

Ferrous Fumarate (200mg)

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What FERRUS FILM COATED is used for

FERRUS FILM COATED is used in the prevention and treatment of iron deficiency anaemia (insufficient iron), which may result from inadequate diet, malabsorption, pregnancy, rapid growth during childhood, and/or blood loss.

How FERRUS FILM COATED works

Ferrous fumarate is an essential body mineral. It works by providing iron to the body.

Before you use FERRUS FILM COATED

- When you must not use it

- If you are allergic (hypersensitive) to ferrous fumarate or any of the other ingredients of this medicine.
- If you have received repeated blood transfusions or to patients with anaemia.
- If you are patients with iron-storage or iron-absorption disease such as haemochromatosis (accumulation of iron), haemoglobinopathies (abnormal structure of haemoglobin molecule), or existing gastrointestinal disease such as inflammatory bowel disease, intestinal strictures and diverticulae.

Pregnancy and lactation

In the first trimester of pregnancy, adequate iron intake is usually obtained from a proper diet; however, in the second and third trimesters, when iron deficiency is more prevalent because of greatly increased requirements, iron

supplements may be recommended.

Lactation

Problems in humans have not been documented with intake of normal daily recommended amounts.

Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

Check with your doctor or pharmacist before taking FERRUS FILM COATED if you have:

- Hemochromatosis
- Hemosiderosis (iron overload disorder)
- Other anaemic conditions, unless accompanied by iron deficiency (some conditions such as haemolytic anaemia or thalassemia, may cause excess storage of iron)
- Porphyria cutanea tarda (deficiency of the enzyme uroporphyrinogen decarboxylase)

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking FERRUS FILM COATED.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

In particular, tell your doctor if you are taking any of the following medicines:

1. Acetohydroxamic acid
2. Alcohol
3. Antacids; Calcium Supplements; Coffee; Eggs; Food or Medications containing Bicarbonates, Carbonates, Oxalates, or Phosphates; Milk or Milk Products; Tea containing Tannic Acid; Whole-grain Breads and Cereals; Dietary Fibre
4. Concurrent use with iron
5. Cimetidine
6. Deferoxamine and Possibly Other Chelating Agents
7. Dimercaprol
8. Etidronate
9. Fluoroquinolones
10. Penicillamine or Trientine
11. Oral Tetracyclines
12. Oral Zinc Supplements

How to use FERRUS FILM COATED

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking FERRUS FILM COATED for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause serious poisoning especially for younger children.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking FERRUS FILM COATED.

Tell your doctor immediately if you become pregnant while taking FERRUS FILM COATED.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give FERRUS FILM COATED to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, FERRUS FILM COATED can cause side effects, although not everybody gets them.

Possible side effects are as below:

- gastrointestinal irritation
- abdominal pain with nausea and vomiting.
- diarrhea or constipation
- change color of stools

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of FERRUS FILM COATED

- Storage

Keep out of the reach and sight of children.
Store below 30°C. Protect from light.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A brown, 7mm round, biconvex, plain on both sides, film-coated tablet.

- Ingredients

- Active ingredient
Each tablet contains 200mg of ferrous fumarate.
- Inactive ingredients
Starch 1500, Croscarmellose Sodium, Sodium Lauryl Sulphate PEG 6000, Opadry 03A690067 Clear, Purified water

- MAL number:

MAL22086034XZ

Manufacturer

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Product Registration Holder

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