

BETAWIN TABLET

Metoprolol Tartrate

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What BETAWIN TABLET is used for

BETAWIN TABLET is used in treatment for hypertension, angina pectoris, suspected or definite myocardial infarction, migraine prophylaxis.

How BETAWIN TABLET works

BETAWIN TABLET belongs to a group of medicines called beta-blockers. It works by affecting the body's response to some nerve impulses, especially in the heart.

As a result, it decreases the heart's need for blood and oxygen and therefore reduces the amount of work the heart has to do. It also widens the blood vessels in the body, as well as helping the heart to beat more regularly.

Before you use BETAWIN TABLET

- When you must not use it
Do not use BETAWIN TABLET if you are allergic to Metoprolol tartrate or any of the other ingredients listed at the end of the leaflet.

- Before you start to use it
Before taking BETAWIN TABLET, you must tell your doctor or pharmacist if you have, or have had, any of the following conditions:

- asthma
- diabetes
- an overactive thyroid gland
- liver problems
- kidney problems
- certain types of angina
- any other heart problem
- pheochromocytoma (rare tumor of adrenal gland tissue)

If you are not sure if you have, or have had, any of these conditions, you should raise those concerns with your doctor or pharmacist.

Pregnancy:
Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication. BETAWIN TABLET may affect your baby if you are given it early in pregnancy or in the last weeks before your baby is due.

Breastfeeding:
Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication. It is not recommended that BETAWIN TABLET should be taken by women who are breastfeeding. BETAWIN TABLET passes into breast milk and therefore there is possibility that the breast-fed baby may be affected.

- Taking other medicines
Inform your doctor or pharmacist before taking BETAWIN TABLET. Before using BETAWIN TABLET, it is important to tell

your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription. These medicines may be affected by BETAWIN TABLET or may affect how well it works:

- other beta-blocker medicines, including beta-blocker eye drops
- medicines used to treat high blood pressure or angina
- medicines used to treat heart problems
- insulin and tablets used to treat diabetes
- medicines used to treat depression

How to use BETAWIN TABLET

- How much to use
Follow the instructions carefully. If you do not understand the instructions on the label, ask your doctor, or pharmacist for help.

For high blood pressure:
The usual starting dose is one 50 mg tablet once a day for one week. The dose is then usually increased to 50 mg or 100 mg once or twice daily.

For angina pectoris:
The usual dose is one tablet taken two or three times a day.

After myocardial infarction:
The usual dose is two tablets taken twice a day, often starting with a lower dose for 2 days.

For migraine prevention:
The usual dose is 50 mg to 75 mg taken twice a day (100–150mg a day)

Do not stop taking BETAWIN TABLET suddenly. The dose

needs to be reduced slowly over 7 to 14 days to make sure that your condition does not get worse.

- *When to use it*

Take BETAWIN TABLET as your doctor has prescribed.

- *How long to use it*

Continue taking BETAWIN TABLET as your doctor recommended. If symptoms persist, consult your doctor.

- *If you forget to use it*

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- *If you use too much (overdose)*

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Some of the symptoms of overdose are as following:

- Very low blood pressure
- Faint
- Low heart rate
- Nausea
- Vomiting
- Convulsion
- In extreme cases, serious heart and lung problems may occur.

While you are using BETAWIN TABLET

- *Things you must do*

- Tell all the doctors, dentists and pharmacists treating you

that you are taking BETAWIN TABLET.

- Tell your doctor immediately if you become pregnant while taking this medication.

- *Things you must not do*

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give BETAWIN TABLET to anyone else, even if they have the same symptoms or condition as you.

- *Things to be careful of*

Taking BETAWIN TABLET may cause the feeling of light-head, dizziness or faint. Be careful driving or operating machinery until you know how BETAWIN TABLET affects you.

Make sure to drink enough water during exercise and hot weather when you are taking BETAWIN TABLET, especially when you sweat a lot.

Do not stop taking BETAWIN TABLET suddenly without checking with your doctor.

Side effects

Like all medicines, BETAWIN TABLET can cause side effects, although not everybody gets them. If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

Mild side effects:

- headache, tiredness, drowsiness, weakness or lack of energy.
- aches and pains, painful joints

- nausea (feeling sick), vomiting
- stomach upset, diarrhoea or constipation, weight gain
- dry mouth, changes in taste sensation
- difficulty sleeping, nightmares
- mood changes
- confusion, short-term memory loss, inability to concentration
- increased sweating, runny or blocked nose
- hair loss


Serious side effects:

- dizziness, light-headedness or fainting especially on standing up
- tingling or “pins and needles”
- skin rash or worsening of psoriasis
- sunburn happening more quickly than usual
- abnormal thinking or hallucinations
- buzzing or ringing in the ears, deafness
- irritated eyes or blurred vision sexual problems

Very serious side effects:

- shortness of breath, being less able to exercise
- swelling of the ankles, feet or legs
- chest tightness, wheezing, noisy breathing
- chest pain, changes in heart rate or palpitations
- swelling of the face, lips, tongue or throat.
- yellowing of the skin or eyes (jaundice), generally feeling unwell.
- constant “flu-like” symptoms with tiredness or lack of energy.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to The National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Consumers  Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of BETAWIN TABLET

- Storage
Store below 30°C. Protect from light. Keep out of reach of children.

- Disposal
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines. These measures will help to protect the environment.

Product description

- What Betawin looks like

BETAWIN TABLET 50 MG
A 9 mm, round tablet with marking 'd' on both sides.

BETAWIN TABLET 100 MG
A 11mm, round, scored tablet, white in colour.

- Ingredients

Active ingredient:

- Metoprolol tartrate

Other Ingredients:

- Cornstarch
- Lactose
- Polysorbate
- Povidone
- Microcrystalline Cellulose
- Croscarmellose Sodium
- Colloidal Silicon Dioxide
- Talcum
- Magnesium Stearate

- MAL number

BETAWIN TABLET 50MG
MAL19913261AZ

BETAWIN TABLET 100MG
MAL19913262AZ

Manufacturer and Product Registration Holder

Duopharma (M) Sdn. Bhd.
Lot. 2599, Jalan Seruling 59,
Kawasan 3, Taman Klang Jaya,
41200 Klang, Selangor Darul
Ehsan, Malaysia

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