For children: 0.14mg to 2mg daily in divided doses depending on the indications and other clinical factors.

Maintenance doses: Not more than 40mg daily.

Dose for elderly: as for adults-though the doses should be the minimum necessary to achieve the desired therapeutic effects.

- When to use

Swallow the tablets, with a little water as a single or divided dose unless otherwise directed by the doctor.

- How long to use it

Don't stop taking this medicine without talking to your doctor, you may need to reduce the dose gradually.

- If you forget to use it

If you miss a dose of prednisolone, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once.

- If you use too much (overdosage)

If you (or someone else) swallow a lot of tablets at the same time, or you think a child may have swallowed any contact your nearest hospital casualty department or tell your doctor immediately.

While you are using it

- Things you must do

Avoid alcohol while you are using prednisolone.

- Things you must not do

Do not receive a live vaccine (eg, measles, mumps, smallpox) while you are taking prednisolone. Talk with your

doctor before you receive any vaccine.

- Things to be careful of

Prednisolone may lower the ability of your body to fight infection. Avoid contact with people who have colds or infections. Tell your doctor if you notice signs of infection like fever, sore throat, rash, or chills.

Diabetes patients - Prednisolone may affect your blood sugar. Check blood sugar levels closely. Ask your doctor before you change the dose of your diabetes medicine.

Pregnancy and breast-feeding: If you become pregnant, contact your doctor. You will need to discuss the benefits and risks of using prednisolone while you are pregnant. Prednisolone is found in breast milk. If you are or will be breast-feeding while you use prednisolone, check with your doctor. Discuss any possible risks to your baby.

Side effects

All medicines may cause side effects, but many people have no, or minor, side effects. Check with your doctor if any of these most common side effects persist or become bothersome:

Acne; clumsiness; dizziness; facial flushing; feeling of a whirling motion; general body discomfort; headache; increased appetite; increased sweating; nausea; nervousness; sleeplessness; upset stomach. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

Storage and Disposal of Prednisolone Tablet

- Storage

Store in dry place below 30°C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White to off white round tablet with score on one side.

- Ingredients

- Active ingredient

Prednisolone

- Inactive ingredients

Sodium starch glycolate, Corn starch, Lactose, Magnesium stearate, Povidone K30, Colloidal silicone dioxide, Purified water.

- MAL number:

MAL20012727AZ

Manufacturer & Product Registration Holder

Noripharma Sdn. Bhd.
Lot 5030, Jalan Teratai,
5 ½ Miles off Jalan Meru
41050 Klang, Selangor

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