

Vitamode® V-Joint Powder

Glucosamine Sulfate 1.5gm, Chondroitin Sulfate Sodium 1.2gm

What is in this leaflet

1. What Vitamode® V-Joint Powder is used for
2. How Vitamode® V-Joint Powder works
3. Before you use Vitamode® V-Joint Powder
4. How to use Vitamode® V-Joint Powder
5. While you are using Vitamode® V-Joint Powder
6. Side Effects
7. Storage and Disposal of Vitamode® V-Joint Powder
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Vitamode® V-Joint Powder is used for

As adjuvant therapy for osteoarthritis

How Vitamode® V-Joint Powder works

Vitamode® V-Joint Powder contains Glucosamine which forms cartilage tissue in the body and provides lubricant activity by increasing synovial fluid production. Chondroitin is an important structural component of cartilage and provides much of its resistance to compression.

Before you use Vitamode® V-Joint Powder

➤ When you must not take it

Do not take this product if you are allergic (hypersensitivity) to Glucosamine and Chondroitin.

➤ Before you start to use it

Administration during the first three months of pregnancy must be avoided.

➤ Taking other medicines

Glucosamine may reduce the effectiveness of antidiabetic agent such as Acarbose, Acetohexamide, Chlorpropamide, Glipizide, Glyburide, Metformin, Miglitol, Pioglitazone, Repaglinide, Rosiglitazone, Glimepiride, Tolbutamide and Troglitazone.

Glucosamine may also reduce the effectiveness of anticancer agent such as Doxorubicin, Etoposide and Teniposide. Concomitant use of Glucosamine potentiates the effect of Warfarin.

How to use Vitamode® V-Joint Powder

➤ How much to use

Once daily in 1 glass of water (120ml) before meal.

➤ When to use it

May be taken before food.

➤ How long to use it

Take as directed by healthcare professional.

➤ If you forget to take it

If you forget to take Vitamode V-Joint Powder, take it as soon as you remember. Never double up on the next dose to make up for the one missed.

➤ If you take too much (overdose)

No cases of accidental overdose are known or have been reported.

While you are using Vitamode V-Joint Powder

➤ Things you must do

To treat the underlying cause of osteoarthritis, it is advisable to take a pain killer or anti-inflammatory drug if required during the first 2 to 3 weeks of therapy as the therapeutic effect can only be seen after 2 to 3 weeks.

➤ Things you must not do

Safety and effectiveness have not been established in children, therefore children should avoid using it.

➤ Things to be careful of

The administration in patients with severe liver or kidney failure should be made under medical supervision.

Side effects

The below side effects were reported:

- Swelling of lower legs or hands, rapid heartbeat.
- Drowsiness, headache, insomnia
- Nausea, vomiting, diarrhoea, indigestion or stomach ache, constipation, heartburn and eating disorder.
- Skin redness and itching.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Vitamode® V-Joint Powder

➤ Storage

Store below 30°C.

Protect from light, heat and moisture. Keep out of reach of children.

➤ Disposal

Do not take this after the expiry date. An expiry date is printed on the label and box of the medicine.

Product Description

Light orange to orange powder; Yellow to dark yellow solution; Sweet sour orange with light bitter after taste.

Ingredients:

Active ingredients –

- Glucosamine Sulfate Potassium Chloride 1990mg (Providing Glucosamine Sulfate 1500mg)
- Chondroitin sulfate Sodium 1200mg

Inactive ingredients –

Acesulfame potassium, Orange flavour, Tricalcium phosphate, Isomalt, Citric acid anhydrous, Beta carotene, Silicon dioxide, Sucralose

Glucosamine derived from corn.

Chondroitin derived from yeast extract and dextrose.

MAL number:

MALXXXXXXXXX

Vitamode® V-Joint Powder

Glucosamine Sulfate 1.5gm, Chondroitin Sulfate Sodium 1.2gm

Manufacturer

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Product Registration Holder

Vitamode Sdn Bhd
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