

LOWIN CAPSULE

Gemfibrozil (300mg)

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What LOWIN CAPSULE is used for

LOWIN CAPSULE is used, alongside a low fat diet and other non-medical treatment such as exercise and weight loss, to lower levels of fat in the blood. LOWIN CAPSULE can also be used when other medicines (statins) are unsuitable, to reduce the occurrence of heart problems in men who are at high risk and who have increased 'bad cholesterol'.

LOWIN CAPSULE may also be prescribed to people who cannot be prescribed other lipid-lowering medicines for lowering blood cholesterol levels.

How LOWIN CAPSULE works

LOWIN CAPSULE contains gemfibrozil which is lipid regulating agent and capable to lower the level of fats (lipids) in the blood.

Before you use LOWIN CAPSULE

- When you must not use it
Do not use LOWIN CAPSULE if you are allergic to gemfibrozil or any of the other ingredients listed at the end of the leaflet.

- Before you start to use it

Before taking LOWIN CAPSULE, you must tell your doctor or pharmacist if you have, or have had, any of the following conditions:

- Liver or severe kidney dysfunction
- History of /or pre-existing gall bladder or biliary tract disease, including gallstone
- Hypersensitivity to gemfibrozil
- Previous history of photoallergic (abnormal sensitivity of the skin induced by sunlight) reaction during treatment with fibrates.

If you are not sure if you have, or have had, any of these conditions, you should raise those concerns with your doctor or pharmacist.

Pregnancy

Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication.

Breastfeeding

Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication.

LOWIN CAPSULE has potential for tumour growth, decision should be made whether to stop nursing or discontinue the drug.

- Taking other medicines

Inform your doctor or pharmacist before taking LOWIN CAPSULE.

Before using LOWIN CAPSULE, it is important to tell your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription.

Concomitant use of LOWIN CAPSULE with hypoglycaemic agents (oral agents and insulin) may cause hypoglycaemic reactions.

Gemfibrozil may potentiate the effects of coumarin type vitamin K antagonist anticoagulants such as warfarin, acenocoumarol or phenprocoumon.

Concomitant of LOWIN CAPSULE with these drugs is contra-indicated and not recommended:

- Anti-diabetic drugs, Repaglinide and Rosiglitazone
- Medicines used to lower cholesterol, Simvastatin
- Anti-cancer agent, Bexarotene
- Resin-granule medicines such as colestipol (drugs to lower blood cholesterol)
- Medicines used to prevent gout, Colchicine

How to use LOWIN CAPSULE

- How much to use

Follow the instructions carefully. If you do not understand the instructions on the label, ask your doctor, or pharmacist for help.

The recommended dose for adults is 1200 mg administered in two divided doses 30

minutes before the morning and evening meal.

Some will experience therapeutic effects on 900 mg/day; a few require 1500 mg/day for satisfactory results.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking LOWIN CAPSULE as your doctor recommended. If symptoms persist, consult your doctor.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using LOWIN CAPSULE

- Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking LOWIN CAPSULE.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not take more than the recommended dose unless

your pharmacist or doctor tells you.

- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give LOWIN CAPSULE to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how LOWIN CAPSULE affects you.

Safety and efficacy in children have not been established.

Side effects

Like all medicines, LOWIN CAPSULE can cause side effects, although not everybody gets them. If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- **Skin:** rash, inflammation on skin, eczema (severe itching of the skin and hives).
- **Central Nervous System:** headache, dizziness, blurred vision, vertigo, sleeping difficulties, abnormal tingling or prickling sensation, ringing in the ears.
- **Musculoskeletal:** pain at arms and legs, back pain, pain in joint, muscle cramps, pain in muscle, swollen joints, muscle inflammation.
- **Blood disorders:** anaemia (low red blood cell in blood), high eosinophils in blood, low white blood cells.
- **Gastrointestinal:** dry mouth, abdominal pain, constipation, anorexia (an eating disorder characterized by an abnormally low body weight), gas pain, indigestion difficult in swallowing, diarrhoea, vomiting, nausea, flatulence.

- **Miscellaneous:** fatigue, a general feeling of discomfort, illness, or unease whose exact cause is difficult to identify, temporary loss consciousness, hair loss.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website nprra.gov.my [Consumers Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]”

Storage and disposal of LOWIN CAPSULE

- Storage

Store below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines. These measures will help to protect the environment.

Product description

- What it looks like

White/red capsule with marking ‘DUO 861’.

- Active Ingredients

Active ingredient:

- Gemfibrozil

Other Ingredients:

- Polyvinyl pyrrolidone, PVP
- Polysorbate 80
- Magnesium Stearate
- Croscarmellose Sodium
- Sodium Starch Glycolate
- Microcrystalline Cellulose

- MAL number

MAL19950150AZ

**Manufacturer and Product
Registration Holder**

Duopharma (M) Sdn. Bhd.
Lot. 2599, Jalan Seruling 59,
Kawasan 3, Taman Klang Jaya,
41200 Klang, Selangor Darul
Ehsan, Malaysia

Date of revision

21/02/2023

Serial Number

NPRA(R4/1)201119/00316