

# WEKARE GLUCOSAMINE 1500MG POWDER

## Glucosamine Sulphate 1500mg

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### What WeKare Glucosamine 1500mg Powder is used for

It is used as adjuvant therapy for osteoarthritis.

### How WeKare Glucosamine 1500mg Powder works

It contains glucosamine which can stimulate the production of cartilage-building compounds, restore damaged cells of cartilage tissue and have some anti-inflammatory abilities.

### Before you use WeKare Glucosamine 1500mg Powder

#### - When you must not use it

- If you are allergic to glucosamine sulphate or seafood.
- If you are taking Warfarin (or other coumarin anticoagulants).
- If you are taking oral tetracycline, do not take glucosamine at the same time.
- If you have kidney or liver problems.
- If you are pregnant or breastfeeding

#### - Before you start to use it

Talk to your doctor or pharmacist if you are having or have had asthma, diabetes, high cholesterol, high blood pressure, a stroke, heart problems or on a controlled sodium diet as your doctor/ pharmacist may need to monitor you more regularly.

#### - Taking other medicines

Please inform the doctor or pharmacist if taking other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

### How to use WeKare Glucosamine 1500mg Powder

#### - How much to use

Adult: One sachet to be taken once a day. The entire contents of one sachet should be fully dissolved in at least 250 ml of water (one glass) and drink immediately.

#### - When to use it

Please follow the advice of the doctor or pharmacist.

#### - How long to use it

Please follow the advice of the doctor or pharmacist.

#### - If you forget to use it

Take the missed dose as soon as you remember and continue to take it as you would normally. If it is almost time for your next dose, skip the missed dose and take the next dose when you are meant to. Do not take a double dose to make up for the missed dose.

#### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you or anyone else may have taken too much of this medicine.

### While you are using WeKare Glucosamine 1500mg Powder

#### - Things you must do

Tell all the doctors, dentists and pharmacists that are treating you that you are taking WeKare Glucosamine 1500mg Powder.

Tell your doctor immediately if you become pregnant while taking WeKare Glucosamine 1500mg Powder.

#### - Things you must not do

Do not take any new medicines without consulting your doctor.

#### - Things to be careful of

Ask your health care provider any question you may have about how to use WeKare Glucosamine 1500mg Powder.

### Side effects

Cardiovascular: Peripheral oedema, tachycardia was reported in a few patients following larger clinical trials investigating oral administration in

osteoarthritis. Causal relationship has not been established.

Central Nervous System: Drowsiness, headache, insomnia have been observed rarely during therapy (less than 1%).

Gastrointestinal: Nausea, vomiting, diarrhea, dyspepsia or epigastric pain, constipation, heartburn and anorexia have been described rarely during oral therapy with glucosamine.

Skin: Skin reactions such as erythema and pruritus have been reported with therapeutic administration of glucosamine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

### Storage and Disposal of WeKare Glucosamine 1500mg Powder

#### - Storage

Store below 30°C. Protect from light and moisture.

Keep out of reach of children.

#### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### Product Description

#### - What it looks like

White or almost white crystalline powder is filled in aluminium sachet. The solution is clear and colourless with salty taste after dissolving the powder in water.

#### - Ingredients

- Active ingredient  
Glucosamine Sulphate

#### - MAL number:

MALXXXXX

# **WEKARE GLUCOSAMINE 1500MG POWDER**

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**Manufacturer**

Syarikat Wen Ken Drug Sdn Bhd  
24, Jalan Lambak, Taman Johor, 81200  
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**Product Registration Holder**

Wen Ken Marketing (M) Sdn Bhd  
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**Date of revision**

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