

BETAVAL CREAM

Betamethasone valerate (0.1 % w/w)

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What is Betaval Cream used for

Betaval Cream helps to reduce redness, swelling, itching caused by skin conditions like eczema, dermatitis, psoriasis, sunburn, and other irritations, including those around the genitals.

How Betaval Cream works

Betaval Cream contains betamethasone as the active ingredient, which is a corticosteroid. It helps to reduce inflammation and itchiness.

Before you use Betaval Cream

- When you must not use it

Do not use Betaval Cream:

- if you are allergic (hypersensitive) to betamethasone valerate or any other ingredients of this medicine (listed in Product Description)
- in children under one year old.
- you have bacterial, viral or other skin infections
- you have skin thinning condition.

- Before you start to use it

- Use with caution in :
- children and adolescents

Pregnancy and Breastfeeding

- Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breastfeeding before using any medicine.

- It is unknown whether Betaval Cream is secreted into the breastmilk or not,

therefore, it should not be applied on the breast prior to nursing.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Betaval Cream

- How much to use

Topical application.

Apply a thin layer to the affected skin areas.

When to use

Adults : One to three times a day.

Children : Once a day

How long to use it

Use Betaval Cream for the duration that the doctor recommends.

If no improvement is seen within 2-4 weeks, please see your doctor/pharmacist again.

- If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Always clean the skin before applying the cream.

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Betaval Cream-N.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Betaval Cream to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Avoid contact with eyes.

Avoid long-term continuous use, especially in children.

Use carefully with occlusive dressings, including diapers and on skin folds as it can increase absorption and risk of side effects.

If you need to stop using the cream, do it gradually to avoid a flare-up of skin conditions.

Prolonged use may lead to skin changes, and skin sensitization.

Side effects

Like all medicines, Betaval Cream can cause side effects, although not everybody gets them.

Possible side effects are:

- Increased blood sugar levels (hyperglycemia).
- Sugar in the urine (glycosuria).
- Hormonal imbalance
- Burning, itching, or irritation.
- Dryness of the skin.
- Inflammation of hair follicles (folliculitis).
- Excess hair growth (hypertrichosis).
- Acne-like breakouts.
- Skin discoloration (lighter patches).

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- Rash around the mouth (perioral dermatitis).
- Allergic skin reactions (contact dermatitis).
- Skin softening or damage from prolonged moisture (maceration).
- Skin thinning (atrophy).
- Stretch marks (striae).
- Heat rash (miliaria).
- Increased risk of secondary infections on the skin.

Manufacturer & Product Registration Holder

Noripharma Sdn. Bhd.
Lot 5030, Jalan Teratai,
5 ½ Mile off Jalan Meru
41050 Klang, Selangor, Malaysia.

Date of Revision

07/04/2025

Serial Number:

NPRA(R4/1)210225/00012

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Betaval Cream

- Storage

Store in a cool dry place below 30°C.
Keep containers tightly closed.
Protect from light and freezing.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A white smooth cream.

- Ingredients

- Active ingredient

Bethamethasone valerate

- Inactive ingredients

Chlorocresol, Cetomacrogol 1000, White soft paraffin, Cetostearyl alcohol, Purified water, Sodium metabisulfite, Liquid paraffin, Sodium phosphate monobasic.

- MAL number:

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