

METAZINE TABLET

Trimetazidine dihydrochloride (20mg)

What is in this leaflet

1. What METAZINE TABLET is used for
2. How METAZINE TABLET works
3. Before you use METAZINE TABLET
4. How to use METAZINE TABLET
5. While you are using METAZINE TABLET
6. Side effects
7. Storage and disposal of METAZINE TABLET
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What METAZINE TABLET is used for

METAZINE TABLET is used in adults as add-on therapy for the symptomatic treatment of individuals with stable angina pectoris (chest pain due to coronary heart disease) who are inadequately controlled by or intolerant to first-line antianginal therapies.

How METAZINE TABLET works

METAZINE TABLET contains trimetazidine which restores the energetic activity and the operation of the ionic pump in the membrane of the ischemic cell, especially at the myocardial level.

For treatment in angina pectoris, METAZINE TABLET increases coronary reserve, prevents sudden rises in blood pressure and reduces the frequency of attacks.

Before you use METAZINE TABLET

- When you must not use it

Do not use METAZINE TABLET if you are allergic to Trimetazidine Hydrochloride or

any of the other ingredients listed at the end of the leaflet.

- Before you start to use it
Before taking METAZINE TABLET, you must tell your doctor or pharmacist if you have, or have had, any of the following conditions:

- Parkinson disease, parkinsonian symptoms, tremors, restless leg syndrome and other related movement disorders.
- Severe renal impairment (creatinine clearance <30ml/min).

If you are not sure if you have, or have had, any of these conditions, you should raise those concerns with your doctor or pharmacist.

Pregnancy

Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication.

Breastfeeding

Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication.

- Taking other medicines

Inform your doctor or pharmacist before taking METAZINE TABLET.

Before using METAZINE TABLET, it is important to tell your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription.

Trimetazidine can be described in conjunction with:

- Anticoagulants: heparin, calciparine and Vitamin K antagonist
- Lipid-lowering drugs (lower cholesterol level)
- Aspirin (reduce pain, fever or inflammation)

- Medicines to reduce blood pressure: beta-blockers, calcium uptake inhibitors
- Digitaloids.

How to use METAZINE TABLET

- How much to use

Follow the instructions carefully. If you do not understand the instructions on the label, ask your doctor, or pharmacist for help.

The normal recommended dose is one tablet of 20mg of trimetazidine three times a day during meals.

For usage with renal impairment:

moderate kidney impairment (creatinine clearance [30-60] ml/min), the recommended dosage is 1 tablet of 20 mg twice daily i.e., one in the morning and one in the evening during meals.

For elderly, with moderate kidney impairment (creatinine clearance [30-60] ml/min), the recommended dose is 1 tablet of 20 mg twice daily, i.e., one in the morning and one in the evening during meals.

- When to use it

Use as directed by your doctor or pharmacist. Dose should be taken twice daily, one in the morning and one in the evening during meals.

- How long to use it

Continue taking METAZINE TABLET as your doctor recommended. If symptoms persist, consult your doctor.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using METAZINE TABLET

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking METAZINE TABLET.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give METAZINE TABLET to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how METAZINE TABLET affects you.

Trimetazidine can cause or worsen parkinsonian symptoms;

- tremor (trembling or shaking)
- akinesia (failure of movement)

- hypertonia (brain malfunction)

Falls may occur, related to gait instability or hypotension, in particular in patients taking antihypersensitive treatment.

Caution should be exercised when prescribing trimetazidine in an increased exposure is expected:

- moderate kidney impairment
- elderly more than 75 years old.

Side effects

Like all medicines, METAZINE TABLET can cause side effects, although not everybody gets them. If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Rare gastrointestinal effects: nausea, vomiting
- Nervous system disorders: Parkinsonian symptoms, gait instability, restless leg syndrome, other related movement disorders, usually reversible after treatment discontinuation.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of METAZINE TABLET

- Storage

Store in dry place below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines. These measures will help to protect the environment.

Product description

- What it looks like

A round tablet, scored on one side and with marking 'DUO 3' on the scored side and 'DUO 4' on the other side.

- Active Ingredients

Active ingredient:

- Trimetazidine dihydrochloride

Other Ingredients:

- Carmoisine
- Silicone Dioxide
- Magnesium Stearate
- Microcrystalline Cellulose
- Povidone
- Lactose
- Sodium Starch Glycolate

- MAL number

MAL05051063AZ

Manufacturer and Product Registration Holder

Duopharma (M) Sdn. Bhd. Lot. 2599, Jalan Seruling 59, Kawasan 3, Taman Klang Jaya, 41200 Klang, Selangor Darul Ehsan, Malaysia

Date of revision

21/07/2025

Nombor Siri

BPFK(R4/1)270315/00051