

OPTIMOL EYE DROPS

Timolol Maleate (0.5% w/v)

What is in this leaflet

1. What OPTIMOL EYE DROPS is used for
2. How OPTIMOL EYE DROPS works
3. Before you use OPTIMOL EYE DROPS
4. How to use OPTIMOL EYE DROPS
5. While you are using OPTIMOL EYE DROPS
6. Side effects
7. Storage and disposal of OPTIMOL EYE DROPS
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What OPTIMOL EYE DROPS is used for

OPTIMOL EYE DROPS is used for the reduction elevated pressure in the eye including glaucoma and ocular hypertension.

How OPTIMOL EYE DROPS works

OPTIMOL EYE DROPS contains Timolol maleate is a non-selective beta blocker that can reduces pressure in the eye with little or no effect on accommodation or pupil size.

Before you use OPTIMOL EYE DROPS

- When you must not use it
Do not use OPTIMOL EYE DROPS if you are allergic to Timolol Maleate or any of the other ingredients listed at the end of the leaflet.

Do not use OPTIMOL EYE DROPS if you have the following medical conditions:

- Asthma

- Severe long term obstructive lung disease
- Severe heart disorder such as low heartbeat, heart block, failure or abrupt loss of heart function

- Before you start to use it
Pregnancy

Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication.

The use of Timolol requires that the anticipated benefit be weighed against possible hazards.

Breastfeeding

Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication.

Because of the potential for serious adverse reactions from Timolol in nursing infants, a decision should be made whether to discontinue nursing or to discontinue the medicine, taking into account the importance of the medicine to the mother.

- Taking other medicines

Inform your doctor or pharmacist before using OPTIMOL EYE DROPS.

Before using OPTIMOL EYE DROPS, it is important to tell your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription.

Concomitant uses of OPTIMOL EYE DROPS with these medicines are not recommended or need to be use in caution:

- Adrenaline (used to treat very serious allergic reactions)
- Catecholamine-depleting medicines such as reserpine (used to treat high blood pressure)

- Oral calcium antagonists should be avoided in people with impaired heart function
- Quinidine (used to treat irregular heart rhythms)
- Dihydropyridine derivatives such as nifedipine (used to treat high blood pressure).
- Verapamil or diltiazem (used to treat high blood pressure)
- Digitalis

How to use OPTIMOL EYE DROPS

- How much to use

Follow the instructions carefully. If you do not understand the instructions on the label, ask your doctor, or pharmacist for help.

Recommended therapy is one drop in affected eye twice a day.

Safety and effectiveness in children have not been established by adequate and well controlled studies.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue using OPTIMOL EYE DROPS as your doctor recommended. If symptoms persist, consult your doctor.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Some of the overdose symptoms are as follow:

- Dizziness
- Headache
- Shortness of breath
- Low heart rate
- Breathing difficulty
- Abrupt loss of heart function

While you are using OPTIMOL EYE DROPS

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are using OPTIMOL EYE DROPS.
- Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give OPTIMOL EYE DROPS to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how OPTIMOL EYE DROPS affects you.

Timolol contains the preservative benzalkonium chloride, which may be deposited in soft contact

lenses; therefore, Timolol should not be used while wearing these lenses. The lenses should be removed before application of the drops and not be reinserted earlier than 15 minutes after use.

Seek for physician's advice immediately concerning continuation use of OPTIMOL EYE DROP if you develop an intercurrent eye condition (e.g. trauma, eye surgery or infection) or any eye reactions, particularly conjunctivitis and lid reactions.

Side effects

Like all medicines, OPTIMOL EYE DROPS can cause side effects, although not everybody gets them. If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

Special senses:

- eye irritation,
- conjunctivitis (swelling and eye or eyelid inflammation)
- decreased corneal sensitivity
- dry eyes
- visual disturbances
- double vision
- drooping of upper eyelid
- detachment of eye layer due to fluid accumulation
- ringing in the ear

Cardiovascular:

- slow heartbeat
- irregular heartbeat
- low blood pressure
- fainting
- insufficient blood flow to the brain
- congestive heart failure
- strong heart pounding
- abrupt loss of heart function
- swelling
- leg cramping pain

- Raynaud's phenomenon (cold hands and feet)

Respiratory:

- airway constriction
- exacerbation of asthma
- respiratory failure
- breathing difficulty
- cough

Body as a whole:

- headache
- low energy
- fatigue
- chest pain

Skin:

- hair loss
- Scaly red psoriasis rash or exacerbation of psoriasis (skin disease)

Hypersensitivity:

- Signs of allergic reactions including face swelling, hives, rash

Nervous System:

- dizziness
- depression
- sleeping difficulty
- nightmares
- memory loss
- increased in signs and symptoms of abnormal weakness of muscle
- prickling and tingling sensation

Digestive:

- nausea
- diarrhoea
- indigestion
- dry mouth

Urogenital:

- decreased sex drive
- Peyronie's disease (penis problem caused by scar tissue that forms inside the penis)

Immunologic:

- systemic lupus erythematosus (autoimmune disease)

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by

visiting the website
np.ra.gov.my [Consumers →
Reporting Side Effects to
Medicines (ConSERF) or
Vaccines (AEFI)]

Date of revision

09/04/2020

Serial Number

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**Storage and disposal of
OPTIMOL EYE DROPS**

- Storage

Store below 30°C. Protect from
light. Keep out of reach of
children. Do not use 1 month
after first opening.

- Disposal

Medicines should not be
disposed of via wastewater or
household waste. Ask your
pharmacist how to dispose of
medicines. These measures
will help to protect the
environment.

Product description

- What it looks like

OPTIMOL EYE DROPS is a
clear, sterile colourless
solution.

- Active Ingredients

- Active ingredient:

- Timolol Maleate

- Inactive Ingredients:

- Benzalkonium Chloride
- Disodium edetate
- Sodium acid phosphate
- Sodium chloride
- Sodium phosphate
- Water for injection

- MAL number

MAL19973681AZ

**Manufacturer and Product
Registration Holder**

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